

Kevin the tooth fairy says "to keep your teeth shiny and bright make sure you brush them morning and night".

Great Western Hospitals **WHS** NHS Foundation Trust

TEETH ALERT

Your child's teeth need your help!

Use a peas size blob of

fluoride tooth paste.

Brush twice a day.

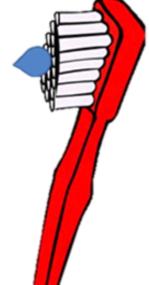
The Dental Health Promotion team encourage good dental health Please support our efforts to visited today.

Items containing sugar should be kept sugar passes over the teeth is what The frequency of times that causes tooth decay.

Water and milk are the best choice of drink for young teeth.

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Reduce frequency of time sugar passes over the teeth. Spit do not rinse.

Acidic drinks such as fizzy or fruit based drinks can cause tooth erosion.

Visit the Dentist regularly.

Service Teamwork Ambition Respect Our Values

<u>to mealtimes only.</u>