

# B&NES School Picture

Public  
Health in  
Schools  
Programme

ELSA

Wellbeing  
in  
Education  
Recovery

Off the  
Record  
Counselling

Public  
Health  
Nursing

Resilience  
Hub

Children  
Workforce  
Development  
Training  
Programme

Primary  
Empowerment  
Programme

MH in  
Schools  
Practitioners

Those things  
your school  
commissions



## Mental Health and Wellbeing: A Whole School Approach



Mental Health and Wellbeing: Resources to support your delivery

Here you can find a wide variety of B&NES and national documents, websites and other links related to the support and delivery of positive mental health and wellbeing in schools.

<https://thehub.bathnes.gov.uk/Page/11238>



Bath & North East Somerset  
Public Health Programme in Schools

# Mental Health and Wellbeing Audit

Vs. 4 October 2021

School name:

Completed by:

Date completed:



## Bereavement in Childhood and Adolescence

How schools can support children, young  
people and families as they deal with  
death and other major losses



## Coping with Suicide

A summary of support for educational settings 2021

# Support guides

# HarmLESS

<https://harmless.nhs.uk>

## harmLESS

**harmLESS** is a resource for those who have contact with young people who are self-harming.

It is designed to help you talk about self-harm with a young person so that you can decide what support might be helpful.

### IMPORTANT

**harmLESS** is a guide. If you are still unsure or worried about a young person then phone your local CAMHS team.

