

B&NES Public Health in Schools in collaboration with Swindon and Wiltshire

Senior Mental Health Leads Training 2022/23

SMHL001

Virtual training

This DfE assured course has been developed by education and public mental health experts from [B&NES, Swindon, and Wiltshire \(BSW\)](#) and is suitable for schools and colleges in these local authorities.



The DfE is offering every school or college in England a grant for training to help their [senior mental health lead develop or introduce a sustainable whole school or college approach to mental health and wellbeing](#). Using an evidence-informed approach to mental health and wellbeing leads to improved pupil emotional health and wellbeing which can help readiness to learn. It can support the mental health and wellbeing of the whole school / college community.

The content of this course aligns with national guidance [Promoting children and young people's emotional health and wellbeing A whole school and college approach developed by Public Health England and the Children and Young People's Mental Health Coalition](#).

It is specifically designed to meet the needs of schools within the BSW area and links to further local support and services and the [B&NES Mental Health and Wellbeing Audit for Schools](#)

The course will assist you in meeting the requirements of the RSHE Statutory curriculum and relevant sections of Ofsted's Inspection Framework.

Course framework and dates

The course has been successfully delivered online this academic year and places are now open for booking onto the September 2022 course. This will include 1.5 online taught days and the 3 optional network meetings

- Session 1. Full day: Wednesday 28th September 2022. 9am-5pm (online)
- Session 2: Half day: Wednesday 8th February 2023. 9am-12:30pm (online)
- Network dates to be confirmed

By the end of the course participants will have:

- Understood the role of the Senior Mental Health Lead
- Explored personal attitudes and values and examined local data

Learning Outcomes

- Identified issues pertinent to the pupils in their school and be able to plan to meet these
- Gained confidence to embed a whole school approach to mental health
- Understood the remit of services and provision within B&NES and know where to seek additional support

Links to other programmes

This training course is part of a range of government funded mental health support for schools and colleges, including the [Wellbeing for Education Recovery Programme](#)



Cost

Schools across BSW will be charged £160 for the full course offer. This cost will be fully covered for schools through the DfE Senior Mental Health Leads Training grant offer of £1,200. The low cost of this course allows schools and colleges to use available funding for back fill to cover learning and planning time and or resources as appropriate to each setting.

Application Further information

Please follow the link for B&NES settings [here](#) or visit the [B&NES Schools Hub](#)

Contact Clare Laker clare_laker@bathnes.gov.uk

Bath & North East Somerset Council

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