**Time Out for Parents: Children with Special Needs Parenting Course**

**The Riverside Centre, Gloucester Road, Malmesbury SN16 9JS**

**Wednesday 15th January 2020 10.00am- 12.00pm** Session 1: ‘Parenting Children with Special Needs’.

**Wednesday 22nd January 2020 10.00am-12.00pm** Session 2: ‘Self-esteem’.

**Wednesday 29th January 2020 10:00am-12:00pm** Session 3: ‘Coping with Feelings’.

**Wednesday 5th February 2020 10:00am-12:00pm** Session 4: ‘Understanding Behaviour’.

**Wednesday 12th February 2020 10:00am-12:00pm** Session 5: ‘Managing Behaviour’.

**Wednesday 19th February 2020 HALF TERM – NO GROUP SESSION**

**Wednesday 26th February 2020 10:00am-12:00pm** Session 6: ‘Home and School’.

**Wednesday 4th March 2020 10:00am-12:00pm** Session 7: ‘The Wider Family’.

**Please contact:** Claire Turner at Wiltshire Council with any questions or to make a referral on 07767 230 082 or [claire.turner@wiltshire.gov.uk](mailto:claire.turner@wiltshire.gov.uk)

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