**Teen Triple P Group Wellington Academy Tidworth Oct-Dec 2019**

Tidworth Road, Tidworth SP11 9RR Telephone: 01264 405 060

**Thursday 17th October 2019 4.30pm – 6.30pm**: **‘Meet & Greet’ session.** Informal session for parents/carers to ask questions, meet facilitators, meet group members and complete paperwork.

**Thursday 24th October & Thursday 31st October 2019 NO GROUP SESSIONS HALF TERM HOLIDAY**

**Thursday 7th November 2019 4.30pm – 6.30pm:**  **Teen Triple P Session 1:** ‘What is Positive Parenting’, influences on teenage behaviour and identifying patterns of parenting.

**Thursday 14th November 2019 4.30pm – 6.30pm:** **Teen Triple P Session 2:** ‘Encouraging Appropriate Behaviour and Developing a Positive Relationship with your Teenager’.

**Thursday 21st November 2019 4.30pm – 6.30pm:**   **Teen Triple P Session 3:** ‘Managing Problem Behaviour’.

**Thursday 28th November 2019 4.30pm – 6.30pm:**   **Teen Triple P Session 4:** ‘Dealing with Risky Behaviour and Planning Ahead’. Arrange 1 – 1 individual telephone support.

**Thursday 5th December 2019: NO GROUP SESSION** - **PRE-ARRANGED 1 – 1 TELEPHONE CONSULTATION** -  Individual telephone support to tailor Teen Triple P tools and strategies to families’ specific needs.

**Thursday 12th December 2019 4.30pm – 6.30pm: Teen Triple P Final Group Session:** ‘Maintaining Positive Change and Celebrating Progress’.

To book your place, make a referral or for more information please contact Claire Turner on: 07767 230 082 or by email to [Claire.turner@wiltshire.gov.uk](mailto:Claire.turner@wiltshire.gov.uk)



