|  | Year 8 | Year 10 | All |
| :--- | ---: | ---: | ---: |
| Male | 256 | 268 | 524 |
| Female | 378 | 386 | 764 |
| Total Sample (Count) | 634 | 654 | 1288 |

Below where a note is made that the table is based on the "total sample", this refers to the number of cases submitted for analysis by the software (above).
The actual number of cases available for analysis for a given question may be less than this; a count of the "valid responses" for each question is given where possible, and if not a note will be made.
If the sample for a particular group is small, the number of percentage points represented by a single pupil will be relatively high.

## D: Which of the following national daily newspapers are taken at home on most days?

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| The Times | 10\% | 17\% | 10\% | 19\% | 15\% |
| Daily Telegraph | 4\% | 11\% | 4\% | 7\% | 7\% |
| The Guardian | 3\% | 5\% | 3\% | 6\% | 5\% |
| The Independent | 2\% | 3\% | 4\% | 4\% | 3\% |
| Glasgow Herald | 1\% | 1\% | 2\% | 0\% | 1\% |
| Scotsman | 1\% | 2\% | 0\% | 0\% | 1\% |
| Daily Mail | 20\% | 26\% | 18\% | 20\% | 21\% |
| Daily Express | 8\% | 5\% | 3\% | 3\% | 4\% |
| The Mirror | 9\% | 11\% | 9\% | 8\% | 9\% |
| The Sun | 25\% | 25\% | 29\% | 22\% | 25\% |
| The Star | 5\% | 7\% | 5\% | 5\% | 6\% |
| Daily Record | 2\% | 1\% | 1\% | 0\% | 1\% |
| None of the above (or missing data) | 54\% | 44\% | 54\% | 45\% | 49\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

D: Newspaper readership group:


Group I: Telegraph, Scotsman, Guardian, Times, Independent, Glasgow Herald
Group II: Daily Express, Daily Mail
Group III: Daily Star, Daily Record, The Mirror, The Sun
Where papers from two groups (e.g. I / II) are present, the upper group (I) is given

1: How old are you?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| 9 years |  | 1\% | 0\% | 0\% | 0\% | 0\% |
| 11 years |  | 1\% | 2\% | 0\% | 0\% | 1\% |
| 12 years |  | 76\% | 76\% | 0\% | 0\% | 37\% |
| 13 years |  | 21\% | 21\% | 0\% | 1\% | 10\% |
| 14 years |  | 0\% | 0\% | 77\% | 74\% | 39\% |
| 15 years |  | 0\% | 0\% | 22\% | 25\% | 12\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 249 | 375 | 267 | 386 | 1277 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 2: Which adults do you live with?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Mother and father together |  | 53\% | 62\% | 57\% | 63\% | 59\% |
| Mainly or only m |  | 16\% | 15\% | 17\% | 13\% | 15\% |
| Mainly or only father |  | 3\% | 2\% | 3\% | 3\% | 3\% |
| Mother and father shared |  | 9\% | 5\% | 6\% | 6\% | 6\% |
| Mother and stepfather/partner |  | 15\% | 12\% | 15\% | 13\% | 13\% |
| Father and stepmother/partner |  | 3\% | 1\% | 2\% | 1\% | 2\% |
| Foster parents |  | 1\% | 0\% | 1\% | 1\% | 1\% |
| Other |  | 1\% | 2\% | 0\% | 2\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 251 | 373 | 266 | 385 | 1275 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 3: How many people live in your home (include yourself)?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| 2 |  | 6\% | 5\% | 5\% | 5\% | 5\% |
| 3 |  | 19\% | 17\% | 20\% | 19\% | 19\% |
| 4 |  | 38\% | 41\% | 38\% | 41\% | 40\% |
| 5 |  | 25\% | 23\% | 24\% | 24\% | 24\% |
| 6 |  | 6\% | 11\% | 7\% | 7\% | 8\% |
| 7 |  | 2\% | 2\% | 5\% | 2\% | 3\% |
| 8 or more |  | 4\% | 1\% | 2\% | 1\% | 2\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 252 | 375 | 266 | 385 | 1278 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

4: How many bedrooms are there in your home?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| 1 |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 2 |  | 11\% | 8\% | 7\% | 6\% | 8\% |
| 3 |  | 52\% | 44\% | 49\% | 44\% | 46\% |
| 4 |  | 28\% | 33\% | 30\% | 35\% | 32\% |
| 5 |  | 7\% | 11\% | 10\% | 12\% | 10\% |
| 6 |  | 1\% | 3\% | 1\% | 3\% | 2\% |
| 7 |  | 1\% | 1\% | 1\% | 1\% | 1\% |
| 8 or more |  | 0\% | 1\% | 2\% | 0\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 252 | 374 | 262 | 384 | 1272 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 5: Ethnicity: Which of the following most nearly describes you?

|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female | All |
| White British |  | 91\% | 89\% | 89\% | 91\% | 90\% |
| White Irish |  | 0\% | 2\% | 1\% | 1\% | 1\% |
| White Traveller of Irish heritage |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| White Romany or Gypsy |  | 1\% | 1\% | 1\% | 0\% | 1\% |
| White Polish |  | 0\% | 1\% | 1\% | 1\% | 1\% |
| Other white background |  | 1\% | 1\% | 0\% | 2\% | 1\% |
| White and Black Caribbean |  | 0\% | 1\% | 1\% | 0\% | 1\% |
| White and Black African |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| White and Asian |  | 0\% | 0\% | 0\% | 1\% | 1\% |
| Other mixed race background |  | 0\% | 1\% | 0\% | 0\% | 0\% |
| Asian British |  | 2\% | 1\% | 0\% | 2\% | 1\% |
| Pakistani |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| Bangladeshi |  | 0\% | 0\% | 1\% | 0\% | 0\% |
| Other Asian background |  | 0\% | 0\% | 2\% | 0\% | 0\% |
| Black Caribbean |  | 1\% | 0\% | 0\% | 0\% | 0\% |
| Other Black African |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| Chinese |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| Other background |  | 1\% | 0\% | 0\% | 0\% | 0\% |
| Don't know |  | 1\% | 1\% | 1\% | 1\% | 1\% |
| Don't want to say |  | 1\% | 1\% | 2\% | 1\% | 1\% |
| Arab |  | 0\% | 0\% | 1\% | 0\% | 0\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 252 | 375 | 266 | 383 | 1276 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

6a: Is English your first language?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $4 \%$ | $3 \%$ | $6 \%$ | $2 \%$ | $3 \%$ |  |
| Yes | $96 \%$ | $97 \%$ | $94 \%$ | $98 \%$ | $97 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 247 | 372 | 264 | 385 | 1268 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

6b: Do you usually speak English at home?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $4 \%$ | $3 \%$ | $5 \%$ | $2 \%$ | $3 \%$ |  |
| Yes | $96 \%$ | $97 \%$ | $95 \%$ | $98 \%$ | $97 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 241 | 364 | 258 | 378 | 1241 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

7: How did you travel to school today?

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male | Female | Male | Female |  |
| Car or van | $27 \%$ | $25 \%$ | $23 \%$ | $30 \%$ | $19 \%$ |
| School bus | $21 \%$ | $25 \%$ | $18 \%$ | $21 \%$ |  |
| Other bus | $6 \%$ | $16 \%$ | $7 \%$ | $10 \%$ | $10 \%$ |
| Train | $1 \%$ | $3 \%$ | $1 \%$ | $6 \%$ | $3 \%$ |
| Taxi or minibus | $3 \%$ | $1 \%$ | $2 \%$ | $2 \%$ | $2 \%$ |
| Bicycle | $2 \%$ | $2 \%$ | $6 \%$ | $1 \%$ | $2 \%$ |
| Walking | $38 \%$ | $40 \%$ | $49 \%$ | $46 \%$ | $43 \%$ |
| Other | $2 \%$ | $0 \%$ | $2 \%$ | $1 \%$ | $1 \%$ |
| None of the above (or missing data) | $12 \%$ | $5 \%$ | $9 \%$ | $4 \%$ | $7 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

## 8: How many cars/vans does your family own?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| None | $5 \%$ | $5 \%$ | $7 \%$ | $4 \%$ | $5 \%$ |  |
| 1 | $40 \%$ | $30 \%$ | $30 \%$ | $30 \%$ | $32 \%$ |  |
| 2 | $41 \%$ | $49 \%$ | $41 \%$ | $49 \%$ | $46 \%$ |  |
| 3 or more | $14 \%$ | $17 \%$ | $21 \%$ | $17 \%$ | $17 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 254 | 375 | 264 | 383 | 1276 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 9: Do you know your height in cm ?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| $90-99 \mathrm{~cm}$ |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| $100-109 \mathrm{~cm}$ |  | 1\% | 1\% | 0\% | 0\% | 0\% |
| $110-119 \mathrm{~cm}$ |  | 0\% | 2\% | 0\% | 0\% | 1\% |
| $120-129 \mathrm{~cm}$ |  | 4\% | 1\% | 0\% | 0\% | 1\% |
| $130-139 \mathrm{~cm}$ |  | 4\% | 3\% | 0\% | 0\% | 2\% |
| $140-149 \mathrm{~cm}$ |  | 9\% | 11\% | 1\% | 3\% | 6\% |
| $150-159 \mathrm{~cm}$ |  | 42\% | 41\% | 15\% | 25\% | 30\% |
| $160-169 \mathrm{~cm}$ |  | 30\% | 32\% | 28\% | 47\% | 36\% |
| $170-179 \mathrm{~cm}$ |  | 6\% | 6\% | 39\% | 21\% | 18\% |
| $180-189 \mathrm{~cm}$ |  | 3\% | 2\% | 16\% | 2\% | 5\% |
| $190-199 \mathrm{~cm}$ |  | 2\% | 1\% | 1\% | 0\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 115 | 192 | 141 | 233 | 681 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

10: How recently have you checked your height?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| This week |  | 10\% | 7\% | 8\% | 7\% | 8\% |
| This month |  | 21\% | 19\% | 19\% | 23\% | 21\% |
| In the last 6 months |  | 34\% | 42\% | 37\% | 40\% | 39\% |
| Longer ago than 6 months |  | 35\% | 32\% | 35\% | 30\% | 33\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 248 | 365 | 262 | 382 | 1257 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

11: Do you know your weight in kg?

|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female | All |
| Less than 20kg |  | 3\% | 6\% | 2\% | 2\% | 3\% |
| $20-24 \mathrm{~kg}$ |  | 0\% | 0\% | 1\% | 0\% | 0\% |
| $25-29 \mathrm{~kg}$ |  | 1\% | 3\% | 0\% | 0\% | 1\% |
| $30-34 \mathrm{~kg}$ |  | 11\% | 12\% | 1\% | 0\% | 6\% |
| $35-39 \mathrm{~kg}$ |  | 15\% | 12\% | 3\% | 4\% | 8\% |
| 40-44kg |  | 15\% | 20\% | 3\% | 10\% | 12\% |
| $45-49 \mathrm{~kg}$ |  | 19\% | 18\% | 6\% | 21\% | 17\% |
| $50-54 \mathrm{~kg}$ |  | 20\% | 20\% | 15\% | 28\% | 21\% |
| $55-59 \mathrm{~kg}$ |  | 5\% | 5\% | 22\% | 14\% | 12\% |
| $60-64 \mathrm{~kg}$ |  | 5\% | 4\% | 20\% | 12\% | 10\% |
| $65-69 \mathrm{~kg}$ |  | 2\% | 1\% | 13\% | 6\% | 5\% |
| $70-74 \mathrm{~kg}$ |  | 0\% | 0\% | 6\% | 1\% | 2\% |
| $75-79 \mathrm{~kg}$ |  | 2\% | 0\% | 3\% | 1\% | 1\% |
| $80-84 \mathrm{~kg}$ |  | 0\% | 0\% | 3\% | 1\% | 1\% |
| 90-94kg |  | 0\% | 0\% | 1\% | 1\% | 0\% |
| Over 95kg |  | 1\% | 0\% | 1\% | 0\% | 0\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 97 | 158 | 116 | 174 | 545 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

12: How recently have you checked your weight?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| This week |  | 10\% | 16\% | 18\% | 18\% | 16\% |
| This monthIn the last 6 months |  | 29\% | 28\% | 23\% | 24\% | 26\% |
|  |  | 29\% | 36\% | 32\% | 35\% | 34\% |
| Longer ago than 6 months |  | 31\% | 20\% | 27\% | 23\% | 25\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 249 | 369 | 263 | 382 | 1263 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 13: Do you have a long-standing illness or disability?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $77 \%$ | $85 \%$ | $79 \%$ | $87 \%$ | $83 \%$ |  |
| Don't know | $12 \%$ | $8 \%$ | $10 \%$ | $7 \%$ | $9 \%$ |  |
| Yes | $11 \%$ | $7 \%$ | $11 \%$ | $5 \%$ | $8 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 245 | 371 | 258 | 381 | 1255 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

14: Are any special needs catered for at school?

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| I don't have special needs | 88\% | 96\% | 91\% | 98\% | 94\% |
| I have special needs but they are not catered for at school | 2\% | 1\% | 2\% | 1\% | 1\% |
| I have special needs and they are mostly catered for at school | 5\% | $2 \%$ | 6\% | 1\% | 3\% |
| I have special needs and they are always catered for at school | 5\% | 1\% | 1\% | 1\% | 2\% |
| \% | 100\% | 100\% | 100\% | 100\% | 100\% |
| Responses ${ }^{\text {Count }}$ | 241 | 369 | 259 | 382 | 1251 |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

15: Weight: Which statement describes you best?


16: What did you do for lunch yesterday?


## 17: Did you eat or drink anything before lessons this morning?

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |

N.B. Responses from several items listed: percentages are of total sample.

18: What did you have to eat or drink before lessons this morning?

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |
|  | $7 \%$ | $8 \%$ | $9 \%$ | $16 \%$ | $10 \%$ |
| A drink | $64 \%$ | $67 \%$ | $66 \%$ | $63 \%$ | $65 \%$ |
| Cereal | $47 \%$ | $37 \%$ | $48 \%$ | $32 \%$ | $40 \%$ |
| Porridge/Ready brek | $5 \%$ | $6 \%$ | $2 \%$ | $5 \%$ | $5 \%$ |
| Toast or bread | $26 \%$ | $24 \%$ | $24 \%$ | $24 \%$ | $24 \%$ |
| Fruit | $11 \%$ | $16 \%$ | $13 \%$ | $9 \%$ | $13 \%$ |
| Yoghurt | $9 \%$ | $6 \%$ | $5 \%$ | $5 \%$ | $6 \%$ |
| Crisp-type snack | $6 \%$ | $4 \%$ | $4 \%$ | $4 \%$ | $5 \%$ |
| Chocolate bar, sweets | $9 \%$ | $7 \%$ | $6 \%$ | $5 \%$ | $7 \%$ |
| Breakfast bar | $6 \%$ | $7 \%$ | $6 \%$ | $5 \%$ | $6 \%$ |
| Pop tarts, cakes, muffins | $4 \%$ | $4 \%$ | $3 \%$ | $3 \%$ | $3 \%$ |
| Cooked breakfast | $2 \%$ | $3 \%$ | $5 \%$ | $1 \%$ | $3 \%$ |
| Something else | $1 \%$ | $2 \%$ | $3 \%$ | $2 \%$ | $2 \%$ |
| None of the above (or missing data) | $6 \%$ | $2 \%$ | $6 \%$ | $2 \%$ | $4 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

18: Breakfast summary: Percentage of pupils responding that they had the following type of breakfast on the day of the survey:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Traditional breakfast |  | 75\% | 75\% | 74\% | 65\% | 72\% |
| Only drink |  | 6\% | 10\% | 8\% | 10\% | 9\% |
| Snack |  | 6\% | 5\% | 3\% | 5\% | 5\% |
| Other |  | 0\% | 1\% | 1\% | 1\% | 1\% |
| Nothing at all |  | 7\% | 8\% | 9\% | 16\% | 10\% |
| (Missing) |  | 6\% | 2\% | 6\% | 2\% | 4\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 256 | 378 | 268 | 386 | 1288 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

N.B. Percentages are of total sample.

## 19: When choosing what to eat, do you consider your health?



20: How much water did you drink yesterday?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Nothing |  | 14\% | 8\% | 15\% | 12\% | 12\% |
| 1 or 2 cups |  | 30\% | 31\% | 25\% | 33\% | 30\% |
| 3-5 cups |  | 24\% | 30\% | 22\% | 29\% | 27\% |
| About a litre (6 cups) |  | 19\% | 23\% | 23\% | 17\% | 20\% |
| About 2 litres (12 |  | 9\% | 5\% | 9\% | 7\% | 7\% |
| More than 2 litres |  | 4\% | 2\% | 7\% | 2\% | 3\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 249 | 371 | 261 | 383 | 1264 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

21: How often do you eat or drink the following? \% responding 'on most days'

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| Any meat | 29\% | 34\% | 46\% | 41\% | 38\% |
| Any fish/fish fingers | 4\% | 3\% | 6\% | 2\% | 4\% |
| Any dairy produce | 53\% | 55\% | 58\% | 59\% | 56\% |
| Vegetarian main meal | 5\% | 8\% | 3\% | 10\% | 7\% |
| Wholemeal bread | 31\% | 28\% | 24\% | 25\% | 27\% |
| Chips or roast potatoes | 18\% | 11\% | 18\% | 8\% | 13\% |
| Rice or pasta | 13\% | 16\% | 12\% | 14\% | 14\% |
| Sugar-coated cereals | 11\% | 7\% | 15\% | 6\% | 9\% |
| High-fibre cereals or muesli | 8\% | 11\% | 15\% | 12\% | 12\% |
| Fresh fruit | 35\% | 52\% | 35\% | 49\% | 44\% |
| Salads | 14\% | 24\% | 13\% | 20\% | 18\% |
| Vegetables | 43\% | 64\% | 43\% | 59\% | 54\% |
| Low-calorie drinks | 13\% | 17\% | 16\% | 13\% | 15\% |
| Fizzy drinks (not low-calorie) | 19\% | 6\% | 19\% | 9\% | 12\% |
| Crisps | 33\% | 25\% | 35\% | 28\% | 30\% |
| Sweets, chocolate, choc bars | 28\% | 22\% | 30\% | 29\% | 27\% |
| None of the above (or missing data) | 10\% | 9\% | 9\% | 8\% | 9\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

21: How often do you eat or drink the following? \% responding 'rarely or never'

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male | Female | Male | Female |  |
| Any meat | $5 \%$ | $8 \%$ | $3 \%$ | $11 \%$ | $34 \%$ |
| Any fish/fish fingers | $29 \%$ | $33 \%$ | $37 \%$ | $38 \%$ | $4 \%$ |
| Any dairy produce | $7 \%$ | $5 \%$ | $4 \%$ | $2 \%$ | $59 \%$ |
| Vegetarian main meal | $63 \%$ | $54 \%$ | $67 \%$ | $55 \%$ | $26 \%$ |
| Wholemeal bread | $28 \%$ | $27 \%$ | $27 \%$ | $24 \%$ | $8 \%$ |
| Chips or roast potatoes | $4 \%$ | $10 \%$ | $6 \%$ | $9 \%$ | $6 \%$ |
| Rice or pasta | $14 \%$ | $6 \%$ | $9 \%$ | $6 \%$ |  |
| Sugar-coated cereals | $38 \%$ | $57 \%$ | $43 \%$ | $65 \%$ | $52 \%$ |
| High-fibre cereals or muesli | $45 \%$ | $49 \%$ | $49 \%$ | $52 \%$ | $49 \%$ |
| Fresh fruit | $11 \%$ | $7 \%$ | $15 \%$ | $6 \%$ | $9 \%$ |
| Salads | $39 \%$ | $15 \%$ | $31 \%$ | $19 \%$ | $25 \%$ |
| Vegetables | $9 \%$ | $3 \%$ | $10 \%$ | $3 \%$ | $6 \%$ |
| Low-calorie drinks | $25 \%$ | $28 \%$ | $25 \%$ | $37 \%$ | $29 \%$ |
| Fizzy drinks (not low-calorie) | $22 \%$ | $40 \%$ | $17 \%$ | $42 \%$ | $32 \%$ |
| Crisps | $9 \%$ | $16 \%$ | $11 \%$ | $17 \%$ | $14 \%$ |
| Sweets, chocolate, choc bars | $5 \%$ | $10 \%$ | $7 \%$ | $6 \%$ | $7 \%$ |
| None of the above (or missing data) | $12 \%$ | $6 \%$ | $11 \%$ | $3 \%$ | $7 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

## 22: How many portions of fruit and vegetables did you eat yesterday?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| None |  | 11\% | 3\% | 14\% | 9\% | 9\% |
| 1 |  | 13\% | 10\% | 11\% | 12\% | 11\% |
| 2 |  | 15\% | 17\% | 20\% | 13\% | 16\% |
| 3 |  | 24\% | 20\% | 24\% | 22\% | 22\% |
| 4 |  | 19\% | 21\% | 14\% | 25\% | 21\% |
| 5 |  | 9\% | 14\% | 8\% | 11\% | 11\% |
| 6 |  | 4\% | 10\% | 4\% | 4\% | 6\% |
| 7 |  | 3\% | 2\% | 2\% | 2\% | 2\% |
| 8 or more |  | 2\% | 2\% | 3\% | 2\% | 2\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 247 | 368 | 254 | 382 | 1251 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 23: How often do you play or do any of these things in your own time or in school clubs when in season? (NOT in school lessons): \% responding at least 'weekly'

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| Rugby | 26\% | 4\% | 27\% | 2\% | 13\% |
| Football (soccer) | 50\% | 25\% | 46\% | 16\% | 31\% |
| Hockey | 3\% | 17\% | 7\% | 8\% | 10\% |
| Netball | 0\% | 39\% | 2\% | 23\% | 19\% |
| Tennis | 13\% | 14\% | 10\% | 7\% | 11\% |
| Rowing | 3\% | 2\% | 4\% | 2\% | 2\% |
| Riding a bicycle | 51\% | 30\% | 42\% | 16\% | 32\% |
| Club cycling | 1\% | 1\% | 3\% | 0\% | 1\% |
| Jogging | 37\% | 36\% | 27\% | 30\% | 32\% |
| Track/field (e.g. hurdles) | 5\% | 8\% | 5\% | 4\% | 6\% |
| Sailing | 2\% | 2\% | 3\% | 3\% | 3\% |
| Squash | 4\% | 2\% | 4\% | 2\% | 3\% |
| Table tennis | 10\% | 5\% | 6\% | 4\% | 6\% |
| Basketball | 34\% | 7\% | 15\% | 5\% | 14\% |
| Badminton | 14\% | 8\% | 19\% | 13\% | 13\% |
| Ice skating | 2\% | 3\% | 3\% | 2\% | 2\% |
| Judo, karate, boxing, etc. | 13\% | 7\% | 12\% | 10\% | 10\% |
| Gymnastics/trampolining | 8\% | 31\% | 7\% | 10\% | 15\% |
| Fitness/aerobics | 12\% | 20\% | 9\% | 16\% | 15\% |
| Swimming | 29\% | 25\% | 10\% | 12\% | 19\% |
| Dancing | 8\% | 35\% | 4\% | 30\% | 22\% |
| American football | 1\% | 0\% | 3\% | 0\% | 1\% |
| Cricket | 7\% | 3\% | 6\% | 2\% | 4\% |
| Rounders | 3\% | 2\% | 2\% | 2\% | 2\% |
| Golf | 4\% | 1\% | 2\% | 0\% | 2\% |
| Cross-country | 3\% | 4\% | 4\% | 1\% | 3\% |
| Canoeing | 1\% | 1\% | 2\% | 1\% | 1\% |
| Horse riding | 2\% | 10\% | 2\% | 8\% | 6\% |
| Motorbike scrambling | 5\% | 1\% | 2\% | 0\% | 2\% |
| Hiking/orienteering | 3\% | 1\% | 2\% | 0\% | 1\% |
| Going for walks | 27\% | 34\% | 25\% | 33\% | 30\% |
| Fishing | 5\% | 1\% | 3\% | 1\% | 2\% |
| Volleyball | 1\% | 0\% | 1\% | 1\% | 1\% |
| 5-a-side football | 16\% | 2\% | 8\% | 2\% | 6\% |
| Weight training | 7\% | 2\% | 11\% | 1\% | 5\% |
| Roller blading/skating | 5\% | 3\% | 2\% | 0\% | 2\% |
| Skateboarding | 11\% | 1\% | 4\% | 0\% | 3\% |
| Darts | 8\% | 1\% | 6\% | 1\% | 3\% |
| Pool | 11\% | 1\% | 6\% | 2\% | 4\% |
| Snooker | 7\% | 1\% | 6\% | 1\% | 3\% |
| Other | 5\% | 3\% | 4\% | 2\% | 3\% |
| None of the above (or missing data) | 10\% | 10\% | 15\% | 16\% | 13\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

23: Physical activity summary: Percentage of pupils responding that they do at least one of the activities listed...:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Never or hardly ever |  | 1\% | 1\% | 3\% | 3\% | 2\% |
| Once or twice a month |  | 4\% | 7\% | 7\% | 11\% | 8\% |
| Weekly |  | 24\% | 35\% | 24\% | 35\% | 31\% |
| Twice a week or |  | 66\% | 55\% | 61\% | 49\% | 57\% |
| (Missing) |  | 5\% | 3\% | 5\% | 1\% | 3\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 256 | 378 | 268 | 386 | 1288 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

N.B. Percentages are of total sample.

## 24: Are there activities on the list that you would like to start doing or do more

 of?|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| No response | 18\% | 11\% | 25\% | 10\% | 15\% |
| Rugby | 23\% | 6\% | 21\% | 5\% | 12\% |
| Football (soccer) | 28\% | 14\% | 27\% | 11\% | 19\% |
| Hockey | 8\% | 9\% | 7\% | 8\% | 8\% |
| Netball | 0\% | 14\% | 1\% | 16\% | 9\% |
| Tennis | 10\% | 12\% | 10\% | 13\% | 12\% |
| Rowing | 2\% | 2\% | 3\% | 2\% | 2\% |
| Riding a bike | 12\% | 8\% | 9\% | 5\% | 8\% |
| Competitive cycling | 1\% | 2\% | 1\% | 1\% | 1\% |
| Jogging | 7\% | 9\% | 6\% | 15\% | 10\% |
| Track/field events | 2\% | 3\% | 2\% | 2\% | 2\% |
| Sailing | 2\% | 6\% | 2\% | 7\% | 5\% |
| Squash | 2\% | 2\% | 6\% | 3\% | 3\% |
| Table tennis | 6\% | 3\% | 5\% | 4\% | 5\% |
| Basketball | 15\% | 4\% | 11\% | 7\% | 9\% |
| Badminton | 4\% | 7\% | 11\% | 9\% | 8\% |
| Ice skating | 4\% | 27\% | 4\% | 25\% | 17\% |
| Judo, karate, boxing etc. | 9\% | 7\% | 6\% | 5\% | 7\% |
| Gymnastics/trampolining | 1\% | 17\% | 1\% | 16\% | 10\% |
| Fitness/aerobics | 1\% | 5\% | 1\% | 8\% | 4\% |
| Swimming | 12\% | 24\% | 7\% | 20\% | 17\% |
| Dancing | 2\% | 12\% | 0\% | 22\% | 10\% |
| American football | 4\% | 1\% | 6\% | 1\% | 2\% |
| Cricket | 8\% | 3\% | 3\% | 2\% | 4\% |
| Rounders | 3\% | 6\% | 1\% | 5\% | 4\% |
| Golf | 5\% | 1\% | 4\% | 0\% | 2\% |
| Cross-country | 4\% | 5\% | 0\% | 4\% | 3\% |
| Canoeing | 2\% | 4\% | 2\% | 4\% | 3\% |
| Horse riding | 1\% | 25\% | 1\% | 16\% | 13\% |
| Motorbike scrambling | 9\% | 3\% | 7\% | 2\% | 5\% |
| Hiking/orienteering | 0\% | 1\% | 0\% | 1\% | 1\% |
| Going for walks | 2\% | 3\% | 1\% | 5\% | 3\% |
| Fishing | 9\% | 1\% | 5\% | 2\% | 4\% |
| Volleyball | 2\% | 2\% | 2\% | 4\% | 3\% |
| 5-a-side football | 5\% | 1\% | 6\% | 1\% | 3\% |
| Weight training | 6\% | 2\% | 8\% | 4\% | 5\% |
| Rollerblading/skating | 1\% | 4\% | 1\% | 2\% | 2\% |
| Skateboarding | 5\% | 1\% | 4\% | 3\% | 3\% |
| Darts | 5\% | 1\% | 4\% | 1\% | 2\% |
| Pool | 5\% | 2\% | 5\% | 2\% | 3\% |
| Snooker | 4\% | 1\% | 6\% | 0\% | 2\% |
| Other | 0\% | 0\% | 0\% | 0\% | 0\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Percentages are of total sample.

25: How much do you enjoy physical activities?


26: How fit do you think you are?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Very unfit |  | 3\% | 2\% | 2\% | 3\% | 2\% |
| Unfit |  | 13\% | 11\% | 10\% | 24\% | 15\% |
| Moderately fit |  | 42\% | 43\% | 48\% | 51\% | 46\% |
| Fit |  | 28\% | 36\% | 33\% | 20\% | 29\% |
| Very fit |  | 13\% | 8\% | 7\% | 3\% | 7\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 247 | 368 | 256 | 378 | 1249 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

27: How many days last week did you exercise enough that you had to breathe harder and faster?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| None |  | 6\% | 4\% | 8\% | 6\% | 6\% |
| 1 |  | 7\% | 6\% | 8\% | 10\% | 8\% |
| 2 |  | 13\% | 18\% | 14\% | 22\% | 17\% |
| 3 |  | 17\% | 22\% | 20\% | 24\% | 21\% |
| 4 |  | 20\% | 21\% | 18\% | 15\% | 18\% |
| 5 |  | 15\% | 13\% | 18\% | 14\% | 15\% |
| 6 |  | 8\% | 8\% | 6\% | 5\% | 7\% |
| 7 |  | 16\% | 9\% | 9\% | 4\% | 9\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 241 | 363 | 253 | 374 | 1231 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

28: Smoking: Which statement describes you best?


29: How many cigarettes have you smoked during the last 7 days?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| None |  | 99\% | 97\% | 91\% | 90\% | 94\% |
| 1-5 cigarettes |  | 1\% | 1\% | 2\% | 6\% | 3\% |
| 6-10 cigarettes |  | 0\% | 1\% | 2\% | 1\% | 1\% |
| 11-15 cigarettes |  | 0\% | 1\% | 0\% | 0\% | 0\% |
| 16-25 cigarettes |  | 0\% | 0\% | 2\% | 1\% | 1\% |
| 26-35 cigarettes |  | 0\% | 0\% | 1\% | 1\% | 0\% |
| 36-45 cigarettes |  | 0\% | 0\% | 1\% | 0\% | 0\% |
| 46-55 cigarettes |  | 0\% | 0\% | 0\% | 1\% | 0\% |
| 56-65 cigarettes |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 66+ cigarettes |  | 0\% | 1\% | 1\% | 1\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 238 | 366 | 245 | 373 | 1222 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

30: If you have smoked recently where did you get/buy your last cigarettes from?

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |

N.B. Percentages are of total sample.

31: How many people smoke including yourself and regular visitors on most days indoors in your home?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| None |  | 57\% | 71\% | 56\% | 69\% | 64\% |
| 1 |  | 19\% | 11\% | 17\% | 12\% | 14\% |
| 2 |  | 12\% | 9\% | 14\% | 11\% | 11\% |
| 3 |  | 6\% | 3\% | 4\% | 3\% | 4\% |
| 4 |  | 2\% | 2\% | 2\% | 3\% | 2\% |
| 5 |  | 2\% | 1\% | 3\% | 0\% | 1\% |
| 6 |  | 1\% | 1\% | 0\% | 0\% | 1\% |
| 7 |  | 0\% | 1\% | 0\% | 0\% | 0\% |
| 8 or more |  | 1\% | 1\% | 4\% | 2\% | 2\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 241 | 364 | 251 | 375 | 1231 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

32: Have you had an alcoholic drink in the last 7 days?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $80 \%$ | $90 \%$ | $69 \%$ | $71 \%$ | $78 \%$ |  |
| Yes | $20 \%$ | $10 \%$ | $31 \%$ | $29 \%$ | $22 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 247 | 367 | 254 | 374 | 1242 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

33: On how many days did you drink alcohol in the last 7 days?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| None |  | 83\% | 90\% | 71\% | 71\% | 79\% |
| 1 |  | 14\% | 7\% | 19\% | 20\% | 14\% |
| 2 |  | 3\% | 2\% | 6\% | 7\% | 5\% |
| 3 |  | 0\% | 1\% | 2\% | 1\% | 1\% |
| 4 |  | 0\% | 0\% | 1\% | 1\% | 0\% |
| 6 |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 7 |  | 0\% | 0\% | 1\% | 0\% | 0\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 244 | 366 | 251 | 374 | 1235 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

34: On how many days did you get drunk in the last 7 days?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| Not applicable | $81 \%$ | $91 \%$ | $71 \%$ | $71 \%$ | $79 \%$ |  |
| None | $19 \%$ | $9 \%$ | $26 \%$ | $25 \%$ | $19 \%$ |  |
| 1 | $0 \%$ | $0 \%$ | $2 \%$ | $3 \%$ | $1 \%$ |  |
| 2 | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 245 | 362 | 247 | 373 | 1227 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

35: During the last 7 days, which of the following alcoholic drinks did you drink, if any?

|  | Year 8 |  | Year 10 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |
|  |  |  |  |  |  |
| Shandy (canned) | $4 \%$ | $1 \%$ | $2 \%$ | $0 \%$ | $2 \%$ |
| Shandy (mixed) | $4 \%$ | $1 \%$ | $2 \%$ | $0 \%$ | $1 \%$ |
| Beer or lager | $3 \%$ | $1 \%$ | $11 \%$ | $5 \%$ | $5 \%$ |
| Low-alcohol beer or lager | $4 \%$ | $1 \%$ | $5 \%$ | $2 \%$ | $3 \%$ |
| Cider | $5 \%$ | $1 \%$ | $9 \%$ | $5 \%$ | $5 \%$ |
| Pre-mixed drinks | $2 \%$ | $1 \%$ | $2 \%$ | $8 \%$ | $4 \%$ |
| Wine | $3 \%$ | $3 \%$ | $5 \%$ | $8 \%$ | $5 \%$ |
| Low-alcohol wine | $1 \%$ | $1 \%$ | $1 \%$ | $1 \%$ | $1 \%$ |
| Martini, cinzano, sherry, etc. | $1 \%$ | $0 \%$ | $2 \%$ | $1 \%$ | $1 \%$ |
| Spirits | $3 \%$ | $3 \%$ | $7 \%$ | $14 \%$ | $7 \%$ |
| None of the above (or missing data) | $87 \%$ | $93 \%$ | $77 \%$ | $77 \%$ | $84 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

35: Total units of alcohol pupils reported drinking in the 7 days before the survey:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| None |  | 88\% | 94\% | 77\% | 76\% | 84\% |
| One unit |  | 2\% | 3\% | 3\% | 6\% | 4\% |
| Two units |  | 3\% | 1\% | 4\% | 4\% | 3\% |
| Three units |  | 1\% | 0\% | 3\% | 3\% | 2\% |
| 4-6 units |  | 3\% | 1\% | 7\% | 3\% | 3\% |
| 7-10 units |  | 1\% | 1\% | 3\% | 4\% | 2\% |
| 11-14 units |  | 0\% | 0\% | 1\% | 1\% | 1\% |
| 15-20 units |  | 0\% | 0\% | 1\% | 1\% | 1\% |
| 21-27 units |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 28 or more units |  | 1\% | 0\% | 2\% | 1\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 231 | 356 | 239 | 356 | 1182 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

36: Have you drunk alcoholic drink at any of these places during the last 7 days?

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| I drank alcohol at home | 11\% | 7\% | 20\% | 19\% | 14\% |
| I drank alcohol at a friend's or relation's home | 4\% | 2\% | 9\% | 13\% | 7\% |
| I drank alcohol at a disco, club or party | 3\% | 1\% | 6\% | 4\% | 3\% |
| I drank alcohol in a pub or bar | 1\% | 1\% | 4\% | 2\% | 2\% |
| I drank alcohol outside in a public place (street, park, etc) | 1\% | 1\% | 7\% | 6\% | 4\% |
| None of the above (or missing data) | 85\% | 92\% | 74\% | 73\% | 81\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

## 37: Have you bought alcoholic drink at any of these places during the last 7 days?

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |

N.B. Responses from several items listed: percentages are of total sample.

38: If you ever drink alcohol at home, do your parents know?


Year 8 Male

|  | I have never <br> heard of the <br> drug | Heard of it, <br> but don't <br> know much <br> about it | I think it is <br> safe if used <br> properly | I think it is <br> always <br> unsafe |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| (Missing) |  |  |  |  |  |
| Amphetamines | $55 \%$ | $19 \%$ | $2 \%$ | $16 \%$ | $8 \%$ |
| Barbiturates | $61 \%$ | $15 \%$ | $4 \%$ | $13 \%$ | $7 \%$ |
| Cannabis (any form) | $13 \%$ | $26 \%$ | $9 \%$ | $46 \%$ | $6 \%$ |
| "Date-rape" drugs | $56 \%$ | $15 \%$ | $3 \%$ | $18 \%$ | $8 \%$ |
| Ecstasy | $44 \%$ | $19 \%$ | $2 \%$ | $27 \%$ | $8 \%$ |
| Cocaine | $11 \%$ | $27 \%$ | $4 \%$ | $50 \%$ | $7 \%$ |
| Crack | $17 \%$ | $29 \%$ | $3 \%$ | $45 \%$ | $6 \%$ |
| Hallucinogens: natural | $45 \%$ | $16 \%$ | $2 \%$ | $29 \%$ | $8 \%$ |
| Hallucinogens: synthetic | $58 \%$ | $15 \%$ | $2 \%$ | $18 \%$ | $7 \%$ |
| Heroin | $15 \%$ | $28 \%$ | $6 \%$ | $44 \%$ | $7 \%$ |
| Opiates and similar drugs | $53 \%$ | $18 \%$ | $7 \%$ | $15 \%$ | $8 \%$ |
| Poppers | $59 \%$ | $14 \%$ | $2 \%$ | $18 \%$ | $7 \%$ |
| Solvents used as drugs | $34 \%$ | $19 \%$ | $14 \%$ | $26 \%$ | $8 \%$ |
| Muscle-building steroids | $24 \%$ | $22 \%$ | $23 \%$ | $23 \%$ | $8 \%$ |
| Tranquillisers | $36 \%$ | $21 \%$ | $18 \%$ | $18 \%$ | $8 \%$ |
| Other illegal drugs | $61 \%$ | $5 \%$ | $1 \%$ | $12 \%$ | $22 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

39: What do you know about these drugs?
Year 8 Female

|  | I have never <br> heard of the <br> drug | Heard of it, <br> but don't <br> know much <br> about it | I think it is <br> safe if used <br> properly | I think it is <br> always <br> unsafe |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| (Missing) |  |  |  |  |  |
| Amphetamines | $69 \%$ | $20 \%$ | $0 \%$ | $6 \%$ | $5 \%$ |
| Barbiturates | $73 \%$ | $16 \%$ | $1 \%$ | $5 \%$ | $5 \%$ |
| Cannabis (any form) | $8 \%$ | $42 \%$ | $4 \%$ | $42 \%$ | $5 \%$ |
| "Date-rape" drugs | $69 \%$ | $12 \%$ | $1 \%$ | $14 \%$ | $5 \%$ |
| Ecstasy | $52 \%$ | $23 \%$ | $1 \%$ | $18 \%$ | $6 \%$ |
| Cocaine | $6 \%$ | $41 \%$ | $2 \%$ | $45 \%$ | $5 \%$ |
| Crack | $20 \%$ | $37 \%$ | $1 \%$ | $37 \%$ | $6 \%$ |
| Hallucinogens: natural | $49 \%$ | $25 \%$ | $3 \%$ | $18 \%$ | $6 \%$ |
| Hallucinogens: synthetic | $71 \%$ | $15 \%$ | $1 \%$ | $8 \%$ | $5 \%$ |
| Heroin | $11 \%$ | $39 \%$ | $1 \%$ | $44 \%$ | $5 \%$ |
| Opiates and similar drugs | $64 \%$ | $18 \%$ | $5 \%$ | $8 \%$ | $5 \%$ |
| Poppers | $66 \%$ | $18 \%$ | $2 \%$ | $9 \%$ | $6 \%$ |
| Solvents used as drugs | $38 \%$ | $24 \%$ | $9 \%$ | $22 \%$ | $6 \%$ |
| Muscle-building steroids | $38 \%$ | $27 \%$ | $14 \%$ | $16 \%$ | $6 \%$ |
| Tranquillisers | $48 \%$ | $26 \%$ | $10 \%$ | $10 \%$ | $6 \%$ |
| Other illegal drugs | $69 \%$ | $3 \%$ | $0 \%$ | $6 \%$ | $23 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## Year 10 Male

|  | I have never <br> heard of the <br> drug | Heard of it, <br> but don't <br> know much <br> about it | I think it is <br> safe if used <br> properly | I think it is <br> always <br> unsafe | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Amphetamines | $22 \%$ | $39 \%$ | $4 \%$ | $25 \%$ | $10 \%$ |
| Barbiturates | $39 \%$ | $29 \%$ | $3 \%$ | $19 \%$ | $9 \%$ |
| Cannabis (any form) | $7 \%$ | $20 \%$ | $24 \%$ | $40 \%$ | $9 \%$ |
| "Date-rape" drugs | $35 \%$ | $25 \%$ | $1 \%$ | $29 \%$ | $10 \%$ |
| Ecstasy | $12 \%$ | $32 \%$ | $6 \%$ | $42 \%$ | $9 \%$ |
| Cocaine | $6 \%$ | $27 \%$ | $4 \%$ | $53 \%$ | $9 \%$ |
| Crack | $7 \%$ | $30 \%$ | $3 \%$ | $51 \%$ | $9 \%$ |
| Hallucinogens: natural | $13 \%$ | $26 \%$ | $9 \%$ | $42 \%$ | $9 \%$ |
| Hallucinogens: synthetic | $24 \%$ | $24 \%$ | $4 \%$ | $38 \%$ | $9 \%$ |
| Heroin | $9 \%$ | $24 \%$ | $4 \%$ | $53 \%$ | $10 \%$ |
| Opiates and similar drugs | $31 \%$ | $26 \%$ | $5 \%$ | $28 \%$ | $10 \%$ |
| Poppers | $34 \%$ | $25 \%$ | $2 \%$ | $28 \%$ | $10 \%$ |
| Solvents used as drugs | $17 \%$ | $23 \%$ | $9 \%$ | $40 \%$ | $11 \%$ |
| Muscle-building steroids | $13 \%$ | $21 \%$ | $28 \%$ | $27 \%$ | $10 \%$ |
| Tranquillisers | $20 \%$ | $25 \%$ | $16 \%$ | $28 \%$ | $10 \%$ |
| Other illegal drugs | $50 \%$ | $7 \%$ | $0 \%$ | $17 \%$ | $25 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

39: What do you know about these drugs?
Year 10 Female

|  | I have never <br> heard of the <br> drug | Heard of it, <br> but don't <br> know much <br> about it | I think it is <br> safe if used <br> properly | I think it is <br> always <br> unsafe | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Amphetamines | $26 \%$ | $43 \%$ | $5 \%$ | $22 \%$ | $3 \%$ |
| Barbiturates | $48 \%$ | $29 \%$ | $6 \%$ | $13 \%$ | $3 \%$ |
| Cannabis (any form) | $2 \%$ | $24 \%$ | $17 \%$ | $54 \%$ | $4 \%$ |
| "Date-rape" drugs | $32 \%$ | $22 \%$ | $2 \%$ | $41 \%$ | $3 \%$ |
| Ecstasy | $6 \%$ | $31 \%$ | $6 \%$ | $53 \%$ | $3 \%$ |
| Cocaine | $3 \%$ | $30 \%$ | $4 \%$ | $60 \%$ | $4 \%$ |
| Crack | $3 \%$ | $32 \%$ | $3 \%$ | $58 \%$ | $4 \%$ |
| Hallucinogens: natural | $9 \%$ | $33 \%$ | $9 \%$ | $45 \%$ | $4 \%$ |
| Hallucinogens: synthetic | $18 \%$ | $30 \%$ | $4 \%$ | $44 \%$ | $3 \%$ |
| Heroin | $2 \%$ | $31 \%$ | $4 \%$ | $59 \%$ | $4 \%$ |
| Opiates and similar drugs | $28 \%$ | $28 \%$ | $15 \%$ | $25 \%$ | $3 \%$ |
| Poppers | $36 \%$ | $28 \%$ | $6 \%$ | $26 \%$ | $4 \%$ |
| Solvents used as drugs | $12 \%$ | $31 \%$ | $12 \%$ | $41 \%$ | $3 \%$ |
| Muscle-building steroids | $10 \%$ | $31 \%$ | $31 \%$ | $25 \%$ | $3 \%$ |
| Tranquillisers | $18 \%$ | $34 \%$ | $17 \%$ | $27 \%$ | $4 \%$ |
| Other illegal drugs | $54 \%$ | $11 \%$ | $2 \%$ | $20 \%$ | $14 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

39: What do you know about these drugs?
AII

|  | I have never <br> heard of the <br> drug | Heard of it, <br> but don't <br> know much <br> about it | I think it is <br> safe if used <br> properly | I think it is <br> always <br> unsafe |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| (Missing) |  |  |  |  |  |
| Amphetamines | $44 \%$ | $31 \%$ | $3 \%$ | $17 \%$ | $6 \%$ |
| Barbiturates | $56 \%$ | $22 \%$ | $4 \%$ | $12 \%$ | $6 \%$ |
| Cannabis (any form) | $7 \%$ | $29 \%$ | $13 \%$ | $46 \%$ | $6 \%$ |
| "Date-rape" drugs | $48 \%$ | $18 \%$ | $1 \%$ | $26 \%$ | $6 \%$ |
| Ecstasy | $28 \%$ | $26 \%$ | $3 \%$ | $35 \%$ | $6 \%$ |
| Cocaine | $6 \%$ | $32 \%$ | $4 \%$ | $52 \%$ | $6 \%$ |
| Crack | $12 \%$ | $32 \%$ | $2 \%$ | $48 \%$ | $6 \%$ |
| Hallucinogens: natural | $29 \%$ | $26 \%$ | $6 \%$ | $33 \%$ | $6 \%$ |
| Hallucinogens: synthetic | $43 \%$ | $22 \%$ | $3 \%$ | $27 \%$ | $6 \%$ |
| Heroin | $9 \%$ | $31 \%$ | $4 \%$ | $50 \%$ | $6 \%$ |
| Opiates and similar drugs | $44 \%$ | $23 \%$ | $9 \%$ | $19 \%$ | $6 \%$ |
| Poppers | $49 \%$ | $21 \%$ | $3 \%$ | $20 \%$ | $6 \%$ |
| Solvents used as drugs | $25 \%$ | $25 \%$ | $11 \%$ | $32 \%$ | $7 \%$ |
| Muscle-building steroids | $22 \%$ | $26 \%$ | $24 \%$ | $22 \%$ | $6 \%$ |
| Tranquillisers | $31 \%$ | $27 \%$ | $15 \%$ | $20 \%$ | $7 \%$ |
| Other illegal drugs | $59 \%$ | $7 \%$ | $1 \%$ | $13 \%$ | $20 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

40: Do you know anyone personally who you think takes any of the drugs in Q39?


41: Have you ever been offered cannabis?


42: Have you ever been offered other drugs on the list in Q39?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $94 \%$ | $96 \%$ | $87 \%$ | $83 \%$ | $90 \%$ |  |
| Yes | $6 \%$ | $4 \%$ | $13 \%$ | $17 \%$ | $10 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 244 | 362 | 244 | 375 | 1225 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

43: Have you ever taken any of the drugs listed in Q39?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| No |  | 98\% | 99\% | 89\% | 91\% | 94\% |
| Yes |  | 2\% | 1\% | 11\% | 9\% | 6\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 241 | 361 | 244 | 373 | 1219 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

44: This question is about your experience of these drugs (not prescribed by a doctor): $\%$ responding 'taken during the last month'

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |
| Amphetamines | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Barbiturates | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Cannabis (any form) | $0 \%$ | $0 \%$ | $4 \%$ | $4 \%$ | $2 \%$ |
| "Date-rape" drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Ecstasy | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Cocaine | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Crack | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Hallucinogens: natural | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Hallucinogens: synthetic | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Heroin | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Opiates and similar drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Poppers | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Solvents used as drugs | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Muscle-building steroids | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Tranquillisers | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Other illegal drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| None of the above (or missing data) | $100 \%$ | $99 \%$ | $96 \%$ | $96 \%$ | $98 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

44: This question is about your experience of these drugs (not prescribed by a doctor): \% responding 'taken during the last year'

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |
| Amphetamines | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Barbiturates | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Cannabis (any form) | $0 \%$ | $0 \%$ | $7 \%$ | $8 \%$ | $4 \%$ |
| "Date-rape" drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Ecstasy | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Cocaine | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Crack | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Hallucinogens: natural | $0 \%$ | $0 \%$ | $1 \%$ | $1 \%$ | $0 \%$ |
| Hallucinogens: synthetic | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ | $0 \%$ |
| Heroin | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Opiates and similar drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Poppers | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Solvents used as drugs | $0 \%$ | $0 \%$ | $0 \%$ | $2 \%$ | $1 \%$ |
| Muscle-building steroids | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Tranquillisers | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Other illegal drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| None of the above (or missing data) | $99 \%$ | $99 \%$ | $93 \%$ | $91 \%$ | $96 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

Percentages include those responding 'taken during the last month'.

44: This question is about your experience of these drugs (not prescribed by a doctor): \% responding ever taken

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |
| Amphetamines | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Barbiturates | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Cannabis (any form) | $1 \%$ | $0 \%$ | $9 \%$ | $8 \%$ | $5 \%$ |
| "Date-rape" drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Ecstasy | $0 \%$ | $0 \%$ | $1 \%$ | $1 \%$ | $1 \%$ |
| Cocaine | $0 \%$ | $0 \%$ | $1 \%$ | $1 \%$ | $0 \%$ |
| Crack | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Hallucinogens: natural | $0 \%$ | $0 \%$ | $1 \%$ | $1 \%$ | $1 \%$ |
| Hallucinogens: synthetic | $0 \%$ | $0 \%$ | $1 \%$ | $1 \%$ | $0 \%$ |
| Heroin | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ | $0 \%$ |
| Opiates and similar drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Poppers | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Solvents used as drugs | $0 \%$ | $0 \%$ | $0 \%$ | $3 \%$ | $1 \%$ |
| Muscle-building steroids | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| Tranquillisers | $0 \%$ | $0 \%$ | $0 \%$ | $1 \%$ | $0 \%$ |
| Other illegal drugs | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ | $0 \%$ |
| None of the above (or missing data) | $99 \%$ | $99 \%$ | $90 \%$ | $91 \%$ | $95 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

Percentages include those responding 'taken during the last month' and 'taken during the last year'.

44: Drugs summary: Percentage of pupils responding that they have taken at least one of the drugs listed...:

N.B. Percentages are of total sample.

45: If you have ever taken any of these drugs, please write your age when you first used any of them:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 99\% | 99\% | 89\% | 91\% | 95\% |
| 5 or younger |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 9 |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 10 |  | 0\% | 0\% | 1\% | 0\% | 0\% |
| 11 |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| 1213 |  | 1\% | 0\% | 1\% | 0\% | 0\% |
|  |  | 0\% | 0\% | 2\% | 2\% | 1\% |
| 14 |  | 0\% | 0\% | 6\% | 6\% | 3\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 239 | 359 | 243 | 371 | 1212 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

46: Have you ever taken more than one type of drug listed in Q44 on the same occasion?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 98\% | 99\% | 89\% | 91\% | 94\% |
| No Don't know |  | 2\% | 1\% | 9\% | 6\% | 4\% |
|  |  | 0\% | 0\% | 1\% | 1\% | 1\% |
| Yes |  | 0\% | 0\% | 1\% | 1\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 241 | 362 | 243 | 372 | 1218 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

47: Have you ever taken drugs listed in Q44 and alcohol on the same occasion?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 98\% | 99\% | 89\% | 91\% | 94\% |
| No |  | 2\% | 1\% | 3\% | 1\% | 2\% |
| Don't know |  | 0\% | 0\% | 1\% | 1\% | 1\% |
| Yes |  | 0\% | 0\% | 7\% | 6\% | 3\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 241 | 362 | 243 | 372 | 1218 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 48: Please think about each of the following statements:

## Year 8 Male

|  | Disagree | Not sure | Agree | (Missing) |
| :--- | ---: | ---: | ---: | :---: |
| I feel happy talking to other pupils at school | $3 \%$ | $10 \%$ | $82 \%$ | $5 \%$ |
| There are lots of things about myself that I would like to <br> change | $34 \%$ | $35 \%$ | $24 \%$ | $7 \%$ |
| When I have something to say in front of teachers in <br> class, I usually feel uneasy | $43 \%$ | $27 \%$ | $23 \%$ | $7 \%$ |
| I often fall out with other pupils at school | $51 \%$ | $28 \%$ | $14 \%$ | $7 \%$ |
| I often feel lonely at school | $74 \%$ | $12 \%$ | $7 \%$ | $7 \%$ |
| I think other pupils usually say nasty things about me | $51 \%$ | $26 \%$ | $16 \%$ | $7 \%$ |
| When I want to tell a teacher something I usually feel shy | $59 \%$ | $24 \%$ | $10 \%$ | $8 \%$ |
| I often have to find new friends because my old ones are <br> with somebody else | $71 \%$ | $14 \%$ | $7 \%$ | $8 \%$ |
| I usually feel foolish when I have to talk to my parents | $69 \%$ | $16 \%$ | $7 \%$ | $8 \%$ |
| My parents listen to me at home | $14 \%$ | $17 \%$ | $61 \%$ | $9 \%$ |
| My teachers listen to me at school | $16 \%$ | $27 \%$ | $49 \%$ | $9 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 48: Please think about each of the following statements:

## Year 8 Female

|  | Disagree | Not sure | Agree | (Missing) |
| :--- | ---: | ---: | ---: | :---: |
| I feel happy talking to other pupils at school | $5 \%$ | $14 \%$ | $77 \%$ | $4 \%$ |
| There are lots of things about myself that I would like to <br> change | $28 \%$ | $39 \%$ | $28 \%$ | $4 \%$ |
| When I have something to say in front of teachers in <br> class, I usually feel uneasy | $36 \%$ | $30 \%$ | $30 \%$ | $4 \%$ |
| I often fall out with other pupils at school | $58 \%$ | $24 \%$ | $14 \%$ | $4 \%$ |
| I often feel lonely at school | $72 \%$ | $15 \%$ | $8 \%$ | $4 \%$ |
| I think other pupils usually say nasty things about me | $46 \%$ | $34 \%$ | $16 \%$ | $4 \%$ |
| When I want to tell a teacher something I usually feel shy | $42 \%$ | $29 \%$ | $25 \%$ | $4 \%$ |
| I often have to find new friends because my old ones are <br> with somebody else | $67 \%$ | $16 \%$ | $12 \%$ | $4 \%$ |
| I usually feel foolish when I have to talk to my parents | $65 \%$ | $21 \%$ | $10 \%$ | $4 \%$ |
| My parents listen to me at home | $12 \%$ | $20 \%$ | $64 \%$ | $4 \%$ |
| My teachers listen to me at school | $12 \%$ | $31 \%$ | $52 \%$ | $4 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 48: Please think about each of the following statements:

## Year 10 Male

|  | Disagree | Not sure | Agree | (Missing) |
| :--- | ---: | ---: | ---: | :---: |
| I feel happy talking to other pupils at school | $4 \%$ | $14 \%$ | $75 \%$ | $7 \%$ |
| There are lots of things about myself that I would like to <br> change | $33 \%$ | $35 \%$ | $23 \%$ | $9 \%$ |
| When I have something to say in front of teachers in <br> class, I usually feel uneasy | $42 \%$ | $31 \%$ | $19 \%$ | $8 \%$ |
| I often fall out with other pupils at school | $59 \%$ | $22 \%$ | $10 \%$ | $9 \%$ |
| I often feel lonely at school | $73 \%$ | $12 \%$ | $6 \%$ | $9 \%$ |
| I think other pupils usually say nasty things about me | $54 \%$ | $22 \%$ | $15 \%$ | $9 \%$ |
| When I want to tell a teacher something I usually feel shy | $60 \%$ | $22 \%$ | $9 \%$ | $9 \%$ |
| I often have to find new friends because my old ones are <br> with somebody else | $72 \%$ | $13 \%$ | $6 \%$ | $9 \%$ |
| I usually feel foolish when I have to talk to my parents | $67 \%$ | $16 \%$ | $8 \%$ | $9 \%$ |
| My parents listen to me at home | $14 \%$ | $22 \%$ | $54 \%$ | $9 \%$ |
| My teachers listen to me at school | $18 \%$ | $26 \%$ | $47 \%$ | $9 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 48: Please think about each of the following statements:

## Year 10 Female

|  | Disagree | Not sure | Agree | (Missing) |
| :--- | ---: | ---: | ---: | :---: |
| I feel happy talking to other pupils at school | $2 \%$ | $13 \%$ | $82 \%$ | $3 \%$ |
| There are lots of things about myself that I would like to <br> change | $17 \%$ | $26 \%$ | $54 \%$ | $3 \%$ |
| When I have something to say in front of teachers in <br> class, I usually feel uneasy | $42 \%$ | $25 \%$ | $30 \%$ | $3 \%$ |
| I often fall out with other pupils at school | $66 \%$ | $19 \%$ | $12 \%$ | $3 \%$ |
| I often feel lonely at school | $74 \%$ | $14 \%$ | $9 \%$ | $3 \%$ |
| I think other pupils usually say nasty things about me | $45 \%$ | $37 \%$ | $15 \%$ | $3 \%$ |
| When I want to tell a teacher something I usually feel shy | $52 \%$ | $23 \%$ | $22 \%$ | $3 \%$ |
| I often have to find new friends because my old ones are <br> with somebody else | $76 \%$ | $15 \%$ | $6 \%$ | $3 \%$ |
| I usually feel foolish when I have to talk to my parents | $67 \%$ | $16 \%$ | $15 \%$ | $3 \%$ |
| My parents listen to me at home | $13 \%$ | $22 \%$ | $62 \%$ | $3 \%$ |
| My teachers listen to me at school | $16 \%$ | $34 \%$ | $46 \%$ | $3 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 48: Please think about each of the following statements:

AII

|  | Disagree | Not sure | Agree | (Missing) |
| :--- | ---: | ---: | ---: | :---: |
| I feel happy talking to other pupils at school | $4 \%$ | $13 \%$ | $79 \%$ | $5 \%$ |
| There are lots of things about myself that I would like to <br> change | $27 \%$ | $33 \%$ | $34 \%$ | $5 \%$ |
| When I have something to say in front of teachers in <br> class, I usually feel uneasy | $40 \%$ | $28 \%$ | $26 \%$ | $5 \%$ |
| I often fall out with other pupils at school | $59 \%$ | $23 \%$ | $13 \%$ | $5 \%$ |
| I often feel lonely at school | $73 \%$ | $13 \%$ | $8 \%$ | $5 \%$ |
| I think other pupils usually say nasty things about me | $49 \%$ | $31 \%$ | $15 \%$ | $5 \%$ |
| When I want to tell a teacher something I usually feel shy | $52 \%$ | $25 \%$ | $18 \%$ | $6 \%$ |
| I often have to find new friends because my old ones are <br> with somebody else | $72 \%$ | $15 \%$ | $8 \%$ | $6 \%$ |
| I usually feel foolish when I have to talk to my parents | $66 \%$ | $17 \%$ | $11 \%$ | $6 \%$ |
| My parents listen to me at home | $13 \%$ | $20 \%$ | $61 \%$ | $6 \%$ |
| My teachers listen to me at school | $15 \%$ | $30 \%$ | $49 \%$ | $6 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

48: Composite self-esteem score:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Values 0-4 (low) |  | 3\% | 4\% | 3\% | 3\% | 3\% |
| Values 5-9 (med-low) |  | 12\% | 19\% | 12\% | 16\% | 15\% |
| Values 10-14 (medr |  | 34\% | 41\% | 33\% | 45\% | 39\% |
| Values 15-18 (high) |  | 51\% | 37\% | 52\% | 36\% | 42\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 235 | 362 | 242 | 375 | 1214 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

49: Is there someone you can talk with about anything that worries you?

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| No, there's usually no-one I can talk with | 10\% | 7\% | 7\% | 5\% | 7\% |
| I can think of some people I can talk with about some things | 17\% | 18\% | 21\% | 18\% | 19\% |
| There's usually someone I can talk with about most things | 19\% | 21\% | 25\% | 26\% | 23\% |
| There's someone I can talk with about almost everything | 54\% | 54\% | 47\% | 51\% | 52\% |
| \% | 100\% | 100\% | 100\% | 100\% | 100\% |
| Count | 236 | 363 | 243 | 371 | 1213 |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

50: How much do you agree or disagree with these statements? a. I am in charge of my health.

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| Disagree | $9 \%$ | $5 \%$ | $3 \%$ | $7 \%$ | $6 \%$ |  |
| Not sure | $26 \%$ | $29 \%$ | $20 \%$ | $25 \%$ | $25 \%$ |  |
| Agree | $65 \%$ | $66 \%$ | $77 \%$ | $69 \%$ | $69 \%$ |  |
| Valid responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 239 | 361 | 246 | 363 | 1209 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

50: How much do you agree or disagree with these statements?
b. If I keep healthy, I've just been lucky.


50: How much do you agree or disagree with these statements? c. If I take care of myself I'll stay healthy.


50: How much do you agree or disagree with these statements?
d. Even if I look after myself I can still easily fall ill.

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| Disagree | $33 \%$ | $30 \%$ | $26 \%$ | $24 \%$ |  |  |
| Not sure | $35 \%$ | $45 \%$ | $36 \%$ | $40 \%$ | $40 \%$ |  |
| Agree | $33 \%$ | $25 \%$ | $38 \%$ | $36 \%$ | $33 \%$ |  |
| Valid responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 236 | 359 | 244 | 361 | 1200 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

50: Composite health locus of control score:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| -4 to -2 (external) |  | 2\% | 1\% | 1\% | 3\% | 2\% |
| -1 to 0 (neutral) |  | 27\% | 19\% | 22\% | 25\% | 23\% |
| 1 to 2 (internal) |  | 42\% | 44\% | 53\% | 46\% | 46\% |
| 3 to 4 (internal) |  | 29\% | 36\% | 24\% | 26\% | 29\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 233 | 358 | 241 | 359 | 1191 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

The HLOC score reflects the person's overall perception of whether they are personally in control of their health ('internal locus of control') or not and are thereby at the mercy of outside influences ('external locus')

51: How many adults can you really trust?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| One |  | 3\% | 3\% | 4\% | 7\% | 4\% |
|  |  | 4\% | 6\% | 7\% | 7\% | 6\% |
| Two |  | 18\% | 19\% | 19\% | 16\% | 18\% |
| Three to five |  | 26\% | 33\% | 28\% | 42\% | 33\% |
| Six to ten |  | 22\% | 20\% | 19\% | 16\% | 19\% |
| Eleven to twenty |  | 12\% | 9\% | 8\% | 6\% | 8\% |
| More than twenty |  | 14\% | 11\% | 14\% | 5\% | 10\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 238 | 360 | 247 | 365 | 1210 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

52: How do you usually feel when meeting people of your own age for the first time?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Very uneasy |  | 7\% | 9\% | 7\% | 9\% | 8\% |
| Quite uneasy |  | 10\% | 17\% | 15\% | 17\% | 15\% |
| A little uneasy |  | 49\% | 53\% | 45\% | 48\% | 49\% |
| At ease |  | 34\% | 21\% | 33\% | 27\% | 28\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 236 | 360 | 244 | 362 | 1202 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 53: How much do you worry about the following? \% responding 'quite a lot' or 'a lot'

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| School-work problems | 13\% | 23\% | 15\% | 36\% | 23\% |
| Exams and tests | 30\% | 38\% | 33\% | 61\% | 42\% |
| Health problems | 17\% | 22\% | 9\% | 27\% | 20\% |
| Career problems | 13\% | 15\% | 17\% | 31\% | 20\% |
| Problems with friends | 17\% | 30\% | 12\% | 29\% | 23\% |
| Family problems | 27\% | 30\% | 19\% | 38\% | 29\% |
| Money problems | 20\% | 19\% | 15\% | 28\% | 21\% |
| The way you look | 16\% | 41\% | 18\% | 54\% | 35\% |
| Puberty and growing up | 11\% | 19\% | 4\% | 16\% | 13\% |
| Being bullied | 18\% | 17\% | 7\% | 11\% | 13\% |
| Thinking you are gay, lesbian or bisexual | 3\% | 2\% | 4\% | 5\% | 4\% |
| None of the above (or missing data) | 45\% | 25\% | 47\% | 18\% | 31\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

53: Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Never |  | 5\% | 0\% | 4\% | 1\% | 2\% |
| Hardly ever |  | 8\% | 3\% | 7\% | 1\% | 4\% |
| A little |  | 25\% | 17\% | 26\% | 10\% | 19\% |
| Quite a lot |  | 23\% | 34\% | 26\% | 32\% | 30\% |
| A lot |  | 32\% | 41\% | 27\% | 51\% | 39\% |
| (Missing) |  | 6\% | 4\% | 9\% | 5\% | 6\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 256 | 378 | 268 | 386 | 1288 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

N.B. Percentages are of total sample.

## 54: Year 10 only: Which of the following best describes how <br> you think about yourself?

|  | Year 10 |  | All |
| :--- | ---: | ---: | ---: |
|  | Male | Female |  |
| Straight / heterosexual | $82 \%$ | $88 \%$ | $85 \%$ |
| Gay / Lesbian | $2 \%$ | $1 \%$ | $1 \%$ |
| Bisexual | $2 \%$ | $3 \%$ | $3 \%$ |
| Transgender/transsexual | $0 \%$ | $0 \%$ | $0 \%$ |
| Other | $1 \%$ | $0 \%$ | $0 \%$ |
| Not sure | $3 \%$ | $2 \%$ | $2 \%$ |
| Prefer not to say | $3 \%$ | $1 \%$ | $2 \%$ |
| None of the above (or missing data) | $9 \%$ | $6 \%$ | $7 \%$ |
| Total Sample (Count) | 268 | 386 | 654 |

N.B. Responses from several items listed: percentages are of total sample.

55: When a friend wants me to do something I don't want to do...:


56: When I want a friend to do something...:


## 57: How useful have you found school lessons about the following?

## Year 8 Male

|  | Can't remember any | Not at all useful | Some use | Quite useful | Very useful | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Managing money | 35\% | 9\% | 17\% | 11\% | 16\% | 11\% |
| Citizenship | 21\% | 12\% | 22\% | 19\% | 14\% | 11\% |
| Drug education (including alcohol and tobacco) | 25\% | 9\% | 22\% | 14\% | 19\% | 11\% |
| Emotional health and well-being | 27\% | 8\% | 18\% | 22\% | 14\% | 11\% |
| Bullying | 19\% | 7\% | 21\% | 17\% | 24\% | 11\% |
| Healthy eating | 14\% | 11\% | 22\% | 23\% | 20\% | 10\% |
| Physical activity | 13\% | 5\% | 22\% | 23\% | 26\% | 11\% |
| Safety | 16\% | 5\% | 20\% | 21\% | 28\% | 10\% |
| Sex and Relationship education | 16\% | 9\% | 25\% | 17\% | 23\% | 11\% |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 57: How useful have you found school lessons about the following?

Year 8 Female

|  | Can't remember any | Not at all useful | Some use | Quite useful | Very useful | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Managing money | 37\% | 9\% | 27\% | 13\% | 7\% | 7\% |
| Citizenship | 20\% | 10\% | 40\% | 15\% | 8\% | 7\% |
| Drug education (including alcohol and tobacco) | 25\% | 11\% | 24\% | 21\% | 13\% | 7\% |
| Emotional health and well-being | 19\% | 8\% | 30\% | 25\% | 12\% | 7\% |
| Bullying | 12\% | 10\% | 24\% | 28\% | 18\% | 7\% |
| Healthy eating | 9\% | 7\% | 29\% | 27\% | 21\% | 8\% |
| Physical activity | 11\% | 6\% | 26\% | 30\% | 19\% | 7\% |
| Safety | 8\% | 5\% | 27\% | 31\% | 21\% | 7\% |
| Sex and Relationship education | 19\% | 10\% | 29\% | 21\% | 14\% | 8\% |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 57: How useful have you found school lessons about the following?

Year 10 Male

|  | Can't remember any | Not at all useful | Some use | Quite useful | Very useful | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Managing money | 34\% | 12\% | 25\% | 11\% | 6\% | 11\% |
| Citizenship | 21\% | 19\% | 28\% | 15\% | 5\% | 11\% |
| Drug education (including alcohol and tobacco) | 13\% | 8\% | 31\% | 24\% | 13\% | 11\% |
| Emotional health and well-being | 19\% | 12\% | 31\% | 19\% | 8\% | 11\% |
| Bullying | 19\% | 18\% | 24\% | 16\% | 12\% | 11\% |
| Healthy eating | 13\% | 14\% | 30\% | 18\% | 13\% | 12\% |
| Physical activity | 13\% | 7\% | 25\% | 23\% | 19\% | 12\% |
| Safety | 14\% | 9\% | 28\% | 20\% | 17\% | 11\% |
| Sex and Relationship education | 12\% | 12\% | 26\% | 19\% | 19\% | 11\% |

[^0]
## 57: How useful have you found school lessons about the following?

## Year 10 Female

|  | Can't remember any | Not at all useful | Some use | Quite useful | Very useful | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Managing money | 35\% | 18\% | 27\% | 10\% | 2\% | 6\% |
| Citizenship | 14\% | 24\% | 39\% | 13\% | 3\% | 7\% |
| Drug education (including alcohol and tobacco) | 4\% | 10\% | 37\% | 32\% | 10\% | 7\% |
| Emotional health and well-being | 11\% | 15\% | 39\% | 22\% | 6\% | 7\% |
| Bullying | 8\% | 16\% | 39\% | 23\% | 8\% | 6\% |
| Healthy eating | 8\% | 15\% | 33\% | 30\% | 8\% | 6\% |
| Physical activity | 6\% | 13\% | 35\% | 29\% | 10\% | 6\% |
| Safety | 7\% | 11\% | 37\% | 27\% | 12\% | 6\% |
| Sex and Relationship education | 5\% | 10\% | 33\% | 32\% | 14\% | 6\% |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

## 57: How useful have you found school lessons about the following?

AII

|  | Can't remember any | Not at all useful | Some use | Quite useful | Very useful | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Managing money | 36\% | 13\% | 25\% | 11\% | 7\% | 9\% |
| Citizenship | 19\% | 17\% | 33\% | 15\% | 7\% | 9\% |
| Drug education (including alcohol and tobacco) | 16\% | 10\% | 29\% | 23\% | 13\% | 9\% |
| Emotional health and well-being | 18\% | 11\% | 30\% | 22\% | 10\% | 9\% |
| Bullying | 14\% | 13\% | 28\% | 22\% | 15\% | 9\% |
| Healthy eating | 10\% | 12\% | 29\% | 25\% | 15\% | 9\% |
| Physical activity | 10\% | 8\% | 28\% | 27\% | 18\% | 9\% |
| Safety | 11\% | 8\% | 28\% | 26\% | 19\% | 8\% |
| Sex and Relationship education | 13\% | 10\% | 29\% | 23\% | 17\% | 9\% |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

58: What do you know about the following sexually transmitted infections?

## Year 8 Male

|  | Never heard <br> of it | Know <br> nothing <br> about it | Can be <br> treated but <br> NOT cured | Can be <br> treated <br> AND cured | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Genital herpes | $51 \%$ | $24 \%$ | $5 \%$ | $8 \%$ | $12 \%$ |
| Genital warts (papilloma virus) | $50 \%$ | $24 \%$ | $2 \%$ | $11 \%$ | $12 \%$ |
| Gonorrhoea | $58 \%$ | $20 \%$ | $4 \%$ | $5 \%$ | $13 \%$ |
| HIV/AIDS | $27 \%$ | $24 \%$ | $26 \%$ | $12 \%$ | $12 \%$ |
| Chlamydia | $47 \%$ | $23 \%$ | $6 \%$ | $11 \%$ | $13 \%$ |
| Pubic lice (crabs) | $41 \%$ | $21 \%$ | $4 \%$ | $20 \%$ | $13 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

58: What do you know about the following sexually transmitted infections?

## Year 8 Female

|  | Never heard <br> of it | Know <br> nothing <br> about it | Can be <br> treated but <br> NOT cured | Can be <br> treated <br> AND cured | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Genital herpes | $59 \%$ | $24 \%$ | $3 \%$ | $6 \%$ | $8 \%$ |
| Genital warts (papilloma virus) | $49 \%$ | $28 \%$ | $3 \%$ | $11 \%$ | $9 \%$ |
| Gonorrhoea | $60 \%$ | $24 \%$ | $3 \%$ | $4 \%$ | $9 \%$ |
| HIV/AIDS | $22 \%$ | $33 \%$ | $28 \%$ | $9 \%$ | $8 \%$ |
| Chlamydia | $43 \%$ | $29 \%$ | $7 \%$ | $13 \%$ | $8 \%$ |
| Pubic lice (crabs) | $47 \%$ | $28 \%$ | $3 \%$ | $14 \%$ | $8 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

58: What do you know about the following sexually transmitted infections?

## Year 10 Male

|  | Never heard <br> of it | Know <br> nothing <br> about it | Can be <br> treated but <br> NOT cured | Can be <br> treated <br> AND cured | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Genital herpes | $15 \%$ | $37 \%$ | $9 \%$ | $26 \%$ | $12 \%$ |
| Genital warts (papilloma virus) | $13 \%$ | $37 \%$ | $10 \%$ | $27 \%$ | $13 \%$ |
| Gonorrhoea | $16 \%$ | $38 \%$ | $10 \%$ | $24 \%$ | $12 \%$ |
| HIV/AIDS | $8 \%$ | $22 \%$ | $47 \%$ | $10 \%$ | $13 \%$ |
| Chlamydia | $9 \%$ | $32 \%$ | $15 \%$ | $31 \%$ | $13 \%$ |
| Pubic lice (crabs) | $10 \%$ | $29 \%$ | $6 \%$ | $42 \%$ | $13 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

58: What do you know about the following sexually transmitted infections?

## Year 10 Female

|  | Never heard <br> of it | Know <br> nothing <br> about it | Can be <br> treated but <br> NOT cured | Can be <br> treated <br> AND cured | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Genital herpes | $12 \%$ | $39 \%$ | $9 \%$ | $32 \%$ | $7 \%$ |
| Genital warts (papilloma virus) | $10 \%$ | $37 \%$ | $5 \%$ | $41 \%$ | $7 \%$ |
| Gonorrhoea | $15 \%$ | $40 \%$ | $8 \%$ | $29 \%$ | $8 \%$ |
| HIV/AIDS | $3 \%$ | $22 \%$ | $57 \%$ | $11 \%$ | $8 \%$ |
| Chlamydia | $4 \%$ | $27 \%$ | $13 \%$ | $48 \%$ | $8 \%$ |
| Pubic lice (crabs) | $12 \%$ | $28 \%$ | $4 \%$ | $49 \%$ | $7 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

58: What do you know about the following sexually transmitted infections?
AII

|  | Never heard <br> of it | Know <br> nothing <br> about it | Can be <br> treated but <br> NOT cured | Can be <br> treated <br> AND cured | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Genital herpes | $34 \%$ | $32 \%$ | $7 \%$ | $18 \%$ | $9 \%$ |
| Genital warts (papilloma virus) | $30 \%$ | $32 \%$ | $5 \%$ | $23 \%$ | $10 \%$ |
| Gonorrhoea | $37 \%$ | $31 \%$ | $6 \%$ | $16 \%$ | $10 \%$ |
| HIV/AIDS | $14 \%$ | $25 \%$ | $40 \%$ | $10 \%$ | $10 \%$ |
| Chlamydia | $25 \%$ | $28 \%$ | $10 \%$ | $27 \%$ | $10 \%$ |
| Pubic lice (crabs) | $27 \%$ | $27 \%$ | $4 \%$ | $32 \%$ | $10 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

59a: Do you know where you can get condoms free of charge?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $73 \%$ | $79 \%$ | $46 \%$ | $29 \%$ | $56 \%$ |  |
| Yes | $27 \%$ | $21 \%$ | $54 \%$ | $71 \%$ | $44 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 242 | 371 | 259 | 378 | 1250 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

59b: If yes, where?

|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female | All |
| Not applicable |  | 83\% | 91\% | 32\% | 18\% | 56\% |
| Family planning clinic |  | 0\% | 0\% | 0\% | 5\% | 1\% |
| Doctors / Health Centre / Health Clinic |  | 0\% | 0\% | 8\% | 30\% | 10\% |
| Hospital (incl. GUM / Sexual Health Clinic) |  | 2\% | 1\% | 2\% | 3\% | 2\% |
| Parents |  | 0\% | 0\% | 0\% | 3\% | 1\% |
| Friend (s) |  | 2\% | 0\% | 0\% | 0\% | 0\% |
| School / College |  | 2\% | 3\% | 27\% | 16\% | 11\% |
| Walk in centre |  | 0\% | 0\% | 0\% | 1\% | 0\% |
| Others |  | 2\% | 0\% | 0\% | 0\% | 0\% |
| Chemist / pharmacy |  | 5\% | 1\% | 7\% | 12\% | 6\% |
| NHS |  | 0\% | 0\% | 2\% | 0\% | 0\% |
| Youth Centre / club / worker (incl. 311) |  | 0\% | 0\% | 3\% | 1\% | 1\% |
| Yes, undescribed |  | 6\% | 3\% | 20\% | 10\% | 10\% |
| Unspecified 'clinic' |  | 0\% | 0\% | 0\% | 1\% | 0\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 66 | 70 | 60 | 77 | 273 |
| Total Sample (Count) |  | 80 | 77 | 69 | 85 | 311 |

N.B. Paper data only.

60: Is there a special contraception and advice service for young people available locally?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $18 \%$ | $9 \%$ | $7 \%$ | $2 \%$ | $8 \%$ |  |
| Don't know | $68 \%$ | $83 \%$ | $63 \%$ | $50 \%$ | $66 \%$ |  |
| Yes | $13 \%$ | $9 \%$ | $30 \%$ | $49 \%$ | $26 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 224 | 350 | 236 | 358 | 1168 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 61a: What do you know about the following methods of contraception?

Year 8 Male

|  | Never heard <br> of it | Know <br> nothing <br> about it | Not reliable <br> to stop <br> pregnancy | Reliable to <br> stop <br> pregnancy | (Missing) |
| :--- | ---: | ---: | ---: | ---: | :---: |
| Condoms | $6 \%$ | $10 \%$ | $14 \%$ | $57 \%$ | $13 \%$ |
| Diaphragm (cap) | $51 \%$ | $23 \%$ | $5 \%$ | $8 \%$ | $13 \%$ |
| Pill (Contraceptive pill or mini-pill) | $32 \%$ | $16 \%$ | $12 \%$ | $26 \%$ | $13 \%$ |
| Female condom (Femidom) | $37 \%$ | $20 \%$ | $10 \%$ | $20 \%$ | $13 \%$ |
| Emergency Contraception (Morning-after Pill) | $42 \%$ | $27 \%$ | $8 \%$ | $10 \%$ | $13 \%$ |
| Safe period/Rhythm method | $45 \%$ | $26 \%$ | $11 \%$ | $5 \%$ | $13 \%$ |
| Sex without penetration ('outercourse') | $39 \%$ | $20 \%$ | $11 \%$ | $17 \%$ | $13 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

61a: What do you know about the following methods of contraception?

## Year 8 Female

|  | Never heard <br> of it | Know <br> nothing <br> about it | Not reliable <br> to stop <br> pregnancy | Reliable to <br> stop <br> pregnancy | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Condoms | $2 \%$ | $13 \%$ | $25 \%$ | $52 \%$ | $7 \%$ |
| Diaphragm (cap) | $60 \%$ | $21 \%$ | $5 \%$ | $5 \%$ | $8 \%$ |
| Pill (Contraceptive pill or mini-pill) | $21 \%$ | $18 \%$ | $13 \%$ | $40 \%$ | $8 \%$ |
| Female condom (Femidom) | $43 \%$ | $27 \%$ | $10 \%$ | $13 \%$ | $8 \%$ |
| Emergency Contraception (Morning-after Pill) | $35 \%$ | $26 \%$ | $13 \%$ | $19 \%$ | $8 \%$ |
| Safe period/Rhythm method | $49 \%$ | $25 \%$ | $11 \%$ | $5 \%$ | $8 \%$ |
| Sex without penetration ('outercourse') | $47 \%$ | $25 \%$ | $12 \%$ | $8 \%$ | $8 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

61a: What do you know about the following methods of contraception?

## Year 10 Male

|  | Never heard <br> of it | Know <br> nothing <br> about it | Not reliable <br> to stop <br> pregnancy | Reliable to <br> stop <br> pregnancy | (Missing) |
| :--- | ---: | ---: | ---: | ---: | :---: |
| Condoms | $3 \%$ | $3 \%$ | $13 \%$ | $71 \%$ | $11 \%$ |
| Diaphragm (cap) | $22 \%$ | $34 \%$ | $9 \%$ | $21 \%$ | $13 \%$ |
| Pill (Contraceptive pill or mini-pill) | $6 \%$ | $8 \%$ | $19 \%$ | $56 \%$ | $12 \%$ |
| Female condom (Femidom) | $10 \%$ | $16 \%$ | $18 \%$ | $44 \%$ | $11 \%$ |
| Emergency Contraception (Morning-after Pill) | $9 \%$ | $17 \%$ | $26 \%$ | $36 \%$ | $12 \%$ |
| Safe period/Rhythm method | $23 \%$ | $24 \%$ | $32 \%$ | $9 \%$ | $13 \%$ |
| Sex without penetration ('outercourse') | $17 \%$ | $21 \%$ | $22 \%$ | $28 \%$ | $12 \%$ |

[^1]
## 61a: What do you know about the following methods of contraception?

Year 10 Female

|  | Never heard <br> of it | Know <br> nothing <br> about it | Not reliable <br> to stop <br> pregnancy | Reliable to <br> stop <br> pregnancy | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Condoms | $1 \%$ | $1 \%$ | $18 \%$ | $72 \%$ | $8 \%$ |
| Diaphragm (cap) | $18 \%$ | $21 \%$ | $14 \%$ | $39 \%$ | $9 \%$ |
| Pill (Contraceptive pill or mini-pill) | $2 \%$ | $3 \%$ | $18 \%$ | $69 \%$ | $8 \%$ |
| Female condom (Femidom) | $6 \%$ | $21 \%$ | $19 \%$ | $46 \%$ | $8 \%$ |
| Emergency Contraception (Morning-after Pill) | $2 \%$ | $7 \%$ | $33 \%$ | $49 \%$ | $8 \%$ |
| Safe period/Rhythm method | $17 \%$ | $19 \%$ | $47 \%$ | $9 \%$ | $8 \%$ |
| Sex without penetration ('outercourse') | $18 \%$ | $21 \%$ | $38 \%$ | $14 \%$ | $9 \%$ |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

61a: What do you know about the following methods of contraception?
AII

|  | Never heard <br> of it | Know <br> nothing <br> about it | Not reliable <br> to stop <br> pregnancy | Reliable to <br> stop <br> pregnancy | (Missing) |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Condoms | $3 \%$ | $7 \%$ | $18 \%$ | $63 \%$ | $9 \%$ |
| Diaphragm (cap) | $38 \%$ | $24 \%$ | $9 \%$ | $19 \%$ |  |
| Pill (Contraceptive pill or mini-pill) | $14 \%$ | $11 \%$ | $16 \%$ | $49 \%$ |  |
| Female condom (Femidom) | $24 \%$ | $22 \%$ | $14 \%$ | $31 \%$ |  |
| Emergency Contraception (Morning-after Pill) | $21 \%$ | $19 \%$ | $21 \%$ | $10 \%$ |  |
| Safe period/Rhythm method | $33 \%$ | $23 \%$ | $26 \%$ | $30 \%$ | $7 \%$ |
| Sex without penetration ('outercourse') | $31 \%$ | $22 \%$ | $22 \%$ | $10 \%$ |  |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

61b: Please select all the contraceptive methods listed that are reliable to stop infections like HIV/AIDS:

|  | Year 8 |  | Year 10 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male | Female |
| All |  |  |  |  |  |
| None | $30 \%$ | $34 \%$ | $12 \%$ | $14 \%$ | $23 \%$ |
| Condoms | $51 \%$ | $43 \%$ | $70 \%$ | $74 \%$ | $59 \%$ |
| Diaphragm (Cap) | $4 \%$ | $6 \%$ | $13 \%$ | $13 \%$ | $9 \%$ |
| Pill (Contraceptive Pill or mini-pill) | $11 \%$ | $16 \%$ | $14 \%$ | $8 \%$ | $12 \%$ |
| Female condom (Femidom) | $24 \%$ | $18 \%$ | $40 \%$ | $47 \%$ | $33 \%$ |
| Emergency Contraception (Morning-after Pill) | $5 \%$ | $9 \%$ | $8 \%$ | $7 \%$ | $7 \%$ |
| Safe period/Rhythm method | $5 \%$ | $4 \%$ | $7 \%$ | $3 \%$ | $5 \%$ |
| Sex without penetration ('outercourse') | $14 \%$ | $13 \%$ | $25 \%$ | $13 \%$ | $16 \%$ |
| None of the above (or missing data) | $15 \%$ | $15 \%$ | $15 \%$ | $9 \%$ | $13 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

62: In the past 12 months, how many accidents have you had that were treated by a doctor or at a hospital?


63: Most recent accident: What sort of accident was it?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 58\% | 61\% | 61\% | 67\% | 62\% |
| A burn or scald |  | 2\% | 3\% | 1\% | 3\% | 2\% |
| A cut |  | 9\% | 5\% | 9\% | 4\% | 6\% |
| A broken bone |  | 9\% | 8\% | 13\% | 7\% | 9\% |
| A bruise, graze or sprain |  | 13\% | 13\% | 7\% | 12\% | 12\% |
| I couldn't breathe |  | 2\% | 1\% | 1\% | 2\% | 2\% |
| I swallowed something |  | 2\% | 0\% | 1\% | 1\% | 1\% |
| Hurt my teeth, mouth or jaw |  | 2\% | 2\% | 3\% | 1\% | 2\% |
| Other |  | 3\% | 7\% | 5\% | 4\% | 5\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 210 | 335 | 231 | 350 | 1126 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

64: Most recent accident: What were you doing?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 59\% | 61\% | 61\% | 67\% | 63\% |
| Walking or running |  | 10\% | 9\% | 6\% | 9\% | 8\% |
| Swimming or near water |  | 1\% | 2\% | 1\% | 1\% | 1\% |
| Playing sport |  | 20\% | 12\% | 21\% | 12\% | 15\% |
| Doing my paid j |  | 1\% | 0\% | 1\% | 1\% | 1\% |
| Other |  | 9\% | 16\% | 10\% | 11\% | 12\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 208 | 332 | 231 | 347 | 1118 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

65: Most recent accident: Where were you?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 58\% | 61\% | 61\% | 68\% | 63\% |
| In a car |  | 1\% | 0\% | 0\% | 0\% | 0\% |
| On a bike |  | 7\% | 1\% | 3\% | 1\% | 3\% |
| At home |  | 11\% | 13\% | 8\% | 11\% | 11\% |
| At school |  | 9\% | 12\% | 10\% | 8\% | 10\% |
| Other |  | 13\% | 13\% | 16\% | 12\% | 13\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 210 | 334 | 231 | 346 | 1121 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

66: When you cycle, do you wear a safety helmet?


67: How many times did you clean your teeth yesterday?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| None | $2 \%$ | $1 \%$ | $1 \%$ | $0 \%$ | $1 \%$ |  |
| Once | $21 \%$ | $8 \%$ | $22 \%$ | $8 \%$ | $13 \%$ |  |
| Twice | $72 \%$ | $83 \%$ | $69 \%$ | $81 \%$ | $77 \%$ |  |
| Three times or more | $5 \%$ | $8 \%$ | $7 \%$ | $12 \%$ | $8 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 224 | 349 | 241 | 359 | 1173 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

68: How long ago did you last visit the dentist?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| In the past 7 days |  | 7\% | 7\% | 8\% | 7\% | 7\% |
| In the past month |  | 19\% | 19\% | 19\% | 21\% | 20\% |
| In the past 3 months |  | 36\% | 35\% | 29\% | 36\% | 34\% |
| In the past 6 months |  | 25\% | 26\% | 29\% | 25\% | 26\% |
| In the past year |  | 6\% | 8\% | 7\% | 5\% | 6\% |
| More than a year ago |  | 7\% | 4\% | 8\% | 6\% | 6\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 218 | 347 | 238 | 357 | 1160 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

## 69: How long ago did you last visit the doctor?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| In the past 7 days |  | 6\% | 8\% | 6\% | 6\% | 7\% |
| In the past month |  | 24\% | 19\% | 10\% | 17\% | 18\% |
| In the past 3 months |  | 13\% | 16\% | 20\% | 21\% | 18\% |
| In the past 6 months |  | 20\% | 19\% | 23\% | 22\% | 21\% |
| In the past year |  | 16\% | 17\% | 21\% | 15\% | 17\% |
| More than a year ago |  | 21\% | 21\% | 21\% | 19\% | 20\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 218 | 343 | 239 | 358 | 1158 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

70: On this last visit did you feel at ease with the doctor?


71: During the last 7 days, on how many days have you used any of the following remedies or medications? \% responding on at least one day

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| Medicine for coughs or colds | 20\% | 25\% | 18\% | 24\% | 22\% |
| Medicine for asthma (pills, inhaler) | 11\% | 9\% | 10\% | 10\% | 10\% |
| Creams or ointments for your skin | 17\% | 34\% | 16\% | 40\% | 29\% |
| Vitamin tablets | 16\% | 20\% | 10\% | 18\% | 17\% |
| Antibiotics from your doctor | 9\% | 8\% | 7\% | 8\% | 8\% |
| Painkillers (for headaches, etc.) | 16\% | 33\% | 26\% | 49\% | 33\% |
| Laxatives | 3\% | 1\% | 3\% | 1\% | 2\% |
| Herbal or homeopathic remedies | 5\% | 5\% | 3\% | 6\% | 5\% |
| Other | 4\% | 2\% | 5\% | 5\% | 4\% |
| None of the above (or missing data) | 54\% | 33\% | 53\% | 28\% | 40\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

## 72: How many hours sleep did you get last night?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| 5 or fewer |  | 5\% | 4\% | 7\% | 7\% | 6\% |
| 6 |  | 3\% | 4\% | 9\% | 9\% | 6\% |
| 7 |  | 8\% | 10\% | 18\% | 16\% | 13\% |
| 8 |  | 26\% | 27\% | 26\% | 38\% | 30\% |
| 9 |  | 34\% | 32\% | 28\% | 22\% | 28\% |
| 10 |  | 14\% | 17\% | 7\% | 7\% | 11\% |
| 11 |  | 5\% | 5\% | 3\% | 1\% | 3\% |
| 12 or more |  | 6\% | 1\% | 2\% | 0\% | 2\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 200 | 331 | 228 | 341 | 1100 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

73a: Is the amount of sleep you normally get enough for you to stay alert and concentrate on your school work?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $16 \%$ | $13 \%$ | $18 \%$ | $21 \%$ | $17 \%$ |  |
| Yes | $84 \%$ | $87 \%$ | $82 \%$ | $79 \%$ | $83 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 202 | 332 | 229 | 340 | 1103 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

73b: Is the amount of sleep you normally get enough for your health?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $15 \%$ | $16 \%$ | $18 \%$ | $21 \%$ | $18 \%$ |  |
| Yes | $85 \%$ | $84 \%$ | $82 \%$ | $79 \%$ | $82 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 197 | 330 | 225 | 338 | 1090 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

74: Do you try anything to avoid sunburn?


75: How do you rate the following in the area where you live? \% responding 'good' or 'very good'

|  | Year 8 |  | Year 10 |  |  |
| :--- | ---: | ---: | ---: | ---: | :---: |
|  | Male |  | Female |  |  |
| Your safety when going out after dark | $40 \%$ | $46 \%$ | $41 \%$ | $33 \%$ | $40 \%$ |
| Your safety when going out during the day | $67 \%$ | $78 \%$ | $74 \%$ | $70 \%$ | $73 \%$ |
| Your safety at school | $62 \%$ | $74 \%$ | $67 \%$ | $73 \%$ | $70 \%$ |
| Your safety when going to and from school | $59 \%$ | $69 \%$ | $66 \%$ | $63 \%$ | $65 \%$ |
| None of the above (or missing data) | $26 \%$ | $14 \%$ | $21 \%$ | $19 \%$ | $19 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

75: How do you rate the following in the area where you live? \% responding 'poor' or 'very poor'

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| Your safety when going out after dark | 14\% | 17\% | 18\% | 23\% | 18\% |
| Your safety when going out during the day | 5\% | 2\% | 6\% | 3\% | 4\% |
| Your safety at school | 6\% | 4\% | 9\% | 3\% | 5\% |
| Your safety when going to and from school | 7\% | 5\% | 8\% | 5\% | 6\% |
| None of the above (or missing data) | 81\% | 78\% | 78\% | 75\% | 78\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

76a: In the last 12 months, have you been the victim of violence or aggression in the area where you live?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $78 \%$ | $86 \%$ | $78 \%$ | $89 \%$ | $84 \%$ |  |
| Not sure | $12 \%$ | $7 \%$ | $10 \%$ | $3 \%$ | $8 \%$ |  |
| Yes | $10 \%$ | $7 \%$ | $12 \%$ | $8 \%$ | $9 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 205 | 334 | 235 | 344 | 1118 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

76b: If yes, was this from an adult?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 79\% | 87\% | 78\% | 90\% | 85\% |
| No <br> Not sure |  | 11\% | 7\% | 15\% | 5\% | 9\% |
|  |  | 7\% | 4\% | 6\% | 2\% | 4\% |
| Yes |  | 3\% | 2\% | 2\% | 3\% | 2\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 202 | 330 | 234 | 341 | 1107 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

77a: Do you or your friends carry weapons or other things for protection when going out?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $62 \%$ | $63 \%$ | $66 \%$ | $72 \%$ | $66 \%$ |  |
| Not sure | $17 \%$ | $17 \%$ | $15 \%$ | $11 \%$ | $15 \%$ |  |
| Fairly sure | $11 \%$ | $9 \%$ | $7 \%$ | $8 \%$ | $9 \%$ |  |
| Certain | $11 \%$ | $11 \%$ | $12 \%$ | $9 \%$ | $10 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 206 | 332 | 229 | 344 | 1111 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

77b: If yes, what weapons or other things are they?

N.B. Paper data only.

78: In general, how satisfied do you feel with your life at the moment?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not at all |  | 6\% | 6\% | 5\% | 3\% | 5\% |
| Not much |  | 8\% | 10\% | 9\% | 17\% | 11\% |
| Not sure |  | 19\% | 18\% | 23\% | 22\% | 20\% |
| Quite a lot |  | 34\% | 42\% | 40\% | 47\% | 42\% |
| A lot |  | 32\% | 25\% | 22\% | 12\% | 22\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 195 | 326 | 232 | 335 | 1088 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

79: How many lessons do you enjoy at school?


80: GCSEs: Which of these statements best describes you?


## 81: After the end of Year 11, do you want to...:

|  | Year 8 |  | Year 10 |  |  |
| :--- | ---: | ---: | ---: | ---: | :---: |
|  | Male |  | Female | Male |  |
| All |  |  |  |  |  |
|  | $21 \%$ | $48 \%$ | $36 \%$ | $66 \%$ | $46 \%$ |
| Find a job a soon as you can? | $29 \%$ | $29 \%$ | $36 \%$ | $33 \%$ | $32 \%$ |
| Get training for a skilled job? | $42 \%$ | $41 \%$ | $39 \%$ | $28 \%$ | $37 \%$ |
| Stay in the neighbourhood where you live? | $18 \%$ | $25 \%$ | $23 \%$ | $32 \%$ | $25 \%$ |
| None of the above (or missing data) | $36 \%$ | $24 \%$ | $26 \%$ | $18 \%$ | $25 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

82: Please think about each of the following statements...: \% responding 'agree'

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| The school cares whether I am happy or not | 32\% | 41\% | 31\% | 30\% | 34\% |
| My work is marked so I can see how to improve it | 48\% | 59\% | 53\% | 50\% | 53\% |
| I set my own targets and I am helped to meet them | 31\% | 41\% | 33\% | 31\% | 34\% |
| My achievements in and out of school are recognised | 32\% | 39\% | 35\% | 25\% | 32\% |
| The school teaches me how to manage my feelings | 19\% | 24\% | 16\% | 11\% | 17\% |
| The school helps me work as part of a team | 40\% | 48\% | 35\% | 41\% | 42\% |
| In this school people with different backgrounds are valued | 36\% | 48\% | 40\% | 44\% | 43\% |
| The school encourages everyone to take part in decisions | 37\% | 52\% | 41\% | 48\% | 45\% |
| The school encourages me to contribute to community events | 28\% | 37\% | 27\% | 28\% | 31\% |
| What pupils say makes a difference to what the school decides | 25\% | 34\% | 20\% | 20\% | 25\% |
| None of the above (or missing data) | 39\% | 25\% | $31 \%$ | 27\% | 30\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

## 83: Do you think your views and opinions are asked for in school?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| No |  | 23\% | 16\% | 26\% | 26\% | 22\% |
| Don't know |  | 43\% | 47\% | 43\% | 33\% | 41\% |
| Yes |  | 34\% | 37\% | 31\% | 41\% | 37\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 184 | 319 | 220 | 318 | 1041 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

84: Do you feel your views and opinions make a difference to the decisions taken in school?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $31 \%$ | $25 \%$ | $36 \%$ | $51 \%$ |  |  |
| Don't know | $46 \%$ | $53 \%$ | $46 \%$ | $36 \%$ | $45 \%$ |  |
| Yes | $23 \%$ | $22 \%$ | $18 \%$ | $13 \%$ | $18 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 184 | 317 | 221 | 318 | 1040 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

85: Do you feel your views and opinions are asked for by organisations outside school?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $28 \%$ | $29 \%$ | $32 \%$ | $38 \%$ | $32 \%$ |  |
| Don't know | $55 \%$ | $56 \%$ | $51 \%$ | $38 \%$ | $49 \%$ |  |
| Yes | $16 \%$ | $16 \%$ | $17 \%$ | $23 \%$ | $18 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 183 | 317 | 220 | 316 | 1036 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

86: Do you feel your views and opinions make a difference to decisions taken outside school?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $29 \%$ | $27 \%$ | $28 \%$ | $40 \%$ | $31 \%$ |  |
| Don't know | $57 \%$ | $57 \%$ | $55 \%$ | $42 \%$ | $52 \%$ |  |
| Yes | $15 \%$ | $16 \%$ | $17 \%$ | $19 \%$ | $17 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 184 | 318 | 218 | 312 | 1032 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

87: Do you do any special jobs or have any responsibilities in school?

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| Playground pal/buddy | 9\% | 4\% | 7\% | 3\% | 5\% |
| Special job in my class (e.g. take register to office) | 7\% | 11\% | 7\% | 9\% | 9\% |
| Other | 8\% | 11\% | 6\% | 12\% | 9\% |
| None of the above (or missing data) | 83\% | 79\% | 87\% | 78\% | 81\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

88: Have you had a chance to do jobs like this if you wanted?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $34 \%$ | $28 \%$ | $39 \%$ | $28 \%$ | $31 \%$ |  |
| Don't know | $32 \%$ | $26 \%$ | $23 \%$ | $23 \%$ | $26 \%$ |  |
| Yes | $35 \%$ | $46 \%$ | $38 \%$ | $49 \%$ | $43 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 179 | 313 | 220 | 316 | 1028 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

89: Do you ever feel afraid of going to school because of bullying?


90: Have you been bullied at or near school in the last 12 months?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| No |  | 66\% | 69\% | 75\% | 73\% | 71\% |
| Don't know |  | 15\% | 10\% | 9\% | 9\% | 11\% |
| Yes |  | 19\% | 20\% | 16\% | 18\% | 18\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 180 | 309 | 219 | 307 | 1015 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

91: Have you bullied someone else at school in the last 12 months?

|  | Year 8 |  | Year 10 |  |  |  |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female | All |  |  |  |  |  |  |  |  |
| No | $77 \%$ | $89 \%$ | $77 \%$ | $88 \%$ | $84 \%$ |  |  |  |  |  |  |  |  |
| Don't know | $16 \%$ | $7 \%$ | $16 \%$ | $9 \%$ | $11 \%$ |  |  |  |  |  |  |  |  |
| Yes | $7 \%$ | $4 \%$ | $7 \%$ | $3 \%$ | $5 \%$ |  |  |  |  |  |  |  |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |  |  |  |  |  |  |  |
|  | Total Sample (Count) |  |  |  |  |  |  |  | Count | 179 | 311 | 218 | 306 | 1014 |

## 92: Do you think your school takes bullying seriously?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $18 \%$ | $10 \%$ | $20 \%$ | $16 \%$ | $15 \%$ |  |
| Don't know | $22 \%$ | $26 \%$ | $32 \%$ | $28 \%$ | $27 \%$ |  |
| Yes | $60 \%$ | $65 \%$ | $48 \%$ | $56 \%$ | $58 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 179 | 310 | 217 | 305 | 1011 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

93: Do you think you are being picked on or bullied for any of the following?

|  | Year 8 |  | Year 10 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male | Female | Male | Female | All |
| Your size or weight | $12 \%$ | $10 \%$ | $13 \%$ | $11 \%$ | $11 \%$ |
| The way you look | $12 \%$ | $18 \%$ | $13 \%$ | $20 \%$ | $16 \%$ |
| The clothes you wear | $3 \%$ | $6 \%$ | $7 \%$ | $10 \%$ | $7 \%$ |
| Your colour, race or religion | $2 \%$ | $3 \%$ | $4 \%$ | $4 \%$ | $3 \%$ |
| Sexuality (being straight, gay, lesbian or <br> bisexual) | $3 \%$ | $1 \%$ | $6 \%$ | $4 \%$ | $3 \%$ |
| Your health or disability | $4 \%$ | $3 \%$ | $5 \%$ | $4 \%$ | $4 \%$ |
| Because of someone in your family | $4 \%$ | $4 \%$ | $6 \%$ | $6 \%$ | $5 \%$ |
| Other reason | $5 \%$ | $8 \%$ | $9 \%$ | $8 \%$ | $8 \%$ |
| None of the above (or missing data) | $79 \%$ | $74 \%$ | $74 \%$ | $71 \%$ | $74 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

|  | Family | Friends | Someone at school (teacher or other adult) | Connexions personal advisor | Doctor, Nurse or other health worker | Local advice centre | Books and magazines | Internet e.g. web pages | Telephone helpline | No-one/ nowhere | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| School-work problems | 36\% | 5\% | 18\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 5\% | 36\% |
| Exams and tests | 31\% | 6\% | 20\% | 1\% | 0\% | 0\% | 0\% | 0\% | 0\% | 5\% | 36\% |
| Money problems | 46\% | 1\% | 2\% | 1\% | 0\% | 2\% | 0\% | 0\% | 0\% | 11\% | 37\% |
| Health | 42\% | 2\% | 1\% | 0\% | 9\% | 0\% | 0\% | 1\% | 0\% | 7\% | 37\% |
| The way you look | 34\% | 9\% | 2\% | 0\% | 1\% | 0\% | 0\% | 0\% | 0\% | 14\% | 38\% |
| Parents/carers not getting on with each other | 27\% | 12\% | 4\% | 3\% | 0\% | 2\% | 0\% | 2\% | 1\% | 11\% | 38\% |
| Parents/carers not getting on with children at home | 26\% | 9\% | 6\% | 2\% | 1\% | 3\% | 0\% | 1\% | 2\% | 12\% | 38\% |
| Shouting and arguing at home | 29\% | 10\% | 5\% | 2\% | 0\% | 2\% | 0\% | 1\% | 2\% | 11\% | 38\% |
| Physical aggression at home (hitting, pushing, etc.) | 25\% | 9\% | 5\% | 3\% | 0\% | 2\% | 0\% | 0\% | 5\% | 12\% | 38\% |
| Problems with friends | 40\% | 9\% | 4\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 8\% | 38\% |
| Feeling sad or upset a lot of the time | 41\% | 9\% | 2\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 8\% | 38\% |
| Relationships with boy-/girlfriend | 30\% | 17\% | 1\% | 1\% | 1\% | 0\% | 0\% | 0\% | 0\% | 11\% | 39\% |
| Sexually transmitted diseases/infections | 29\% | 4\% | 0\% | 0\% | 13\% | 0\% | 0\% | 1\% | 0\% | 13\% | 39\% |
| Alcohol | 35\% | 6\% | 1\% | 1\% | 4\% | 0\% | 0\% | 0\% | 1\% | 12\% | 39\% |
| Drugs | 34\% | 7\% | 0\% | 0\% | 5\% | 0\% | 0\% | 0\% | 2\% | 13\% | 39\% |
| Crime | 35\% | 7\% | 1\% | 0\% | 1\% | 1\% | 0\% | 1\% | 1\% | 14\% | 39\% |
| If an adult was asking you to do something you did not want to or felt wasn't right | 34\% | 9\% | 3\% | 0\% | 0\% | 1\% | 0\% | 0\% | 3\% | 8\% | 42\% |


|  | Family | Friends | Someone at school (teacher or other adult) | Connexions personal advisor | Doctor, Nurse or other health worker | Local advice centre | Books and magazines | Internet e.g. web pages | Telephone helpline | No-one/ nowhere | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| School-work problems | 38\% | 17\% | 18\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 3\% | 22\% |
| Exams and tests | 36\% | 13\% | 25\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 3\% | 22\% |
| Money problems | 62\% | 4\% | 1\% | 0\% | 0\% | 1\% | 0\% | 0\% | 0\% | 9\% | 22\% |
| Health | 52\% | 7\% | 1\% | 0\% | 13\% | 0\% | 0\% | 1\% | 1\% | 3\% | 22\% |
| The way you look | 33\% | 31\% | 0\% | 0\% | 1\% | 0\% | 2\% | 1\% | 0\% | 10\% | 22\% |
| Parents/carers not getting on with each other | 17\% | 37\% | 6\% | 3\% | 1\% | 2\% | 1\% | 0\% | 1\% | 11\% | 23\% |
| Parents/carers not getting on with children at home | 17\% | 32\% | 8\% | 4\% | 1\% | 2\% | 0\% | 0\% | 2\% | 12\% | 23\% |
| Shouting and arguing at home | 19\% | 33\% | 10\% | 2\% | 1\% | 2\% | 0\% | 0\% | 2\% | 8\% | 24\% |
| Physical aggression at home (hitting, pushing, etc.) | 18\% | 21\% | 14\% | 3\% | 2\% | 1\% | 0\% | 0\% | 5\% | 10\% | 25\% |
| Problems with friends | 50\% | 13\% | 7\% | 1\% | 0\% | 1\% | 1\% | 0\% | 0\% | 5\% | 23\% |
| Feeling sad or upset a lot of the time | 39\% | 26\% | 3\% | 1\% | 1\% | 1\% | 0\% | 0\% | 0\% | 7\% | 23\% |
| Relationships with boy-/girlfriend | 24\% | 44\% | 1\% | 1\% | 0\% | 0\% | 1\% | 0\% | 0\% | 7\% | 23\% |
| Sexually transmitted diseases/infections | 34\% | 7\% | 2\% | 0\% | 21\% | 0\% | 1\% | 0\% | 0\% | 11\% | 25\% |
| Alcohol | 43\% | 10\% | 1\% | 2\% | 6\% | 2\% | 0\% | 1\% | 1\% | 11\% | 24\% |
| Drugs | 42\% | 11\% | 2\% | 1\% | 6\% | 1\% | 0\% | 1\% | 1\% | 11\% | 25\% |
| Crime | 44\% | 11\% | 2\% | 2\% | 0\% | 2\% | 0\% | 0\% | 2\% | 11\% | 25\% |
| If an adult was asking you to do something you did not want to or felt wasn't right | 38\% | 15\% | 8\% | 2\% | 0\% | 2\% | 0\% | 0\% | 4\% | 6\% | 26\% |

94: Where would you go first for help or information about the following?

|  | Family | Friends | Someone at school (teacher or other adult) | Connexions personal advisor | Doctor, Nurse or other health worker | $\begin{gathered} \text { Local advice } \\ \text { centre } \end{gathered}$ | Books and magazines | Internet e.g. web pages | Telephone helpline | No-one/ nowhere | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| School-work problems | 35\% | 14\% | 22\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 5\% | 23\% |
| Exams and tests | 30\% | 14\% | 28\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 4\% | 23\% |
| Money problems | 60\% | 4\% | 1\% | 1\% | 0\% | 1\% | 0\% | 0\% | 0\% | 10\% | 23\% |
| Health | 48\% | 6\% | 0\% | 1\% | 15\% | 0\% | 0\% | 2\% | 0\% | 6\% | 23\% |
| The way you look | 32\% | 19\% | 0\% | 0\% | 3\% | 1\% | 0\% | 1\% | 0\% | 21\% | 23\% |
| Parents/carers not getting on with each other | 25\% | 21\% | 4\% | 2\% | 0\% | 5\% | 1\% | 0\% | 2\% | 15\% | 24\% |
| Parents/carers not getting on with children at home | 24\% | 21\% | 5\% | 2\% | 0\% | 4\% | 1\% | 1\% | 3\% | 16\% | 24\% |
| Shouting and arguing at home | 24\% | 22\% | 3\% | 3\% | 0\% | 3\% | 0\% | 2\% | 2\% | 14\% | 25\% |
| Physical aggression at home (hitting, pushing, etc.) | 22\% | 20\% | 7\% | 2\% | 1\% | 3\% | 0\% | 1\% | 4\% | 15\% | 25\% |
| Problems with friends | 37\% | 22\% | 4\% | 1\% | 0\% | 0\% | 0\% | 0\% | 0\% | 10\% | 25\% |
| Feeling sad or upset a lot of the time | 37\% | 24\% | 2\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 11\% | 25\% |
| Relationships with boy-/girlfriend | 27\% | 34\% | 1\% | 0\% | 0\% | 1\% | 0\% | 0\% | 0\% | 12\% | 25\% |
| Sexually transmitted diseases/infections | 28\% | 9\% | 3\% | 1\% | 20\% | 0\% | 0\% | 1\% | 1\% | 11\% | 26\% |
| Alcohol | 31\% | 18\% | 1\% | 1\% | 7\% | 2\% | 0\% | 1\% | 1\% | 12\% | 25\% |
| Drugs | 30\% | 16\% | 1\% | 1\% | 8\% | 3\% | 0\% | 1\% | 1\% | 13\% | 26\% |
| Crime | 33\% | 17\% | 1\% | 2\% | 1\% | 4\% | 1\% | 1\% | 0\% | 13\% | 26\% |
| If an adult was asking you to do something you did not want to or felt wasn't right | 35\% | 16\% | 4\% | 1\% | 0\% | 1\% | 0\% | 1\% | 3\% | 10\% | 28\% |

N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

|  | Family | Friends | Someone at school (teacher or other adult) | Connexions personal advisor | Doctor, Nurse or other health worker | Local advice centre | Books and magazines | Internet e.g. web pages | Telephone helpline | No-one/ nowhere | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| School-work problems | 29\% | 19\% | 22\% | 0\% | 0\% | 0\% | 0\% | 2\% | 0\% | 6\% | 23\% |
| Exams and tests | 26\% | 15\% | 30\% | 0\% | 0\% | 0\% | 0\% | 2\% | 0\% | 4\% | 23\% |
| Money problems | 59\% | 4\% | 1\% | 1\% | 0\% | 0\% | 0\% | 1\% | 0\% | 10\% | 23\% |
| Health | 45\% | 8\% | 0\% | 0\% | 14\% | 0\% | 1\% | 3\% | 0\% | 7\% | 23\% |
| The way you look | 24\% | 34\% | 0\% | 0\% | 1\% | 0\% | 2\% | 2\% | 0\% | 14\% | 23\% |
| Parents/carers not getting on with each other | 14\% | 38\% | 6\% | 1\% | 0\% | 0\% | 0\% | 1\% | 1\% | 15\% | 23\% |
| Parents/carers not getting on with children at home | 13\% | 38\% | 7\% | 2\% | 0\% | 1\% | 0\% | 1\% | 1\% | 15\% | 23\% |
| Shouting and arguing at home | 13\% | 38\% | 6\% | 1\% | 1\% | 0\% | 0\% | 0\% | 1\% | 16\% | 23\% |
| Physical aggression at home (hitting, pushing, etc.) | 12\% | 27\% | 12\% | 1\% | 1\% | 1\% | 0\% | 1\% | 4\% | 17\% | 24\% |
| Problems with friends | 46\% | 15\% | 5\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 9\% | 24\% |
| Feeling sad or upset a lot of the time | 28\% | 35\% | 3\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 11\% | 23\% |
| Relationships with boy-/girlfriend | 15\% | 52\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 8\% | 23\% |
| Sexually transmitted diseases/infections | 18\% | 15\% | 1\% | 0\% | 26\% | 1\% | 0\% | 3\% | 0\% | 12\% | 24\% |
| Alcohol | 24\% | 32\% | 1\% | 0\% | 6\% | 1\% | 0\% | 2\% | 1\% | 11\% | 23\% |
| Drugs | 25\% | 27\% | 1\% | 1\% | 6\% | 1\% | 0\% | 2\% | 1\% | 12\% | 24\% |
| Crime | 28\% | 24\% | 2\% | 1\% | 2\% | 2\% | 0\% | 2\% | 1\% | 13\% | 25\% |
| If an adult was asking you to do something you did not want to or felt wasn't right | 31\% | 23\% | 7\% | 1\% | 1\% | 1\% | 0\% | 1\% | 3\% | 8\% | 25\% | 94: Where would you go first for help or information about the following?


|  | Family | Friends | Someone at school (teacher or other adult) | Connexions personal advisor | Doctor, Nurse or other health worker | Local advice centre | Books and magazines | Internet e.g. web pages | Telephone helpline | No-one/ nowhere | (Missing) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| School-work problems | 34\% | 15\% | 20\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 5\% | 25\% |
| Exams and tests | 31\% | 12\% | 26\% | 0\% | 0\% | 0\% | 0\% | 1\% | 0\% | 4\% | 25\% |
| Money problems | 58\% | 3\% | 1\% | 1\% | 0\% | 1\% | 0\% | 1\% | 0\% | 10\% | 26\% |
| Health | 47\% | 6\% | 0\% | 0\% | 13\% | 0\% | 0\% | 2\% | 0\% | 6\% | 26\% |
| The way you look | 30\% | 25\% | 0\% | 0\% | 1\% | 0\% | 1\% | 1\% | 0\% | 14\% | 26\% |
| Parents/carers not getting on with each other | 19\% | 29\% | 5\% | 2\% | 0\% | 2\% | 0\% | 1\% | 1\% | 13\% | 26\% |
| Parents/carers not getting on with children at home | 19\% | 27\% | 7\% | 2\% | 0\% | 2\% | 0\% | 1\% | 2\% | 14\% | 26\% |
| Shouting and arguing at home | 20\% | 28\% | 6\% | 2\% | 1\% | 2\% | 0\% | 1\% | 2\% | 12\% | 27\% |
| Physical aggression at home (hitting, pushing, etc.) | 19\% | 20\% | 10\% | 2\% | 1\% | 2\% | 0\% | 1\% | 5\% | 14\% | 27\% |
| Problems with friends | 44\% | 15\% | 5\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 8\% | 26\% |
| Feeling sad or upset a lot of the time | 36\% | 25\% | 3\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 9\% | 26\% |
| Relationships with boy-/girlfriend | 23\% | 39\% | 1\% | 1\% | 0\% | 0\% | 0\% | 0\% | 0\% | 9\% | 27\% |
| Sexually transmitted diseases/infections | 27\% | 9\% | 1\% | 0\% | 21\% | 0\% | 0\% | 1\% | 0\% | 12\% | 28\% |
| Alcohol | 33\% | 17\% | 1\% | 1\% | 6\% | 1\% | 0\% | 1\% | 1\% | 11\% | 27\% |
| Drugs | 33\% | 16\% | 1\% | 1\% | 6\% | 1\% | 0\% | 1\% | 1\% | 12\% | 27\% |
| Crime | 35\% | 15\% | 2\% | 2\% | 1\% | 2\% | 0\% | 1\% | 1\% | 12\% | 28\% |
| If an adult was asking you to do something you did not want to or felt wasn't right | 34\% | 16\% | 6\% | 1\% | 0\% | 1\% | 0\% | 1\% | 3\% | 8\% | 29\% |

95: These questions are about the Internet: \% responding 'yes'

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| a) Have you ever chatted on the Internet? | 48\% | 64\% | 66\% | 69\% | 63\% |
| If YES, have you ever got a chat message that scared you or made you upset? | 8\% | 13\% | 7\% | 23\% | 14\% |
| b) Have you ever been told how to stay safe while chatting online? | 49\% | 70\% | 59\% | 70\% | 64\% |
| If yes, do you always follow the advice you have been given? | 35\% | 57\% | 35\% | 52\% | 46\% |
| c) Have you ever met someone in real life whom you first met online? | 12\% | 6\% | 21\% | 21\% | 15\% |
| d) Have you ever seen pictures online that were for adults-only? | 20\% | 16\% | 48\% | 29\% | 27\% |
| e) Have you ever looked online for adults-only pictures/videos? | 16\% | 2\% | 43\% | 7\% | 15\% |
| f) Have you ever seen pictures online that upset you? | 7\% | 22\% | 15\% | 26\% | 19\% |
| g) Have you ever placed a bet or played games for money online? | 5\% | 1\% | 10\% | 3\% | 4\% |
| h) Do you have a profile on MySpace/Facebook/Bebo? | 38\% | 54\% | 64\% | 68\% | 57\% |
| If YES, is your profile set to be friends-only and not public? | 20\% | 42\% | 37\% | 44\% | 37\% |
| None of the above (or missing data) | 42\% | 25\% | 26\% | 26\% | 29\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

96a: How long did you spend doing each of these things below after school yesterday? Watching TV, videos or DVDs:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| No time at all |  | 15\% | 15\% | 17\% | 13\% | 15\% |
| Up to 1 hour |  | 35\% | 39\% | 29\% | 30\% | 33\% |
| Up to 2 hours |  | 25\% | 29\% | 28\% | 31\% | 29\% |
| Up to 3 hours |  | 9\% | 8\% | 12\% | 16\% | 11\% |
| More than 3 hours |  | 17\% | 8\% | 15\% | 10\% | 11\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 156 | 286 | 199 | 283 | 924 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

96b: How long did you spend doing each of these things below after school yesterday? Doing homework:

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| No time at all |  | 35\% | 18\% | 35\% | 19\% | 25\% |
| Up to 1 hour |  | 45\% | 45\% | 45\% | 40\% | 43\% |
| Up to 2 hours |  | 13\% | 22\% | 14\% | 23\% | 19\% |
| Up to 3 hours |  | 2\% | 12\% | 5\% | 13\% | 9\% |
| More than 3 hours |  | 5\% | 4\% | 2\% | 4\% | 4\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 155 | 285 | 199 | 283 | 922 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

96c: How long did you spend doing each of these things below after school yesterday? Playing computer games:


97: Did you spend any time doing any of these things after school yesterday?

|  | Year 8 |  | Year 10 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male | Female | Male | Female | All |
| Met with friends | $31 \%$ | $27 \%$ | $33 \%$ | $31 \%$ | $30 \%$ |
| Used a computer for school work | $26 \%$ | $51 \%$ | $37 \%$ | $46 \%$ | $42 \%$ |
| Read a book for enjoyment | $18 \%$ | $37 \%$ | $17 \%$ | $21 \%$ | $24 \%$ |
| Cared for pets | $34 \%$ | $49 \%$ | $38 \%$ | $44 \%$ | $42 \%$ |
| Played a musical instrument | $13 \%$ | $26 \%$ | $16 \%$ | $18 \%$ | $19 \%$ |
| Cared for family members (e.g. young child, grandparent) | $22 \%$ | $24 \%$ | $21 \%$ | $21 \%$ | $22 \%$ |
| Helped/volunteered outside the home | $7 \%$ | $5 \%$ | $7 \%$ | $6 \%$ | $6 \%$ |
| Sport or other physical activity | $32 \%$ | $35 \%$ | $35 \%$ | $22 \%$ | $30 \%$ |
| Using the Internet for chat/e-mail | $32 \%$ | $45 \%$ | $46 \%$ | $53 \%$ | $45 \%$ |
| None of the above (or missing data) | $42 \%$ | $26 \%$ | $30 \%$ | $28 \%$ | $31 \%$ |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

98: Do you usually get pocket money?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| No, I don't usually get any |  | 25\% | 16\% | 22\% | 15\% | 19\% |
| No, I get money as I need it |  | 17\% | 21\% | 19\% | 21\% | 20\% |
| Yes, I get money every week |  | 38\% | 29\% | 35\% | 27\% | 31\% |
| Yes, I get money |  | 17\% | 26\% | 21\% | 34\% | 26\% |
| Other |  | 3\% | 8\% | 3\% | 2\% | 5\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 157 | 286 | 201 | 283 | 927 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

99: Have you put any of your own money into a savings scheme in the last 7 days?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Male |  | Female | Male | Female | All |
| No | $67 \%$ | $63 \%$ | $60 \%$ | $66 \%$ | $64 \%$ |  |
| Yes | $33 \%$ | $37 \%$ | $40 \%$ | $34 \%$ | $36 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 154 | 286 | 202 | 282 | 924 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

100: How much of your own money (say, from your wages or pocket money) have you spent during the last 7 days?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Nothing |  | 43\% | 35\% | 43\% | 32\% | 37\% |
| £0.01-£5 |  | 25\% | 27\% | 25\% | 17\% | 23\% |
| $£ 5.01$ - £10 |  | 13\% | 19\% | 8\% | 19\% | 16\% |
| £10.01-£20 |  | 11\% | 8\% | 12\% | 17\% | 12\% |
| £20.01-£30 |  | 3\% | 3\% | 3\% | 8\% | 5\% |
| £30.01-£40 |  | 1\% | 2\% | 1\% | 3\% | 2\% |
| Over $£ 40$ |  | 3\% | 5\% | 9\% | 5\% | 5\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 88 | 173 | 113 | 206 | 580 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

101: Did you spend any of this money on the following items during the last 7 days?

|  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female |  |
| Sweets, chocolate, etc. | 26\% | 30\% | 27\% | 25\% | 27\% |
| Fresh fruit | 9\% | 7\% | 6\% | 3\% | 6\% |
| Comics, magazines | 10\% | 12\% | 6\% | 9\% | 10\% |
| Books | 7\% | 7\% | 3\% | 5\% | 5\% |
| School equipment | 5\% | 8\% | 4\% | 6\% | 6\% |
| Fares | 5\% | 8\% | 9\% | 15\% | 10\% |
| Sports equipment | 11\% | 4\% | 12\% | 3\% | 7\% |
| Discos or clubs | 7\% | 6\% | 4\% | 3\% | 5\% |
| Clothes and footwear | 12\% | 23\% | 15\% | 26\% | 20\% |
| Cosmetics/toiletries | 2\% | 13\% | 4\% | 18\% | 10\% |
| CD's or other music | 13\% | 13\% | 14\% | 14\% | 13\% |
| Cigarettes | 1\% | 2\% | 5\% | 3\% | 3\% |
| Lottery scratch cards or draw tickets | 2\% | 1\% | 1\% | 1\% | 1\% |
| Crisps | 11\% | 8\% | 12\% | 8\% | 9\% |
| Fast food (hot) | 11\% | 7\% | 15\% | 13\% | 11\% |
| Soft drinks | 19\% | 22\% | 25\% | 18\% | 21\% |
| Youth club | 5\% | 5\% | 3\% | 2\% | 4\% |
| Computer games | 15\% | 2\% | 21\% | 2\% | 9\% |
| Alcoholic drinks | 2\% | 2\% | 7\% | 6\% | 4\% |
| Leisure/sports centre | 7\% | 4\% | 7\% | 4\% | 5\% |
| Videos/DVDs hire/bought | 10\% | 5\% | 8\% | 4\% | 6\% |
| Pets | 9\% | 13\% | 7\% | 6\% | 9\% |
| Arcade games (for fun) | 7\% | 2\% | 6\% | 0\% | 3\% |
| Arcade gambling | 4\% | 2\% | 1\% | 1\% | 2\% |
| Mobile phones (anything to do with them) | 13\% | 17\% | 15\% | 12\% | 14\% |
| Other | 2\% | 6\% | 2\% | 6\% | 4\% |
| None of the above (or missing data) | 59\% | 47\% | 50\% | 44\% | 49\% |
| Total Sample (Count) | 256 | 378 | 268 | 386 | 1288 |

N.B. Responses from several items listed: percentages are of total sample.

102: Have you a regular paid job during term-time?

|  |  | Year 8 |  | Year 10 |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
|  |  | Female | Male | Female | All |  |
| No | $91 \%$ | $92 \%$ | $74 \%$ | $82 \%$ | $85 \%$ |  |
| Yes | $9 \%$ | $8 \%$ | $26 \%$ | $18 \%$ | $15 \%$ |  |
| Valid Responses | $\%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ | $100 \%$ |
|  | Count | 152 | 278 | 194 | 264 | 888 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

103: Please select your regular paid term-time job from the following list:

|  | Year 8 |  | Year 10 |  | All |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Male |  | Female | Male |  |

104: How many hours did you work for money last week?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 92\% | 92\% | 74\% | 82\% | 85\% |
| None |  | 1\% | 1\% | 4\% | 2\% | 2\% |
| 1 hour |  | 1\% | 1\% | 2\% | 1\% | 1\% |
| 2 hours |  | 1\% | 1\% | 5\% | 3\% | 3\% |
| 3 hours |  | 3\% | 0\% | 3\% | 2\% | 2\% |
| 4 hours |  | 0\% | 1\% | 2\% | 3\% | 1\% |
| 5 hours |  | 1\% | 1\% | 2\% | 2\% | 2\% |
| 6-7 hours |  | 1\% | 0\% | 4\% | 3\% | 2\% |
| 8-10 hours |  | 1\% | 0\% | 3\% | 2\% | 1\% |
| 11-20 hours |  | 0\% | 1\% | 1\% | 1\% | 1\% |
| 21 hours or more |  | 0\% | 0\% | 0\% | 0\% | 0\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 150 | 277 | 192 | 264 | 883 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |

105: How much money did you receive last week from your regular paid work?

|  |  | Year 8 |  | Year 10 |  | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | Male | Female |  |
| Not applicable |  | 93\% | 94\% | 77\% | 83\% | 87\% |
| Nothing |  | 1\% | 1\% | 4\% | 2\% | 2\% |
| £0.01-£5 |  | 3\% | 1\% | 2\% | 0\% | 1\% |
| £5.01-£10 |  | 1\% | 1\% | 3\% | 2\% | 2\% |
| £10.01-£20 |  | 1\% | 1\% | 6\% | 7\% | 4\% |
| £20.01-£30 |  | 1\% | 0\% | 3\% | 3\% | 2\% |
| £30.01-£40 |  | 0\% | 1\% | 2\% | 1\% | 1\% |
| Over $£ 40$ |  | 0\% | 0\% | 3\% | 2\% | 1\% |
| Valid Responses | \% | 100\% | 100\% | 100\% | 100\% | 100\% |
|  | Count | 149 | 273 | 186 | 260 | 868 |
| Total Sample (Count) |  | 256 | 378 | 268 | 386 | 1288 |


[^0]:    N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

[^1]:    N.B. All percentages are of the total sample, the percentage of missing is declared for each item.

