**Time Out for Parents: Children with Special Needs Parenting Course**

**City Hall, Malthouse Lane, Salisbury SP2 7TU**

**Tuesday 5th November Al suite 2019 10.00am- 12.00pm** Session 1: ‘Parenting Children with Special Needs’.

**Tuesday 12th November 2019 10.00am-12.00pm** Session 2: ‘Self-esteem’.

**Wednesday 20th November 2019 10:00am-12:00pm** Session 3: ‘Coping with Feelings’. PLEASE NOTE CHANGE OF DAY

**Tuesday 26th November 2019 10:00am-12:00pm** Session 4: ‘Understanding Behaviour’.

**Tuesday 3rd December 2019 10:00am-12:00pm** Session 5: ‘Managing Behaviour’.

**Tuesday 10th December 2019 10:00am-12:00pm** Session 6: ‘Home and School’.

**Tuesday 17th December 2019 10:00am-12:00pm** Session 7: ‘The Wider Family’.

**Please contact:** Claire Turner at Wiltshire Council with any questions or to make a referral on 07767 230 082 or [claire.turner@wiltshire.gov.uk](mailto:claire.turner@wiltshire.gov.uk)

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