



Senior Mental Health Leads Training

DFE approved course developed in collaboration by

B&NES, Swindon and Wiltshire

The Department for Education (DfE) is offering every school / college in England a grant to train a senior mental health lead in their setting. The lead will develop or introduce a sustainable whole school /college approach to mental health and wellbeing. Taking a coordinated evidence-informed approach to mental health and wellbeing can improve pupil emotional wellbeing and a readiness to learn.

The content of this course aligns with national guidance [Promoting children and young people's emotional health and wellbeing](#) . Which is a whole school / college approach developed by Public Health England and the Children and Young People's Mental Health Coalition. It will also assist in meeting the requirements of the Statutory RSHE curriculum and address sections of the Ofsted Framework. The course follows Swindon's principles of trauma informed and restorative practices and will promote an understanding of locally provided mental health initiatives.

B&NES, Swindon and Wiltshire Councils will provide a local training offer for schools in the CCG area to access the training from autumn 2021. Following the success and popular demand of the previous two training session, we are now offering a third training date:

Session 1 – Full Day – Wednesday 28th September 2022
Online 9am – 5pm

Session 2 – Half Day follow up – Wednesday 8th February 2023
Online 9am – 12:30pm

Course Content:

- Understand the role of the Senior Mental Health Lead
- Explore personal attitudes and values and examined local data
- Identify those issues pertinent to the pupils in your school and be able to plan to meet these
- Gain confidence to embed a whole school approach to mental health in school
- Understand the principles of trauma informed and restorative practices.
- Understood the provisions and services within Swindon.
- Know where to seek additional support within Swindon.

Course Cost: Schools across BSW will be charged £160 for the full course offer. This cost will be fully covered through the DfE grant offer of £1200.

Further details contact: Srai@swindon.gov.uk or Swindonhealthyschool@swindon.gov.uk

