

# Sharing learning for delivery of statutory RSHE in Wiltshire schools



**Healthy Schools**  
WILTSHIRE

Progress, questions and useful resources  
shared at online meetings July 2020

**Wiltshire Council**

# Sources of general information and support

Links to DfE guidance, useful resources and sources of other support will be updated here:  
[www.wiltshirehealthyschools.org/core-themes/pshee/pshe-national-review](http://www.wiltshirehealthyschools.org/core-themes/pshee/pshe-national-review)

Key organisations Wiltshire schools have found helpful with planning and preparation include:

- South West RSHE Hub <https://bptsa.org/rshe-hub/>
- PSHE Association <https://www.pshe-association.org.uk/>
- Sex Education Forum <https://www.sexeducationforum.org.uk/>
- Catholic Education Service <https://www.catholiceducation.org.uk/>
- Salisbury Diocese <https://www.salisbury.anglican.org/schools/re>
- Clifton Diocese <https://schools.cliftondiocese.com/>

PSHE publishers that have been helpful in updating RSHE/PSHE programmes

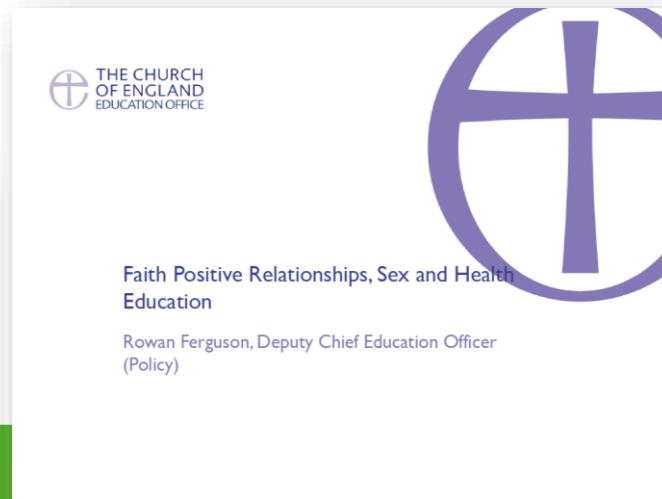
- Jigsaw <https://www.jigsawpshe.com/>
- Chameleon PDE <https://www.chameleonpde.com/>
- Corum/SCARF <https://www.coramlifeeducation.org.uk/scarf/>
- RSHE for CofE Schools <https://goodnessandmercy.co.uk/teaching-resources/>



# Useful RSHE planning resources

- DfE RSHE guidance (includes a basic policy template) and guides for parents & guide to parental engagement on RSHE
- Primary and secondary Statutory Health & Relationships Education Audit Tool 2020 (Surrey Healthy Schools)
- Resources shared with early adopter schools

These have been uploaded to: [www.wiltshirehealthyschools.org/core-themes/pshee/pshe-national-review](http://www.wiltshirehealthyschools.org/core-themes/pshee/pshe-national-review)



# Wiltshire Council

# Useful PSHE education resources

A longer clickable list of online PSHE resources can be found in the document here (bottom right of page):

<https://www.wiltshirehealthyschools.org/core-themes/pshee/sex-and-relationship-education/>

Resources from this list and others mentioned as helpful by Wiltshire schools during the July 2020 sessions include those from:

Alcohol Education Trust - <https://alcoholeducationtrust.org/teacher-area/>

Amaze (US based sex ed website) - <https://amaze.org/>

BBC Bitesize - <https://www.bbc.co.uk/bitesize>

Brook (Free RSE e-learning) - <https://www.brook.org.uk/brook-learn/>

Chameleon PDE - <https://www.chameleonpde.com/>

Corum/SCARF - <https://www.wiltshirehealthyschools.org/partnership-projects/coram-life-education/>

Church of England / Diocese of Bristol - <https://goodnessandmercy.co.uk/teaching-resources/>

Dimensions - <https://www.dimensionscurriculum.co.uk/product/3d-pshe-whole-school-primary-programme-2020/>

Dove (body image self esteem) - <https://www.dove.com/uk/dove-self-esteem-project.html>

Jigsaw - <https://www.wiltshirehealthyschools.org/partnership-projects/jigsaw/>

Real Love Rocks (Barnardo's) – <http://www.barnardosrealloverocks.org.uk/> (website being relaunched autumn/winter 2020)

The PSHE Association - <https://www.pshe-association.org.uk/>

Red Cross - <https://www.redcross.org.uk/get-involved/teaching-resources/first-aid-and-the-bystander-effect-teaching-resources>

Rethink Periods resources - <https://www.citytosea.org.uk/campaign/plastic-free-periods/rethink-periods/>

Rise Above (KS2-4) - <https://campaignresources.phe.gov.uk/schools/topics/rise-above/overview>

# Questions asked – answered on these slides

- Is PSHE education becoming statutory?
- What policies do we need and what do we need to publish on our school website?
- Do we have to teach about LGBT relationships?
- As primary sex education is non- statutory, can parents withdraw from it and what does sex education include?
- When do we need to consult with parents?

# Questions

- **Is PSHE education becoming statutory?**

No. PSHE education will remain a non-statutory curriculum subject, although it is expected that all schools will deliver this. PSHE education helps schools fulfil their statutory duties to provide a broad and balanced curriculum, offer relationships and sex education, promote SMSC as well as meet their responsibilities in relation to pupil wellbeing and safeguarding.

From September 2020 there are statutory elements of **Relationships and Health Education** for primary schools. Primary schools can also choose to/continue to deliver sex education, although this is not statutory. Most schools will chose to deliver these statutory elements as part of a broader programme of PSHE education.

*“The Department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born.” (DfE, 2019)*

Some schools may need to add elements to their existing curriculum. The new guidance doesn't include everything needed for a comprehensive PSHE curriculum. Elements that are not included include: the rights of the child, caring for the environment, economic education, and parts of British Values and SMSC.

The PSHE Association do not recommend only teaching the statutory elements and their programme of study is much broader.

# Questions

- **What policies do we need and what do we need to publish on our school website?**

From January 2014 the DfE clarified that schools must publish details of their PSHE education curriculum on their website, along with their other curriculum offers. A PSHE policy is non statutory, although it can be used to meet the requirement to publish details of this curriculum offer.

There is also a statutory requirement for a **Relationships Education policy (including Sex Education, if primary schools are delivering this)** to be published on the school website. An overview of the main policy elements can be found on page 11&12 of the DfE guidance.

If this doesn't form part of a more general PSHE policy, links can be made with this and other related policies to reduce duplication in describing what are likely to be similar approaches to delivery and curriculum design.

# Questions

- **Do we have to teach about LGBT relationships?**

The statutory guidance states that schools must teach about the different types of families that provide a nurturing environment to children, and says that these may include LGBT parents.

The duty created by the Equality Act, requires schools to eliminate discrimination and to advance equality in its everyday business, in the design of its policies and curriculum.

The guidance says:

“In teaching Relationships Education and RSE, schools should ensure that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect. Schools must ensure that they comply with the relevant provisions of the Equality Act 2010, (please see The Equality Act 2010 and schools: Departmental advice), under which sexual orientation and gender reassignment are amongst the protected characteristics.

Schools should ensure that all of their teaching is sensitive and age appropriate in approach and content. At the point at which schools consider it appropriate to teach their pupils about LGBT, they should ensure that this content is fully integrated into their programmes of study for this area of the curriculum rather than delivered as a standalone unit or lesson. Schools are free to determine how they do this, and we expect all pupils to have been taught LGBT content at a timely point as part of this area of the curriculum”

The DfE said in their FAQ for parents ([as part of the initial consultation in March 2019](#)):

“Pupils should receive teaching on LGBT relationships during their school years. We expect secondary schools to include LGBT content and whilst there is no specific requirement to teach about LGBT in primary schools, they can cover LGBT content if they consider it age appropriate to do so. This would be delivered, for example, through teaching about different types of family, including those with same sex parents.”



# Questions

- **As primary Sex Education is non- statutory, can parents withdraw from it and what does Sex Education include?**

Parents need to be informed of their right of withdrawal from Sex Education. There is no right to withdraw from Relationships Education, Health Education, PSHE more generally or Science.

It will be useful to clarify what the elements of sex education are. This could be seen to mean puberty, conception, reproduction and birth. All of these themes, with the exception of conception, are statutory included in either Health Education or National Curriculum Science. Sex education can also contribute to safeguarding of children.

The guidance says:

*"The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some plants and animals."*

*"It is important that the transition phase before moving to secondary school supports pupils' ongoing emotional and physical development effectively. The Department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born."*

# Questions

- **When do we need to consult with parents?**

As soon as possible; some Wiltshire schools have already done this.

Schools should enable a dialogue and gather the views of parents. As part of this schools will need to provide “clear information to all parents, in an accessible way, on their proposed programme and policy; parents being given reasonable time to consider this information; the school providing reasonable opportunities for parents to feed in their views; and the school giving consideration to those views from parents.”

In the current situation this will need to be done remotely, including using email, newsletters and the school website. Parental engagement is an ongoing process, ideally beginning before the planned changes are implemented, but may continue as the new curriculum is being delivered.

The DfE guidance has advice, tips and case studies on how to carry out effective parental engagement including where to go for help and the role governors and trustees can play in the engagement process.

<https://www.gov.uk/government/publications/engaging-parents-with-relationships-education-policy>



# Current progress (mid July 2020)

Some schools have already taken the key steps, while others are in the process of implementing the following:

- Consulting with parents (remotely in the current situation)
- Updating and publishing their RSE policy (and related PSHE education policies)
- Mapping their current PSHE curriculum against the statutory RSHE elements (and PSHE Association recommendations)
- Adding new resources to address any identified gaps
- Ensuring the school's revised RSHE and PSHE education meets the identified needs of pupils

Also

- Briefing governors about RSHE and any recent changes that have been made
- Ensuring staff are confident to deliver the new curriculum from September, or to be fully in place by summer 2021

# Updating the PSHE education curriculum

- Some primary schools already have, or have recently purchased, an updated scheme of work such as Jigsaw or SCARF
- Other schools are adding new resources to their existing programmes (some are also adding to Jigsaw and SCARF)
- Secondary schools are using a range of resources from many sources

## Issues raised:

- Updated comprehensive PSHE programmes, like Jigsaw, can initially be expensive
- It's time consuming to map PSHE, identify and fill gaps with new resources
- Previous sources of free lesson plans (e.g. the council) no longer provide updated resources
- Some RSE resources in particular are very dated (e.g. Channel 4: Living & Growing) without any obvious replacements
- There are new resources from a range of sources in development, but may not be ready for September

# Further support in Wiltshire

There will be a range of online CPD events from September 2020 listed here next term:

<https://www.wiltshirehealthyschools.org/resources/training-and-events/>

These will include online sessions on

- An introduction to PSHE education
- Effective practice in PSHE education
- Primary relationships and sex education
- Subject leadership in primary PSHE education
- Teaching about risk
- Social norms – using data to improve health related outcomes
- Youth mental health first aid ½ day awareness

And also Healthy Schools/PSHE network meetings

To join the monthly email update of Wiltshire Healthy Schools news email: [nick.bolton@wiltshire.gov.uk](mailto:nick.bolton@wiltshire.gov.uk)

