YEAR 10  LESSON 4  Relationships
TITLE  We're having a party …

KEY CONCEPTS
◆ Recognising that healthy lifestyles, and the wellbeing of self and others, depend on information and making responsible choices
◆ Understanding risk in both positive and negative terms and understanding that individuals need to manage risk to themselves and others in a range of situations
◆ Appreciating that pressure can be used positively or negatively to influence others in situations involving risk

KEY PROCESSES
◆ Reflect on feelings and identify positive ways of understanding, managing and expressing strong emotions and challenging behaviour
◆ Develop self-awareness by reflecting critically on their behaviour and its impact on others.

KEY CONTENT
◆ Facts and laws about drug, alcohol and tobacco misuse, and the personal and social consequences of misuse for themselves and others.
◆ Understand ways of recognising and reducing risk, minimising harm and getting help in emergency and risky situations.

LEARNING OUTCOMES
by the end of the lesson pupils will be able to:
◆ Explore some of the risks involved around alcohol and illegal drugs in a party situation
◆ Discuss some strategies for handling potential risky situations

FUNCTIONAL SKILLS
◆ English Communication/Speaking and Listening

RESOURCES
☐ Storyboard printed sheets
☐ Helpline details of young people’s support in your local area. Teachers should prepare this to include all local contacts.
Activity 1

❖ Play a game of consequences in groups involving drugs and young people
❖ Every pupil starts off with a sheet of paper...they write down their answer fold the sheet over and then pass it on. Repeat this for every question.
❖ It is a good idea to remind pupils of the ground rules to ensure their responses are appropriate.
  1. Boy’s name
  2. Met: 
     Girl’s name
  3. In/At/On: 
     Place
  4. He said: 
     What he said
  5. She said: 
     What she said
  6. He did: 
     What he did
  7. She did: 
     What she did
❖ Ask the pupils to open up their sheets and read the different responses and then ask each pupil to decide .....“What the consequences were”....
❖ Share answers with whole class.
❖ How common are these situations you have invented?

Activity 2

❖ Using the storyboard sheet give a copy of the storyboard with the first picture completed to every student
❖ Discuss the possible outcomes from the first picture. Now draw your own story of what happened next

Activity 3

❖ Display the story boards. Take feedback

Activity 4

Assessment if required
❖ Make a list of key ideas of how to seek help if at risk from the kind of situations covered during the lesson.