14 May – 8 July



Every

Second counts

against the clock!







Wiltshire's





Be one of the first 50 schools to register to **win** a school's kitbag!

Register your school for **free** for the **Beat the Clock School Challenge** and undertake **any** sport or activity to complete the minutes of the timed challenge to collect 20 Commonwealth sports along the way to gold.

There is **no** limit on the number of pupils on a team so whether your school is large or small everyone can take part. One member of staff will need to register the school. The system will calculate your school's total time target based on the number of pupils in your team. It will be calculated using the Chief Medical Officer's recommendation that children should be undertaking 60 minutes of activity a day.

Each school will receive a School Resource Pack that will help support you and your pupils, including an A1 wall chart that will help your school record your progress!

Register your school by **13 May 2018** to be entered in to a prize draw for the chance to win a free sports coaching session for your school.

Can your school beat the clock and be in with the chance to win **Most Active School?**

For more information and to register your school for **free** from **16 April 2018** go to:

www.wiltshire.gov.uk/bigpledge

wiltshirebigpledge ##BigPledge

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Why take part as a school team?

"As a school, we are always looking for ways to encourage children

to get active and be healthy, and the children enjoyed the challenge of taking part in the Big Pledge so much last year. Each week, children were so excited and enthusiastic to fill in their recording sheets at home, ready for us to work out a whole school total each Thursday. Children are constantly finding different ways to get active throughout the Big Pledge such as horse riding, bike riding and football, it was great to see their enthusiasm."



- Forest and Sandridge C.E Primary School



"We think that this is a brilliant way to bring exercise and healthy living to the forefront of children's and adults' minds. It was fun and a bit of competition really encouraged the children to do their best. Our KS2 pupils also used the Big Pledge in their maths lessons. The Schools' pack is a fantastic resource and the pupils loved the coaching session that our school won. The children were motivated and enthused and we will be taking part again this year".

- Ludgershall Castle Primary School

"We really enjoy taking part in the Big Pledge. It allows us to work towards something as a school. The challenge was quite easy to implement. We are going to ensure we keep providing opportunities for the children to be active at lunch and break times, when the Big Pledge isn't running".

- Sutton Veny Primary School

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