



**Carer Support  
Wiltshire**

Funded by  
**carerstrust**

We can  
support you!



Are you looking  
after someone  
who couldn't  
manage  
without you



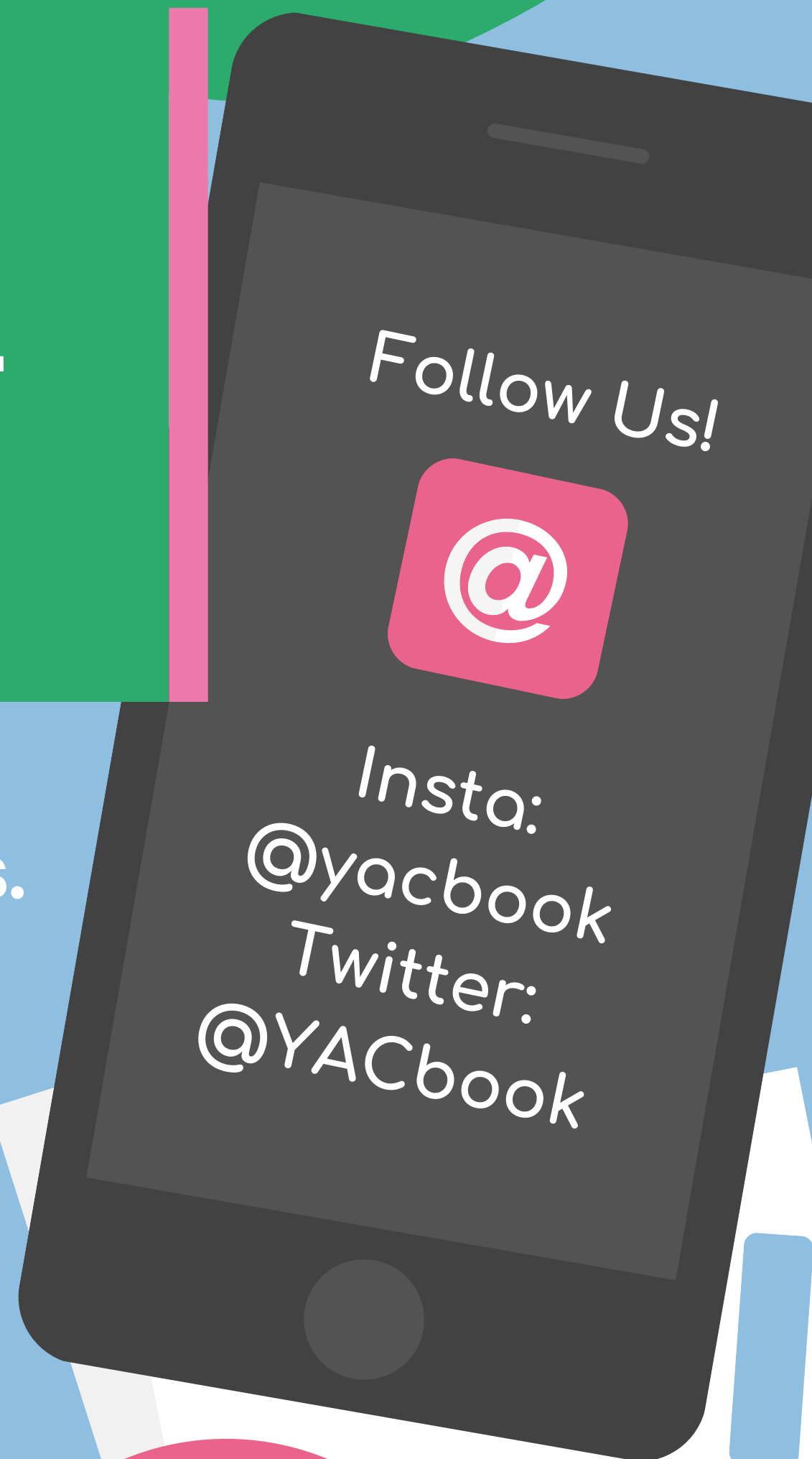
# YACbook

.co.uk

YACbook is an online resource centre  
and community for Young Adult Carers.

On YACbook you can find

- Advice and information on topics from mental health to money.
- Blog posts and interviews with Young Adult Carers
- Young Adult Carer events



And  
More!