

B&NES Public Health in Schools in collaboration with Swindon and Wiltshire Senior Mental Health Leads Training 2023

SMHL001

Virtual training

This DfE assured course has been developed by education and public mental health experts from [B&NES, Swindon, and Wiltshire \(BSW\)](#) and is suitable for schools and colleges in these local authorities.



The DfE is offering every school or college in England a £1,200 grant for training to help their [senior mental health lead develop or introduce a sustainable whole school or college approach to mental health and wellbeing](#).

The content of this course aligns with national guidance [Promoting children and young people's emotional health and wellbeing A whole school and college approach developed by the DfE and the Children and Young People's Mental Health Coalition](#).

It is specifically designed to meet the needs of schools within the B&NES area and links to further local support and services and the [B&NES Mental Health and Wellbeing Audit for Schools](#).

Reviews

"I attended a SMHL event for another school I worked in which was run commercially by a national provider. They charged £800 for what I thought was an inferior day." Bath Teacher

"Thanks very much. I do think this is one of the best courses I've been on, particularly online - very slick and well organised" Wiltshire Head

"Brilliant course, thank you! Incredibly informative, really enjoyed the collaborative activities and resource sharing". Bath Teacher

Course framework and dates

The course has been successfully delivered online twice this academic year and places are now open for booking onto the September 2022 course. This will include 1.5 online taught days and the 3 optional network meetings.

- **Session 1.** Full day: Wednesday 18th January 2023 9am-5pm (online)
- **Session 2.** Half day: Thursday 18th May 2023. 9am-12:30pm (online)
- **Network meetings** (optional) 1 per term (Network 1. 21st March 3.30 – 5.0 pm. Network 2 & 3 dates to be confirmed)

Learning Outcomes

By the end of the course participants will have:

- Understood the role of the Senior Mental Health Lead
- Explored personal attitudes and values and examined local data
- Identified issues pertinent to the pupils in their school and be able to plan to meet these
- Gained confidence to embed a whole school approach to mental health
- Understood the remit of services and provision within B&NES and know where to seek additional support

Application & Further information

Please follow the link to the [B&NES Schools Hub](#). You will need a Hub account to register for this course. If you have forgotten your details or need to register contact [The hub@bathnes.gov.uk](mailto:hub@bathnes.gov.uk).

If you have any problems applying or any questions, contact Clare Laker clare_laker@bathnes.gov.uk

Bath & North East Somerset Council

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