



# Relationships, Sex and Health Education

## Preparing for the new RSHE Curriculum Free Support and Training



### Are you ready for RSHE statutory changes for September 2020?

The Bristol Primary Teaching School Alliance and the CLF Institute are the only teaching schools in the region to have been commissioned by the DfE to provide training to support schools in preparing for the statutory changes to the RSHE curriculum from September 2020.

**Register now to access FREE RSHE training and resources  
for your school and community.**

Working in collaboration with the local authority and across primary and secondary phases, our joint programme comprises a 'train the trainer' and peer support model aimed at PSHE, Inclusion or pastoral leads responsible for this area of this curriculum, using brand new DfE materials in order to prepare teachers for the introduction of compulsory Relationships, Sex and Health Education.

The support will help RSHE leads to audit their current provision and to support colleagues, allowing them to train their own staff with a package of presentation materials and resources to ensure that the school is ready to deliver the new RSHE curriculum. These sessions will be linked to existing published commercial resources, such as Jigsaw and showcase new materials from the DfE which are being rolled out this term.

Some of the first materials to be released by the DfE will focus on **mental health and well-being** which will be with us soon: we hope to be able to share our first wave of training this term to support reintegration plans for pupils returning to school after the lockdown period.

[New DfE guidance has been released](#) which has taken into account a shifting timeline of implementation given the current circumstances, meaning that although RSHE is still compulsory from 1 September 2020, schools should begin to prepare for rollout now and have begun teaching the new materials by the summer term 2021:

<b>From 1 September 2020 to the end of the spring term 2021</b>	Following an assessment of preparedness, schools should commence teaching as soon as practically possible or use the time to prepare to deliver the new curriculum. This includes engaging parents on their policy as well as planning their curriculum provision.
<b>By the start of the summer term 2021</b>	All schools should have begun teaching the subjects.

Our train the trainer model equips Primary and Secondary RSHE lead teachers with subject and pedagogical understanding, alongside the practical resources need to embed curriculum changes across the school.

The support consists of:

- Free training and support for up to two members of staff per school;
- Interactive, online training (and face to face when the time is right), providing flexibility for schools whilst providing opportunities for collaborative working and discussion;
- Core sessions led by subject experts and experienced leaders;
- Information about how to combine the new DfE and existing published resources to ensure full curriculum coverage;
- Support for leaders on how to deliver the new materials to your school and its community through a 'train the trainer' model;
- Support for engaging with your communities and your unique contexts;
- Collaboration and networking activities supported to embed and share best practice.

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To **register** your interest in this programme please [follow the link to our registration form](#)

or visit our webpage at: <https://bptsa.org/rshe-hub>

For any queries about the programme of delivery please email us at: [RSHEhub@bristol-schools.uk](mailto:RSHEhub@bristol-schools.uk)

