

S7. Sensitive issue in PSHE

As a school you have been reviewing the content of your PSHE programme. Currently you cover healthy eating as a topic and ask pupils to complete a food diary. A parent has contacted you though to complain that this activity is likely to have triggered an eating disorder in their child who was already struggling with their body image. You are wondering about the implications of this for your curriculum. It has been suggested that you include some new lessons on body image and eating disorders.

Discuss

What issues does this raise?

What do you think needs to happen?

What resources will you use?



**Feedback
top 3 tips**

