

S5. Self-harm disclosure


Alex (Year 6 if primary, Year 8 if secondary) tells their friend that they are hurting themselves when they are sad. The friend comes to you as they do not know what to do. You have noticed that Alex has seemed very withdrawn lately

Discuss

What issues does this raise?

What do you think needs to happen?

What resources will you use?



**Feedback
top 3 tips**

