

Practical resources to help Wiltshire secondary schools protect children and young people from sexual exploitation.

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Schools are well placed to teach pupils how to make positive choices and informed decisions in their relationships to build resilience and reduce vulnerability to sexual exploitation.

Kaleidoscope (2010)

This Wiltshire Key Stage 3 PSHE education scheme of work includes a focus on sex and relationships education. Kaleidoscope promotes the teaching of healthy relationships as well as key messages relating to e-safety, anti-bullying, assessing risk and keeping safe.

www.wiltshirehealthyschools.org/resources/schemes-of-work/kaleidoscope/

Positive relationships with school staff will encourage children to disclose any worries about their own safety or the safety of another pupil. **Wiltshire's Healthy Schools programme** promotes a whole school approach where PSHE education is linked to key policies, the school ethos and partnership working to create a safe learning environment. Accredited Wiltshire Healthy Schools have provided evidence to show how they are delivering Relationships and Sex Education and are helping to keep children safe from exploitation and abuse.

www.wiltshirehealthyschools.org/about/

The following resources can help provide a more specific focus on Child Sexual Exploitation (CSE):

Barnardo's

have published a range of resources that address CSE including:

- **Bwise2 Sexual Exploitation** (2010)

6 activity based sessions that can be delivered by teachers and school counsellors to pupils aged 12-17 years. Includes CD-ROM materials for printing or projecting. Price £85.

www.barnardos.org.uk/bwise2-sexual-exploitation/publication-view.jsp?pid=PUB-1263

- **Hidden: An educational resource on CSE** (2015)

Free online resource from the Barnardo's Welsh CSE service SERAF in partnership with the Welsh government. To access the film material, you need to request a password from deborah.campbell@wales.gsi.gov.uk

<http://hwb.wales.gov.uk/Resources/featured> search for: Hidden Direct link:

<http://hwb.wales.gov.uk/Resources/resource/9a96a74b-c215-402d-b314-3e5accf2d0f0>

- **Innocence** (2009)

14 minute film about a young adolescent girl, groomed by an older man into having sex with men for money. Based on real life experiences of young people from Barnardo's SECOS service.

www.barnardos.org.uk/what_we_do/who_we_are/northeast/north_east_what_we_do/ne_innocence.htm

- **Real Love Rocks** (2015)

Website for young people, parents and professionals. Resources on healthy relationships, consent, CSE, grooming, sexting, the impact of porn and keeping safe. A KS3 secondary school resource can be ordered for £95.

www.barnardosrealloverocks.org.uk/

Child Exploitation and Online Protection Centre (CEOP)

Information and resources for parents, children and teachers including lesson plans, games, videos and websites

www.ceop.police.uk

These include:

- **Think U know?**

Online resources for children and young people (aged 11-13 and 14+) and also information and resources for parents and teachers

www.thinkuknow.co.uk/

- **Exposed**

This 10 minute film helps young people to explore the feelings and attitudes that can lead to them sending nude images. Learners will be able to examine the responsibilities of partners towards each other and the way one mistake can have long-term repercussions.

www.thinkuknow.co.uk/professionals/resources/exposed/

- **Exploited** (2013)

This 18-minute film helps young people, aged 14+, learn to stay safe from sexual exploitation. It educates young people to identify features of an exploitative friendship or relationship in contrast with the development of a healthy relationship, and gives them clear information about how to report abuse and access support.

www.thinkuknow.co.uk/professionals/resources/exploited/

- **First to a Million** (2012)

This 18 minute film and supporting resources allows for interactive sessions based around the issues that can arise when films and images are posted online. Ages 11+

www.thinkuknow.co.uk/professionals/resources/first-to-a-million/

- **Webcam with Confidence**

This factsheet, for young people aged 14+, explains the basics of webcam safety. Emphasising the problems of using webcams to send nude images, it explains how offenders can manipulate and coerce young people into sending naked images, and gives clear information on how to stay safe.

www.thinkuknow.co.uk/professionals/resources/webcam-with-confidence/

- **Tom's Story**

This 5 minute film, with session plan and PowerPoint, is aimed at children aged 11-13 and covers the sensitive topic of contact sexual abuse which some learners may find distressing. It includes concepts such as grooming and online deception.

www.thinkuknow.co.uk/professionals/resources/toms-story/

- **Sam's Real Friends**

This 12 minute film is aimed at young people 11-13 in secondary education who are deaf, however the narrative and messages are also suitable for hearing learners who can follow the subtitles. The film explores the importance of online privacy.

www.thinkuknow.co.uk/professionals/resources/sams-real-friends/

- **Consequences** (2010)

This 8 minute film for 11-13 year olds reinforces the importance of keeping personal information and images private. Young people are shown why they should use privacy settings and are reminded that sex offenders can be young and attractive people.

www.thinkuknow.co.uk/professionals/resources/consequences/

- **Claire thought she knew** (2007)

Film (3-4 minutes) and supporting materials to raise awareness of the type of tactics used by adult offenders to groom young people online. Content and visual dated due to age.

www.thinkuknow.co.uk/professionals/resources/claire-thought-she-knew/

Resource for 11-13 year olds

- **Matt thought he knew** (2008)

A 4-minute film aimed at young people aged 11-13 to help identify that online contacts may not be who they say they are. The film is applicable to both boys and girls, but highlights that boys can be vulnerable to grooming and abuse. Dated due to age.

www.thinkuknow.co.uk/professionals/resources/matt-thought-he-knew/

- **Know your friends with Josh and Sue**

This 4 minute film is aimed at young people aged 11-13 who have learning disabilities. The film is available in two versions, one for moderate learning disabilities and one for severe levels of need.

www.thinkuknow.co.uk/professionals/resources/know-your-friends-with-josh-and-sue/

Cruel Kindness (2015)

Safe and Sound Derby

For use with young people aged 11-18. DVD with 15 minute film + 80 page resource pack of lesson plans and activities on healthy relationships, consent, CSE and sexting: £80 +VAT. (Most Wiltshire secondary schools received this resource following local PSHE training in 2015).

<http://safeandsoundgroup.org.uk/help-support/professionals/cruel-kindness-resource/>

Basis Training

- **Breaking Through – Moving on from CSE (2016)**

Developed in partnership with York University and co-produced with young people, this animation provides unique insights into CSE as told by young people who have experienced this themselves.

www.youtube.com/watch?v=AltnP55q54c

- **Is It Normal? (2015)**

A 20 minute DVD in 6 sections, to initiate conversations with young people about pornography, sex and relationships. £30 for DVD and resource pack.

<http://basistraining.org.uk/resources/>

- **Sick Party (2013)**

A drama depicting the sexual exploitation of girls that can be used with teenagers and with adults who work with young people. Based on a real-life story, the drama explores the experience of peer on peer grooming, party lifestyle grooming, drinks and drugs, consent, coercion, gifts, self-esteem and child sexual exploitation. £50 for DVD and resource

<http://basistraining.org.uk/resources/sick-party/>

Know and See the Signs (2014)

Catch 22 (Cheshire)

Website to raise awareness of CSE for young people, parents and professionals. Includes text and video case studies.

www.knowandsee.co.uk/

Eyes Open

- **Love or Lies? - Who can you trust (2012)**

Resource pack developed to help schools and other settings explore positive and negative relationships, peer pressure and CSE. Cost: £249.

<http://www.eyesopen.org.uk/#purchase>

- **My Dangerous Loverboy: stop sex trafficking: the official music video (2010)**

A 4 minute YouTube video to raise awareness of internal sex trafficking of young girls around the UK. From the Love or Lies pack

www.youtube.com/watch?v=YEgBx6qJMyA

Murder Games (2016)

BBC

Three short films tackling the issues around online grooming and safety and are aimed at Key Stage 3 and 4 students, with notes for teachers.

www.bbc.co.uk/programmes/articles/45gYLBM5qwZdRmH0g4Z5TVV/murder-games-student-and-teacher-notes

Picture This (2011)

Childnet

Drama activity about sexting. Free 25min script, lesson plans and films for KS4&5.

www.childnet.com/resources/picture-this

Sheffield Futures/Sheffield Sexual Exploitation Service

- **Pieces of me 2 (2015)**

Writing by young people who are at risk of, or have experience of, sexual exploitation. Narrative stories and poetry. Includes information on what sexual exploitation is, its effects and what makes children and young people vulnerable to sexual exploitation. A promotional video for Pieces of Me 2 can be seen on YouTube:

www.youtube.com/watch?v=izunTKqavpg

To order call: 0114 201 8645; or email: angela.wood@sheffieldfutures.org.uk

www.sheffieldfutures.org.uk/products-and-services/pieces-of-me/

- **Friend or Foe? handbook**

The Handbook, which can be purchased separately from the training it accompanies includes: a 14 session group work programme, building a comprehensive scheme of work on Healthy Relationships, Risk, CSE and E-Safety; exercises for 1 to 1 delivery to young people vulnerable to or experiencing CSE; Flash Cards to support work with young people who speak English as a second language or who have Special Educational Needs; a CD containing easy to print versions of all activities. £80.

www.sheffieldfutures.org.uk/products-and-services/friend-or-foe-training-and-resources/

So You Got Naked Online (2012)

SWGfL

This leaflet offers staff, children, young people and parents advice and provides strategies to support the issues resulting from sexting incidents. Free pdf. Printed copies £1 each:

www.swgfl.org.uk/products-services/Online-Safety-Services/E-Safety-Resources/So-You-Got-Naked-Online

Tea Consent (clean version) (2015)

Blue Seat Videos

YouTube video explaining the concept of consent to children and young people.

www.youtube.com/watch?v=fGoWLWS4-kU

Teaching about consent (2015)

PSHE Association

Guidance and lesson plans on consent for Key Stages KS3 & 4 with 8 accompanying lesson plans.

www.pshe-association.org.uk/curriculum-and-resources/resources/guidance-teaching-about-consent-pshe-education-key

The Sexual Exploitation of Children - can you recognise the signs? (2012)

ACPO & Siyona Tech

A 20-minute film including an EastEnders Storyline. Developed for police officers, but can be used with teenagers and adults to raise awareness of grooming and sexual exploitation.

www.cse.siyonatech.com/

Revenge Porn Helpline website

<https://revengepornhelpline.org.uk/>

The latest version of this resource list can be found on the Wiltshire Healthy Schools website:

www.wiltshirehealthyschools.org/core-themes/pshee/sex-and-relationship-education/cse/