



**Mighty Girls**







## Positive Relationships Project

We have been supporting young women and girls in Wiltshire who, sadly, have been victims of harassment and bullying.

In response we have created a proactive, youth-led approach to tackling friendship and relationship issues for young people.

This project will focus on the positives that a healthy friendship or relationship can add to young people's lives.

The National Lottery like our approach and have funded us to work with 12 secondary schools in Wiltshire over the coming 3 years to support young people make positive differences in their communities.

-  Youth-led - young people choose the issues important to them
-  Leadership opportunities - making a positive difference in the community
-  Equality & Diversity Training - inclusivity and diversity awareness
-  Skills and experience building - guidance & support for participants to build their skills



# Mighty Girls

## About us

We provide a safe space and age-appropriate activities to encourage girls to develop their social skills, increase their well-being and self-esteem.

We encourage them to try new things, make new friends and find their inner Mighty Girl.

## What we do

As a youth-led organisation - striving for a more equal world is at the heart of what we do.

We currently hold regular youth groups, offer work experience opportunities for young volunteers, run workshops (body positivity, positive relationships, self defence) and awareness raising events as well as provide mentoring for girls and young women.

We recognise the important part everyone has to play in breaking down gender-based stereotypes and tackling barriers to equality.

