

## B&NES Public Health in Schools in collaboration with Swindon and Wiltshire Senior Mental Health Leads Training 2021/22

### Virtual training

This DfE approved course has been developed by education and public mental health experts from [B&NES, Swindon, and Wiltshire \(BSW\)](#) and is suitable for schools and colleges in these local authorities.



The DfE is offering every school or college in England a grant for training to help their [senior mental health lead develop or introduce a sustainable whole school or college approach to mental health and wellbeing](#). Using an evidence-informed approach to mental health and wellbeing leads to improved pupil emotional health and wellbeing which can help readiness to learn. It can support the mental health and wellbeing of the whole school / college community.

The content of this course aligns with national guidance [Promoting children and young people's emotional health and wellbeing A whole school and college approach developed by Public Health England and the Children and Young People's Mental Health Coalition](#).

It is specifically designed to meet the needs of schools within the BSW area and links to further local support and services and the [B&NES Mental Health and Wellbeing Audit for Schools](#)

The course will assist you in meeting the requirements of the RSHE Statutory curriculum and relevant sections of Ofsted's Inspection Framework.

### Course framework and dates

The course is being run twice. Select either option A or B. It is run over a 12-week period with ongoing support available through local network meetings and a participant online forum

#### Course option A

- Session 1: 10<sup>th</sup> November 2021. 9.00 to 4.30 via Microsoft Teams.
- Inter session activity. Developing and working on an action plan
- Session 2: 23<sup>rd</sup> March 2022. 9.00 – 12.30 via Microsoft Teams
- Ongoing networking and support as required

#### Course option B

- Session 1: 20<sup>th</sup> January 2022. 9.00 to 4.30 via Microsoft Teams.
- Inter session activity. Developing and working on an action plan
- Session 2: 23<sup>rd</sup> June 2022. 9.00 – 12.30 via Microsoft
- Ongoing networking and support as required

## Learning Outcomes

By the end of the course participants will have:

- Understood the role of the Senior Mental Health Lead
- Explored personal attitudes and values and examined local data
- Identified issues pertinent to the pupils in their school and be able to plan to meet these
- Gained confidence to embed a whole school approach to mental health
- Understood the remit of services and provision within B&NES and know where to seek additional support

## Links to other programmes

This training course is part of a range of government funded mental health support for schools and colleges, including the [Wellbeing Education Return Programme](#)



## Cost

Schools across BSW will be charged £160 for the full course offer. This cost will be fully covered for schools through the DfE Senior Mental Health Leads Training grant offer of £1,200. The low cost of this course allows schools and colleges to use available funding for back fill to cover learning and planning time and or resources as appropriate to each setting.

## Application

Bookings will be available from early September onwards. Please follow the link for B&NES settings [here](#) or visit the [B&NES Schools Hub](#)

## Further information

Contact Clare Laker [clare\\_laker@bathnes.gov.uk](mailto:clare_laker@bathnes.gov.uk)

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# Bath & North East Somerset Council

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