

Five to Thrive: Attachment, Trauma and Resilience Training

for staff working with school aged children, young people and their families to become Five to Thrive Champions



"Found the course so inspiring and informative.... so well presented and accessible and already sharing messages in my daily work."

Wiltshire Five to Thrive Champion

Wiltshire's FACT Partnership is funding this training in response to the growing evidence that trauma informed practice can help practitioners to use their day to day interactions with children and families to reduce toxic stress and improve resilience.

The training aims to upskill **STAFF WORKING WITH SCHOOL AGED CHILDREN AND YOUNG PEOPLE** to:

- support secure attachment
- promote self-regulation and resilience
- be trauma informed
- understand the impact of adult responses to the behaviour of children, young people and families

The training involves one day face-to-face training, follow up e-learning, and a half-day consolidation session (choice of morning or afternoon).

THIS WILL BE THE LAST CHANCE TO BOOK ONTO THE CHAMPION TRAINING

- **Thurs 4 Mar 9.15am - 4.00pm with choice of follow up 1/2 day session
Wed 24 Mar or Tues 30 Mar (both 9.30am - 12.30pm)**

To book for the March events please visit:

<https://kca.training/register.cfm?form=wiltshire-fft-mvsbs-MARCH2021>

- **Tues 4 May 9.15am - 4.00pm with choice of follow up 1/2 day session
Tues 25 May or Weds 26th May (both 9.30am - 12.30pm)**

To book for the May events please visit:

<https://kca.training/register.cfm?form=wiltshire-fft-mvsbs-MAY2021>



"Knowledge that enables us to better understand human interaction and experience and the role we play can be transformative when we are able to translate it effectively into day to day practice." **Kate Cairns**