

Things to note

Some people might get upset when thinking about experiences they found stressful. If that is the case, a member of our research team who is experienced in working with individuals in distress will be available to speak to you.

We will come to your school!
Refreshments will be provided

We hope to use the data from this interview to form an **academic article** for publication, and create a **resource** for teachers to use when educating about mental health.

If you have any questions please contact...



Principle Investigator:
Polly Waite
p.l.waite@reading.ac.uk
0118 378 5534



Researcher:
Kate Harvey
k.n.harvey@reading.ac.uk
+44 (0) 118 378 7524



Researcher:
Lucas Shelemy
l.shelemy@pgr.reading.ac.uk
07939996612 (main contact)

School of Psychology and Clinical Language
Sciences
University of Reading
Earley Gate, Whiteknights Road
Reading
RG6 6AL



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The University of Reading
Ethics Committee has given
this study a favourable
opinion for conduct.



What do teachers
want from a
mental health
resource?

Information Sheet for
Teachers



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Who can take part?

You have been invited to take part because you are a **member of school staff** currently in a **secondary school** within the UK.

What will you be asked to do?

- This study will consist of one focus group with at least 5 other teaching staff.
- Within a quiet school setting, the lead researcher will ask you all some open-ended questions.
- These will be focused on your needs, wants and opinions around a mental health educational resource.
- Halfway through we will invite you to test out some existing resources on the computer
- The focus group will be audio-recorded and transcribed later on. This information will not be shared with anyone outside of the research group.
- Participating in this study should take around two hours.

What happens if I change my mind?

- Whether or not you take part in this study is **completely up to you**.
- If you decide to take part and then change your mind, **you won't have to give us a reason** and this won't matter at all.
- You can **withdraw your data at any point** after completing the interview.
- You can **contact us** at any time.



The study will take place in your school. Only two researchers will be present during the focus group.

Who will see your responses?

- Everything you tell us as part of this project is treated as **confidential**; this means that nobody other than us will ever know what you have told us.
- All data will be collected **and no individual person will be identified** from the results.
- The only people who will have access to this data are the principal researchers and this data will be protected on the main investigator's secure computer.
- At the end of the study the data will be securely stored on the hard-drive by the primary investigator, and deleted after five years.

What next?

If you would like to take part in this study, please email Lucas at l.Shelemy@pgr.reading.ac.uk to arrange a time to meet.

If you are interested in hearing about our findings, please let us know and we will send you a report!