A
WHERE TO GET HELP? wheel

You are worried about a friend. Their mum and dad drink and argue. They don’t want to go home after school.

Jim’s brother says he will drive you home, but you have seen him drinking lager all evening.

Since the baby was born, Sam’s mum has been depressed and has started drinking. Sam worries about both of them when at school.

Your older sister tells you her boyfriend hit her, but only because he was drunk. She doesn’t want you to tell your parents.

George has been getting really stressed about his exams and coursework. He has started to drink in the evenings at home in his bedroom – it makes him feel a lot better about everything. His parents don’t seem to notice.

Kelly and her friends go out drinking every Friday and get really drunk. Recently she has had really trouble remembering anything that happened, and is getting really concerned about these memory lapses.
### Design a poster to encourage children/young people to keep themselves safe in alcohol situations

<table>
<thead>
<tr>
<th>Quality criteria</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Colourful/eye-catching design</strong></td>
<td>Some colour used Poster has little impact</td>
<td>Several colours used Poster has some impact</td>
<td>A range of colours used Poster has good impact</td>
<td>Excellent use of a good range of colours Poster has excellent impact</td>
</tr>
<tr>
<td><strong>Easy to read/understand</strong></td>
<td>Writing difficult to read Message unclear</td>
<td>Writing can be read Message can be understood</td>
<td>Writing clear and easy to read Message(s) clear</td>
<td>Writing very clear and very easy to read Message stands out very clearly</td>
</tr>
<tr>
<td><strong>Contains at least 3 key messages you have learnt</strong></td>
<td>Contains one message</td>
<td>Contains two clear messages</td>
<td>Contains three clear messages</td>
<td>Contains three or more clear messages</td>
</tr>
<tr>
<td><strong>The elements of the poster are integrated</strong></td>
<td>Writing and/or pictures are unrelated</td>
<td>Some attempt made to integrate all parts of the poster</td>
<td>All elements of the poster are integrated into one design</td>
<td>Excellent integration of all elements into the overall design of the poster</td>
</tr>
</tbody>
</table>
Something that has changed the way I think about this topic.

Something that I want to take away and share with someone.

Something I already knew or wasn't helpful.

Something that has changed the way I feel about this topic.

What have you enjoyed?

What skills have you developed?

What would you like to know more about?

Any other comments: