



Operated by  
Public Health England

Welcome to the e-Bug school newsletter!

In this edition:

- NICE Guidance and endorsement
- e-Bug training for teachers and community groups
- New self-care leaflet about infections
- Association for Science Education conference
- New e-Bug Facebook page
- e-Bug evaluations – we need you!

# e-Bug School Newsletter

*If you think microbes – think e-Bug.*

[www.e-Bug.eu](http://www.e-Bug.eu) ISSUE 13 Jan 2017

## NICE endorses e-Bug!

The **National Institute for Health and Care Excellence (NICE)** has endorsed Public Health England's e-Bug resource and recommends that schools use e-Bug to teach children about hygiene, infections and antibiotics. e-Bug is included in [NICE guidance](#) on antimicrobial stewardship and changing behaviour around antibiotics, read more [here](#). Click [here](#) to read about what NICE guidance is, why it is important, what this means for schools and teachers and how you can get involved in tackling antimicrobial resistance.

## e-Bug training

### Approved e-Bug educator and community trainer

e-Bug have developed two **face-to-face training** workshops, for educators in schools to become **"Approved e-Bug Educators"** and for community leaders to become **'Approved Beat the Bugs Community Trainers'**. The free training aims to give educators and community leaders the skills, knowledge and confidence to teach about important health topics using e-Bug resources. Approved educators and trainers will receive a certificate of approval and can have their name appear on our website.

Recently the e-Bug team delivered the "e-Bug Approved Educator Training" to over 30 Healthy School Leads in Wales; this pilot was supported by Public Health Wales.

**The next dates for training are:**

Beat the Bugs Community Train the trainer: **24<sup>th</sup> March 2017** in Gloucester

Approved e-Bug Educator training: **30<sup>th</sup> March 2017** in Gloucester

**If you are interested in the training please email [e-Bug@phe.gov.uk](mailto:e-Bug@phe.gov.uk)**



## Online training module for educators

If you can't make our face-to-face training, then complete the online e-Bug training module. The training will give educators the skills, knowledge and confidence to use e-Bug. Primary teachers and secondary science teachers are encouraged to complete the training to follow NICE guidance on using e-Bug resources to teach about hygiene and antibiotics. Benefits include:

- Gaining the **confidence** and **knowledge** to teach e-Bug and important health topics
- **3 CPD point** certificate approved by the Royal Society of Biology
- **£5 high street gift voucher** (limited availability!).

Visit the [online training module page](#) for more information!

## New self-care leaflet

e-Bug have developed a pictorial self-care leaflet called 'Managing Your Infection: A step by step guide on how to manage your infection'. The leaflet has been created alongside the Beat the Bugs course and is designed to be used by community groups to increase knowledge on self-care. It can also be used by the general public.

You can download the leaflet on the [Beat the Bugs webpage](#) under the 'Know your Bugs' session.



[e-Bug@phe.gov.uk](mailto:e-Bug@phe.gov.uk)



[www.e-Bug.eu](http://www.e-Bug.eu)



[@eBug\\_UK](https://twitter.com/eBug_UK)



[@eBugEngland](https://www.facebook.com/eBugEngland)

## Junior and Family Antibiotic Guardian badges

e-Bug have paired with Antibiotic Guardian to create digital badges that have been developed in collaboration with Makewaves. Children, young people and their families/carers can complete e-Bug tasks and earn the badges, becoming Junior Antibiotic Guardians! View the [junior badge](#) and [family badge](#).



## Community course: Beat the Bugs

Beat the Bugs consists of 6 sessions to be delivered in a community setting, based around improving hygiene, antibiotic awareness and self-care. For more information or to download the course visit [the Beat the Bugs webpage](#).

If you are interested in running the course alongside an evaluation by the e-Bug team, please email us [e-Bug@phe.gov.uk](mailto:e-Bug@phe.gov.uk).



## The Role of the School Nurse

e-Bug have recently published research in the BMC Nursing journal on the role of the school nurse in health education and health promotion in England. e-Bug can use the findings of this research to better support school nurses and schools by creating health education resources and training. You can read the paper for free [here](#). Thank you to all the school nurses who took part in our study!

## e-Bug Evaluations – we need YOU!

### e-Bug games evaluation

e-Bug are evaluating our two new online student games, Stop the Spread and Body Busters. We are looking for classes of junior or senior students (age 7-15) to take part in this piece of exciting research.

If you are interested in taking part please email [e-bug@phe.gov.uk](mailto:e-bug@phe.gov.uk)

### e-Bug teacher website evaluation

e-Bug are evaluating the teacher website to see what improvements are needed to make it the **best website for our audience's needs**. Please complete our online survey [here](#) (takes no more than 30 minutes) and you will receive a **£5 gift voucher** and a **CPD certificate** and the chance to **win a set of giant microbes!**

## ASE conference

e-Bug exhibited at the **Association for Science Education (ASE)** annual conference this January at the University of Reading. We ran a workshop and gave out lots of e-Bug goodies. Thanks to those who visited us!



## Social media

e-Bug now have a Facebook page as well as a twitter page where we engage with our followers and share new resources, health topics, events and competitions.



First 500 likes of our Facebook page will be entered into an e-Bug goodie bag draw!

## e-Bug team



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