

Five to Thrive: Attachment, Trauma and Resilience Training

for staff working in schools and school-based services to become Five to Thrive Champions



“Knowledge that enables us to better understand human interaction and experience and the role we play can be transformative when we are able to translate it effectively into day to day practice.” Kate Cairns

Wiltshire's FACT Partnership is funding this training in response to the growing evidence that trauma informed practice can help practitioners to use their day to day interactions with children and families to reduce toxic stress and improve resilience.

The training aims to upskill **STAFF WORKING IN SCHOOLS AND SCHOOL-BASED SERVICES** to:

- support secure attachment
- promote self-regulation and resilience
- be trauma informed
- understand the impact of adult responses to the behaviour of children, young people and families

The training involves one day face-to-face training, follow up e-learning, and a half-day consolidation session (choice of morning or afternoon).

- **Tues 3 Mar 9.30am - 4.30pm (Town Hall, Chippenham) with follow up 1/2 day session Tues 24 Mar (Council Offices, Chippenham)**
- **Tues 12 May 9.30am - 4.30pm (Scout Centre, Devizes) with follow up 1/2 day session Mon 8 June (Scout Centre, Devizes)**
- **Tues 2 Jun 9.30am - 4.30pm (Nadder Hall, Tisbury) with follow up 1/2 day session Tues 7 July (Nadder Hall, Tisbury)**

How to book:

Please visit <https://kca.training/register.cfm?form=wiltshire-fft-sb-2019-20>

To respond to the diverse 0-19 workforce there will be Five to Thrive: Attachment, Trauma and Resilience training dates throughout 2019 /2020 that are tailored to specific groups – the training advertised in this flyer is for **STAFF WORKING IN SCHOOLS AND SCHOOL-BASED SERVICES**.

