

Wiltshire Healthy Schools & Food for Life Awards

Theme: Healthy Weight

Wiltshire Healthy Schools Standards bronze and silver (Updated June 2016)	Food for Life Schools Bronze Award Criteria*
<p>H1 Our school provides a pleasant, welcoming dining environment for children, young people and staff.</p>	<p>B2.3 We keep parents informed of lunch menus and Food for Life activity and invite them to attend our school lunches.</p> <p>B2.4 We encourage our pupils to suggest improvements to the dining experience and we implement the best ideas.</p> <p>B2.5 Our lunchtime supervisors promote a calm and positive dining experience and help our pupils with food choices.</p> <p>B2.6 We have made a commitment to phase out flight trays.</p>
<p>H2 The meals and snacks provided by our school comply with current national school food standards.</p>	<p>B1.0 Our menus demonstrate their compliance with national standards or guidelines on food and nutrition.</p> <p>B1.7 Free drinking water is prominently available.</p> <p>B1.10 Menus provide for all dietary and cultural needs.</p> <p>B1.11 All suppliers have been verified to ensure they apply appropriate food safety standards.</p>
<p>H3 Our school has a system in place to monitor menus and food choices.</p>	<p>B2.0 Our School Nutrition Action Group has led a review of food culture in our school and actions have been agreed.</p> <p>B2.1 We monitor school meal take up and we are taking action to maximise the take up of free school meals.</p> <p>B2.2 We consult with our pupils and parents on school meal improvements.</p> <p>B2.3 We keep parents informed of lunch menus and Food for Life activity and invite them to attend our school lunches.</p>

*The FFL blue criteria (if achieved) will be recognised as completing this WHS criteria.
The FFL green criteria (if achieved) will be recognised as partly completing this WHS criteria.

<p>H4 Our children and young people learn about the benefits of exercise, healthy eating and practice cookery skills.</p>	<p>B3.0 We use the topic of healthy and sustainable food as a theme for assemblies.</p> <p>B3.1 Our pupils take part in regular curriculum cooking activities and this is linked to our whole school approach to food.</p> <p>B3.2 Our pupils have the opportunity to grow and harvest food and make compost and this is linked to wider learning.</p> <p>B3.3 We organise an annual farm visit, and this is linked to wider learning.</p>
<p>H5S Our school has an active School Nutrition Action Group (SNAG), or equivalent forum.</p>	<p>B2.0 Our School Nutrition Action Group has led a review of food culture in our school and actions have been agreed.</p> <p>B2.2 We consult with our pupils and parents on school meal improvements.</p> <p>B2.3 We keep parents informed of lunch menus and Food for Life activity and invite them to attend our school lunches.</p> <p>B2.4 We encourage our pupils to suggest improvements to the dining experience and we implement the best ideas.</p>
<p>H6 Our school promotes good oral health.</p>	
<p>H7 Our school ensures that children and young people can access a range of inclusive activities that add up to a minimum of three hours of structured Physical Activity each week.</p>	<p>B4.1 We make efforts to actively engage parents and/or the wider community in our growing and cooking activities.</p>
<p>H8 Our school offers a range of inclusive physical activity after school clubs.</p>	<p>B4.1 We make efforts to actively engage parents and/or the wider community in our growing and cooking activities.</p>
<p>H9 Our school promotes safe active travel (e.g. cycling, walking, scooting) to school.</p>	
<p>H10S Our school encourages staff, pupils, parents/carers and other adults to become involved in promoting healthy weight.</p>	<p>B4.1 We make efforts to actively engage parents and/or the wider community in our growing and cooking activities.</p>
<p>H11S Our school has mechanisms for identifying and supporting children who have excess weight or are underweight.</p>	

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