





Talk Relationships – Service Summary

Talk Relationships is a package of support to help secondary schools to confidently deliver inclusive sex and relationships education to young people aged 11-16 years.

Our aim is that all secondary school-aged young people understand healthy relationships, and how to seek help, in a safe and responsive education environment.

	<p>An elearning course for educators to feel confident when delivering sex & relationships education</p>		<p>An e-learning course for school leaders; implementing a whole school approach</p>
<p>You will learn how to:</p> <ul style="list-style-type: none"> • Create safe and respectful learning environments • Confidently deliver sex and relationships education • Respond to safeguarding concerns & young people sharing their experiences of abuse • Handle difficult discussions & respond to questions from young people 		<p>You will learn how to:</p> <ul style="list-style-type: none"> ✓ Implement a whole-school approach to sex and relationships education ✓ Create a safe, inclusive school culture ✓ Develop an effective responsive sex and relationships curriculum ✓ Support teaching staff ✓ Recognise and monitor outcomes of the schools provision ✓ Handle concerns from parents/carers 	

Our e-learning courses feature a mix of reflective tasks and video-based content that share insights from teachers, young people, and safeguarding experts. Courses can be completed anytime, anywhere and are CPD certified.

	<p>14 lesson plans created by experts from PSHE Association & NSPCC</p>		<p>6 specialist lesson plans for young people with SEND</p>
<p>Lessons build upon one another in age appropriateness of the content & complexity of learning. Lessons include:</p> <ul style="list-style-type: none"> • Healthy relationships • Safe online relationships • Sexual harassment & HSB • Consent • Sharing of nudes • Unhealthy relationships • The impact of pornography 		<p>Lesson plans are accessible for young people with Moderate Learning Disabilities. There are 6 key lessons:</p> <ul style="list-style-type: none"> • Positive relationships (including friendships) • Communicating online • Personal space • Consent • Public and private • Sharing nudes 	

Our lesson plans are created in partnership with the PSHE Association and include full teacher guidance lesson plans and slides, printable worksheets. Lessons are mapped against the sex and relationships curriculum for each UK nation.



A **dedicated helpline** to provide advice and guidance to secondary school educators who deliver sex education

Call [0800 389 5347](tel:08003895347) or email help@nspcc.org.uk with "Talk Relationships" in the subject line. We are available from 8am-10pm Monday to Friday and 9am-6pm on Saturday and Sunday.