



**Carer Support  
Wiltshire**



Carer Support Wiltshire  
**Young Carers**

# Young Carer Website Updates

- Regularly updated coronavirus FAQ page for young carers.
- Blog listing mental health helplines, resources and tips for wellbeing.
- 'It's okay not to be okay' blog - staying well during lockdown.

**[carersupportwiltshire.co.uk/young-carers](https://carersupportwiltshire.co.uk/young-carers)**

