

S3. Pupil having a panic attack

Last term Flora had a nasty episode at home which her GP later diagnosed as a panic attack. Since then, she is starting to have attacks more frequently including when at school. She is very self-conscious of this and doesn't want people to know about it, however it is really affecting all aspects of her school life.

Discuss

What issues does this raise?

What do you think needs to happen?

What resources will you use?



**Feedback
top 3 tips**

