

Practical education resources to help Wiltshire primary schools protect children and young people from sexual exploitation.

Updated March 2018

Schools are well placed to teach pupils how to make positive choices and informed decisions in their relationships in order to build resilience and reduce vulnerability to sexual exploitation.

Learn 4 Life (2011)

www.wiltshirehealthyschools.org/resources/schemes-of-work/learn-for-life/

is a free PSHE scheme of work including lessons on healthy relationships as well as key messages relating to e-safety, anti-bullying, assessing risk and keeping safe.

The lesson plans and resources, put together by Wiltshire teachers, can be adapted and updated by schools.

The Social and Emotional Aspects of Learning (SEAL) materials (2005) are a useful resource for teaching about healthy relationships and keeping safe in primary schools; they are referenced within Learn 4 Life and can be found here:

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

Positive relationships with school staff will encourage children to disclose any worries about their own safety or the safety of another pupil. **Wiltshire's Healthy Schools programme** promotes a whole school approach where PSHE education is linked to key policies, the school ethos and partnership working to create a safe learning environment. Accredited Wiltshire Healthy Schools have provided evidence to show how they are delivering Relationships and Sex Education and are helping to keep children safe from exploitation and abuse.

www.wiltshirehealthyschools.org/about/

In addition to more general PSHE education or RSE resources, the following materials are also available to help schools include a greater focus on keeping children safe from abuse and exploitation:

Child Exploitation and Online Protection Centre (CEOP)

Information and resources for parents, children and teachers including lesson plans, games, videos and websites

www.ceop.police.uk

These include:

- **Think U know?**

Online resources for children and young people (aged 5-7 and 11-13) and also information and resources for parents and teachers

www.thinkuknow.co.uk/

- **Play Like Share**

A three-episode animated series which aims to help 8-10 year olds learn how to stay safe from sexual abuse, exploitation and other risks they might encounter online.

www.thinkuknow.co.uk/professionals/resources/play-like-share/

- **Jigsaw**

This film resource for children (8-10), helps them recognise the importance of online privacy and the need to be careful about what they share online. Learners are introduced to grooming behaviours and the way offenders may seek to deceive children online.

www.thinkuknow.co.uk/professionals/resources/jigsaw/

- **Hectors World**

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This series of six cartoons and supporting materials, for 5-7 year olds, shows a young dolphin learning about the internet and exploring ways to keep his information private and how to get help when he is worried.

www.thinkuknow.co.uk/professionals/resources/hectors-world/

- **Lee and Kim**

This cartoon for 5-7 year olds follows two primary aged children playing an online game. The film highlights the importance of being careful online.

www.thinkuknow.co.uk/professionals/resources/lee-and-kim/

Growing Up Safe cards and posters (from 2013, regularly updated)

Big Talk Education

Sets of A4 picture cards and posters (Reception to Year 3+) with guidance notes £19.99+VAT per pack. Topics include: inappropriate touching, inappropriate language, consent, unlawful behaviour (such as urinating in public or exposing the genitals) exposure to inappropriate images/TV/films, being photographed inappropriately.

www.bigtalkeducation.co.uk/resources-for-primaries.html

NSPCC Schools Service (from 2013)

- **The Speak Out Stay Safe programme** (from 2013)
delivers free safeguarding assemblies and workshops to all primary school children from Reception to Year 6, with additional workshops for Year 5 and Year 6 pupils. Further resources are currently available to primary schools who book a free visit www.wiltshirehealthyschools.org/partnership-projects/childline-schools-service/
- **Talk PANTS** (from 2013)
Resources for schools, early years and child care settings. Free lesson plans, posters, resources and leaflets for parents. P.A.N.T.S is an easy way to explain to children the key elements of the Underwear Rule to help keep them safe from abuse. www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/underwear-rule-schools-teaching-resources/
- **Share Aware** (from 2015)
Free lesson plans and classroom guidance to help teach your class to stay safe online www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/teaching-resources/

Real Love Rocks

Barnardo's (2015)

Website for young people, parents and professionals. Resources on healthy relationships, consent, CSE, grooming, sexting, the impact of porn and keeping safe. A resource for use with Year 6 can be ordered from the site.

www.barnardosrealloverocks.org.uk/

Alright Charlie (2016)

The Blast Project

This resource pack includes teachers' guidance, a children's workbook and a video seen through the eyes of Charlie who is groomed by Danny. It aims to highlight the warning signs of grooming in an age appropriate way for girls and boys aged 9-11.

www.mesmac.co.uk/projects/blast/for-professionals/resources?mc_cid=c97ac4f972&mc_eid=d514363598

The latest version of this resource list and one for secondary schools (which primary teachers may also find useful) can be found on the Wiltshire Healthy Schools website:

www.wiltshirehealthyschools.org/core-themes/pshee/sex-and-relationship-education/cse/