

Public Health Training Programme 2014-15

Categories:

Behaviour change

Drug and alcohol

Mental health

Risky behaviour and young people

Stop smoking

Young people's sexual health

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Introduction

Public Health is about helping people to stay healthy and avoiding getting ill. We work to prevent infectious diseases and environmental hazards through education and promotion of a healthy lifestyle.

By working on a whole range of policy areas such as immunisation, nutrition, tobacco and alcohol, drugs recovery, sexual health, pregnancy and children's health, we help people make healthier choices no matter what their situation or circumstances and reduce the risk and impact of illness. We also aim to reduce the differences in the health of different population groups which can be caused by a lack of education, poverty or poor access to care.

Public Health works to improve the wellbeing and quality of life of Wiltshire's population by preventing the main causes of ill health and early death such as cancer, stroke and heart disease. We deliver and oversee a range of services to achieve these aims including stop smoking services, screening and vaccination programmes and services to support people to make healthier lifestyle choices throughout their lives.

Public Health is also committed to delivering high quality staff training. This booklet details a range of **free** multi agency training available to anybody who works in Wiltshire.

How to Apply

The training is free to anyone who actively works or volunteers in Wiltshire. We are unable to offer the free training to people who do not work in the county.

To attend a course you need to complete your application online through Wiltshire Council Pathways. Confirmation of your place will be sent immediately by email. <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

Places are allocated on a '**first come, first served basis**'. You will automatically receive an email if the course is full. If you do not get allocated a place please check Wiltshire Pathways regularly in case of a cancellation. **If you have ticked the appropriate box on the system we will endeavour to flag up vacancies.**

This training is restricted to those who work directly with people from Wiltshire. Swindon staff who work in the community can access training information at: <http://www.swindonlscb.org.uk/train/Pages/TBroc.aspx>

Wiltshire school staff can access additional training at: <http://www.wiltshirehealthyschools.org/resources/training-and-events/>

Tea and coffee will be available however lunch is not provided.

Cancellation Policy

Courses are booked in advance and it is understood that on occasions delegates may need to cancel. If the cancellation is received 3 weeks before the course there will be no charge. Cancellation with less than 3 weeks notice or delegates who do not attend on the day will be charged £35 for a one day course and £50 for a two day course to cover costs.

To cancel a course log onto the Pathways site.

<http://www.wiltshirepathways.org/trainingCats-NEW.asp>

Details of times and venues are on each course detail page.

Evaluation

It is important that all courses are evaluated. Evaluation will take place at the end of each course. Additional follow up evaluations will take place at a later date to ascertain the impact the training has had on working practice. This helps us respond to the training needs within Wiltshire and to ensure the high quality of training provision is maintained.

Further queries / contact details

For further information on any aspect of the training please contact Sabina Gillman at:

Public Health
Wiltshire Council
County Hall
Trowbridge
BA14 8JN
Email: sabina.gillman@wiltshire.gov.uk
0300 003 4566 DD 01225 716827

BEHAVIOUR CHANGE

Behaviour change training - helping people help themselves

Length of course: One day

Aims:

To identify and practice skills relevant to supporting people in helping themselves in the context of lifestyle changes in order to improve their health and well being.

Learning outcomes:

Objectives

- To identify the steps involved in changing lifestyle behaviour.
- To explore the different steps along the journey.
- To identify ways of empowering clients to take control of their own health and well being.
- To provide and practice using tools that can facilitate the behaviour change journey.
- Apply the approach to case studies.

Trainers:

The training will be facilitated by Mike Jones and Margaret Winskill.

Mike Jones has worked in Public Health for 13 years. He has qualifications and training in health promotion and public health; adult teaching; motivational interviewing; cognitive behaviour therapy and neuro-linguistic programming. His main areas of work cover obesity and general health promotion.

Margaret Winskill is a qualified teacher having taught in a wide range of secondary schools and further education colleges. She has worked in Public Health for nine years. She now leads on the Health Trainer programme which is based on supporting health related behaviour change. Margaret is also involved in general health promotion.

Who should attend?

This workshop is aimed at paid and unpaid staff in statutory, non-statutory and voluntary organisations who work with young people or adults in Wiltshire to support improvement of their health and wellbeing (mental, emotional and physical). In the UK today, behavioural and lifestyle factors are thought to be major contributors in around half of all deaths. The major factors affecting physical health are smoking, unhealthy diet, excess alcohol consumption and inactive lifestyles.

Date and venue

15 July 2014 1st Floor Lecture Room, Devizes Fire Station.

17 September 2014 Pump Room, Old Fire Station Enterprise Centre, Salisbury.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

DRUGS & ALCOHOL

ADULTS

Basic substance use awareness and adults

Length of course: One day

Aims:

This one day programme has been designed in response to growing concerns, both locally and nationally, about the use of drugs and alcohol by adults. The aim of this programme is to raise the awareness of all professionals and carers to the risks of adults substance use and misuse and to enable participants to effectively engage with service users and to provide confident, competent, relevant, practical and effective interventions in order to encourage and empower adult drug and alcohol users to reduce the risks and harm caused by their substance misuse.

Learning outcomes:

- Increased their basic drug and alcohol knowledge, including improved knowledge of the effects and risks of using substances.
- Greater confidence in working with the issues of substance misuse.
- Understand more the reasons why people misuse substances and recognition of the multi-disciplinary nature of the work surrounding substance misuse.
- Wider knowledge about the range of drug and alcohol related harm.
- An opportunity for participants to consider their attitudes to substance misusers.
- Increased knowledge of the range of services and interventions needed to support adult substance misusers.
- Greater understanding of local resources and access to relevant services.
- Clearer understanding of issues of safeguarding children and protecting vulnerable adults.
- The ability to identify additional training needs for individual participants and organisations.

Trainer:

Adrian Murphy has 31 years experience of working in the drug and alcohol field. As a nationally qualified Youth Worker Adrian ran youth & community projects in London, Liverpool and across the west of England. Adrian has been delivering training for over 21 years and worked at CASCADE, the drug & sexual health project. Adrian works as a freelance trainer in drug and alcohol areas, vision and strategy and equalities. Since 2007 he has been the Learning & Development Manager at New Highway (formerly known as BADAS).

Who should attend?

This workshop is aimed at employed and voluntary staff within statutory, non-statutory and voluntary organisations who currently work with adult drug and alcohol users (over the age of 18). No knowledge and experience of drug and/or alcohol-related issues is necessary prior to attending this workshop.

Date and venue:

Thurs, 17 July 2014 Function Room, Salisbury Rugby Club.

Wed, 8 October 2014 Lge Meeting Room, Melksham Hospital.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

Engaging motivation and starting to change behaviour
Length of course: One day
Aim: To increase trainees' effectiveness in engaging with service users and building their motivation to undertake change.
Objectives: <ul style="list-style-type: none"> ▪ To give trainees a refresher (or brief grounding) in the theoretical background to techniques of engaging motivation, e.g. transactional analysis, drama triangle, cycle of change. ▪ To give trainees a grounding in the basic principles of engaging motivation. ▪ To give due consideration to issues of safeguarding children and protecting vulnerable adults. ▪ To value and expand the skills trainees already have. ▪ To practise some of the essential skills of engaging motivation.
Trainer: The training will be facilitated by Roger de Wolf. Roger has worked in youth arts work, community development and the Probation Service. Roger worked for 12 years as the part-time training manager of the Bath and Wiltshire Drug and Alcohol Agency (BADAS). He has also been a freelance group worker, mediator, university lecturer, facilitator and trainer for over 21 years, and now works mostly in prisons, drug rehabs, hostels and job centres.
Who should attend: Any staff who have contact with service users, conducts assessments or reviews. Staff who wish to improve their engagement skills.
Date & Venue: 08 July 2014 Bowyer Room, Trowbridge Civic Centre 26 September 2014 Function Room, Salisbury Rugby Club.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

<p>RCGP Certificate in the management of alcohol problems in primary care – level 1</p>
<p>Length of course: E-learning training modules followed by one day face-to-face training</p>
<p>Aims: The misuse of alcohol is a serious health issue of national concern with evidence of significant harm caused through misuse in the UK and worldwide. Dealing with the consequences for physical and mental health and the impact on society is a challenge for everybody working in healthcare.</p> <p>The aim of this course is to improve participants' understanding of alcohol related problems and equip them with the skills and knowledge necessary to manage them.</p> <p>To complete the course and receive the RCGP Certificate in the Management of Alcohol Problems in Primary Care Level 1, candidates are required to complete the RCGP e-learning module 'Alcohol in Primary Care' before attending the face-to-face training day. The e-learning will take around three and a half hours to complete, the one day face-to-face is approximately six hours.</p>
<p>Learning outcomes:</p> <ul style="list-style-type: none"> ▪ Understand the models of behavioural change and the evidence for brief intervention. ▪ To gain awareness and knowledge, such as categories of problem drinking and screening tool. ▪ Identify the skills needed to deliver brief interventions, and introduction to motivational interviewing. ▪ Be able to carry out safe alcohol detoxification and to know when to refer. ▪ Gain an insight into primary care's role in aftercare. ▪ Have an overview of complimentary approaches eg. AA, self help.
<p>Trainer: Dr Chris Morris - GP Principal in Slough and clinical lead for East Berkshire Drug and Alcohol Action Teams.</p>
<p>Who Should Attend? GP's and other staff delivering alcohol related advice such as pharmacists, practice nurses and A&E nurses.</p>
<p>Date & Venue: Friday, 10 October 2014 The Bear Hotel, Devizes, SN10 1HS.</p>

FOR AN APPLICATION FORM PLEASE EMAIL: david.thwaites@wiltshire.gov.uk

This course is not on Pathways.

pply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

MENTAL HEALTH ADULT

Mental health first aid (adult)

Length of course: Two days

Aims:

- To help raise awareness and understanding about mental health distress.
- To gain more confidence in being the initial point of contact.
- To gain knowledge about resources and tools available to help someone if they are experiencing mental health distress.
- To promote the recovery of good mental health.
- To help preserve life where someone may be a danger to themselves or others.
- To reduce stigma and discrimination by helping to raise awareness in the community.

Learning outcomes:

- Recognise and understand more about mental health distress and the symptoms someone may be experiencing.
- Increased confidence and skills in providing the initial support and comfort to someone experiencing a mental health problem.
- Ability to provide reassurance and guide the person concerned towards accessing appropriate professional help.
- Be more aware of techniques, tools and phrases that can be used with anyone experiencing mental health distress to help assess their needs and assist engagement.
- Provide more information about resources available for someone experiencing mental health distress.
- Be more aware of personal emotional and physical wellbeing.

Trainers:

The training will be facilitated by Odette Morris and Daran Bailey.

Odette Morris

Before qualifying as a mental health first aid course instructor Odette had over 25 years of working in the care provision field. She trained and worked as a qualified nurse before holding posts in the community including working as a child care officer in residential schools in Devon and Wiltshire.

Odette's first experience of working within the mental health field was managing a residential home for adults with mental health problems, she has also run projects for Mind in Wiltshire and managed a Befriending project.

Daran Bailey

Daran is a qualified psychotherapist with eight years management experience working in the voluntary sector at Wiltshire Mind and a further five years as the Mental Health Commissioning Manager for NHS Wiltshire Primary Care Trust. He studied under the Mental Health First Aid programme creator Betty Kitchener and qualified as an instructor in 2006. Daran went on to train in the English version of mental health first aid in 2008.

Daran has first-hand experience of living life with Bi Polar Disorder and his understanding and openness towards discussing the subject has been described by course attendees as insightful and inspiring.

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Odette & Daran separately received an award at the House of Lords in recognition of their work in raising public awareness of mental issues.

Who should attend? Any practitioner or professional working within health, education, social care or voluntary/community organisations who may support someone experiencing emotional or mental health distress.

Date & Venue:

2104

Fri, 12 & 19 September Training Room, Trowbridge Hospital

Thurs, 18 & 25 September Resource Centre via Amesbury Leisure Centre.

Fri, 26 Sept & Fri, 3 October Meeting Rm, Stanley Park Sports Ground, Chippenham

Thurs, 9 & 16 October Assembly Room, Marlborough Town Hall.

Fri, 10 October & 17 October Large Meeting Room, Melksham Hospital

Fri, 7 & 21 Nov Rm 3, Wiltshire Scout Centre, Potterne Wick, Potterne, Devizes.

Thurs, 20 & 27 November Meeting Room, Stanley Park Ground, Chippenham.

Fri, 28 Nov & 5 December Training Room, Training Room, Trowbridge Hospital.

2015

To follow shortly.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

RISKY BEHAVIOURS

Risk behaviours: enhancing awareness, early intervention and engagement skills when working with adolescents & families

Length of course: One day

Aims:

- To understand emerging evidence around the clustering nature of risk behaviours in young people and their shared underlying determinants, leading to the need for a broader approach to risk prevention and identification.
- Improve understanding of risk behaviours, and how early identification can impact on supporting young people and families.
- Increase the confidence and ability of practitioners to engage effectively with young people and families as part of early intervention work around risk behaviours.

Learning outcomes:

- Have a greater understanding of the various risky behaviours and be better equipped to identify factors that can influence their development in young people.
- Understand the clustering nature of multiple risk behaviours in young people. Understand the significance of protective factors in preventing involvement in risky behaviours.
- Understand the importance of motivation and be able to identify 'readiness to change risky behaviour' in young people.
- Understand the role parents/carers can play in the process and be able to give advice on how they can be more involved in risk reduction with their children.
- Developing skills and confidence in engaging with young people and families and risk-taking behaviours.
- Understand the importance of evidence based assessment in order to identify strengths and needs in young people.
- Have been introduced to techniques and tools that can be used with young people to assist engagement and assessment
- Be aware of signposting and agencies offering support around risky behaviours and how and when to refer to them.
- Understand confidentiality and the legal requirements/guidance around informed consent when working with young people.

Trainer:

The training will be facilitated by Ted Daszkiewicz. Ted is an independent behaviour and development consultant with a psychology background. His work interests include being an associate with a number of charities including the National Children's Bureau.

Over the years he has had involvement in designing and planning numerous national initiatives covering children and families workforce development.

Ted has over 16 years experience working with children and families in a variety of different settings.

Who should attend?

Any practitioner working within health, education, social care or voluntary/community organisations who works with children/young people aged 10 and above, and has concerns around risk behaviours.

Date and venue:

Fri, 27 June 2014 Quakers Meeting Room, Quakers Meeting House, Devizes.

Tues, 9 September 2014 Stanley Park Sports Ground, Chippenham.

Thurs, 2 October 2014 Seminar Room, White Horse Health Centre, Westbury.

Thurs, 06 November 2014 Old Sarum College, Salisbury.

Wed, 10 December 2014 Bridge House, Trowbridge.

Mon, 26 January 2015 Wiltshire Scout Centre, Potterne Wick, Potterne, Devizes.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

STOP SMOKING

Stop smoking practitioner (level 2 advisor)

Length of course:

Two days (1 week apart) plus e-learning (approx 10-12 hours)

Aims:

This course is designed to provide the core knowledge and practical skills needed to offer advice and support to people who would like to stop smoking. Attendees will gain an understanding of the evidence based treatments and how by using a combination of behaviour change techniques and stop smoking medication they can help clients become smoke free.

Undertaking the National Centre for Smoking Cessation Training (NCSCT) e-learning Stop smoking practitioner training (and passing the assessments) will provide national accreditation as a Stop Smoking Practitioner www.ncsct.co.uk.

Learning Outcomes:

- An increased understanding of smoking prevalence, patterns and demographics in the population.
- Knowledge of the harmful effects of smoking on health and the benefits of stopping.
- Understanding of the dangers of smoking in pregnancy and the health impacts of childhood exposure to secondhand smoke.
- Ability to assess a client's ability and readiness to quit smoking.
- Understanding of the principles and effectiveness of behaviour change techniques and how to apply these appropriately to enhance a client's motivation and self-efficacy in their stop smoking attempt.
- Understanding of the principles and methodology of measuring expired air carbon monoxide (CO) levels.
- Ability to describe nicotine addiction, assess a client's level of nicotine dependency and explain nicotine withdrawal symptoms.
- Sound knowledge of the range of licensed stop smoking medications including their correct use, efficacy, cautions and side-effects.
- Feeling competent in providing ongoing support and encouragement to the client as they develop strategies to avoid relapse and strengthen their "ex-smoker" identity.

Trainer(s):

The training will be facilitated by Judith Hutchison and Mike Jones.

Judith Hutchison has been working as a specialist stop smoking advisor for seven years. She is the lead for training, secondary care, clinical issues and the military with the stop smoking service. Judith has a background in nursing and has a keen interest in the relationship between smoking, long term health conditions and health inequalities. She has been delivering training for six years and brings her experience of working as a stop smoking advisor in a GP surgery to the course.

Mike Jones set up the South Wiltshire NHS Stop Smoking Service in 2000, where he ran stop smoking groups and initiated stop smoking training for community staff. Mike, now based in Wiltshire Council Public Health, continues to develop this knowledge focusing in particular on the communication skills that facilitate health promotion and lifestyle change within individuals and communities.

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Who should attend?

Staff working within health, education, leisure, social care or voluntary/community organisations who engage with smokers (over 12 years of age). Participants must be able to offer help and support within the structure of a stop smoking programme and willing to return the required data to the Wiltshire Stop Smoking Service. Local Enhanced Service (LES) agreements are in place with GP surgeries, pharmacies and leisure centres.

Date and Venue:

Tues, 30 Sept & 7 October 2014 Committee Rms A&B, Wiltshire Council, Chippenham, SN15 1ER.

Tues, 20 & 27 January 2015 Lady Florence Room, Antrobus House, Amesbury, SP4 7HH.

Wiltshire Stop Smoking Service

Stop smoking practitioner (Level 2 Advisor) training 2014/15

Working with Smokefree Southwest, we have made some changes to the Level 2 Advisor training to include face-to-face and online learning which will enable trainees to complete the National Centre for Smoking Cessation Training (NCSCT) assessment and gain national accreditation for their training. Please read the following flow chart and if you think the training is suitable for you, complete the application and authorisation forms and return them to the address provided. Please see over for training dates and venues.

After acceptance of the application form you will be sent a link to the NCSCT. Please complete the training 'needs analysis'
(Do not worry if you have no knowledge of stop smoking at this point)

Start the background reading for Stage 1 of the NCSCT training. This is required before Day 1 of your training and will provide you with background knowledge on smoking. You are not expected to attempt the knowledge assessment at this time.

Attend Day 1 of training

There is a week between Day 1 and Day 2 of training. During this time you should familiarise yourself with the documents on your training CD. If you feel ready you can attempt the NCSCT online stage 1 Knowledge Assessment, although you may wish to wait until after you have attended Day 2 of your training. The assessment is based on the reading you will have done and covers the core knowledge needed as a stop smoking advisor. The assessment must be undertaken in one sitting but may be retaken if you are unsuccessful.

Attend Day 2 of training

At the training you will be given the name of a Specialist Stop Smoking Advisor who will act as your mentor. You will be able to contact your advisor/mentor with any questions and /or concerns. They will also visit you in your workplace. You will be asked to complete a reflective log when you start seeing clients and this will be discussed, with your mentor when they visit you. You will be able to complete the NCSCT Stage 2 training after passing the Stage 1 assessment and, on successful completion of this assessment, gain national accreditation as a Stop Smoking Practitioner (advisor)

Wiltshire Stop Smoking Service
Stop Smoking Practitioner (Level 2 Advisor) training
Application form

Dates:

Venue:

Please inform us if you have any special dietary or other requirements

Name:

Job title:

Work address:

Work telephone number:

Mobile number (if happy for us to use):

Email address (work if you have one):

Professional qualifications:

.....

Please give details of any specific training in the following:-

Behaviour change training:

Counselling/addictions training:

Previous stop smoking training:

Does your workplace possess a Carbon Monoxide monitor? Yes/No

Are you a prescriber? Yes/No

How do you intend to use this training?

.....

Do you currently smoke tobacco? Yes/No

Please ensure you have also completed the agreement form on the reverse of this page

A letter of confirmation will be sent when you are allocated a place on the course.
Please note we reserve the right to refuse an application.

Agreement for Stop Smoking Practitioner training

To be accepted onto the training course please ensure that you have agreement from your line manager. Your line manager must also agree to the following:

- To make adequate provision for attendance at the training days: Training consists of two full days from 9.30 – 4.30 followed up by mentoring visits by your link Stop Smoking Specialist Advisor. A certificate of attendance will be given at the end of the second day of training.
- Once training is completed you will be allowed dedicated time of at least two hours per week to fulfil your role as a Stop Smoking Practitioner. This means that the time is spent away from your other work so that you can see smokers confidentially.
- Your manager should agree to your starting this work as soon as the training is completed (at least within two weeks). It is advisable where possible within the workplace that new Stop Smoking Practitioners are allowed time to spend a few hours initially shadowing other practitioners to gain confidence.
- Stop smoking support (for at least four weeks) should be given to five clients within three months of your training. Completed monitoring forms should be returned for these clients. Once this has been achieved, a certificate of registration as a Stop Smoking Practitioner with Wiltshire Stop Smoking service will be issued.
- National accreditation of your Stop Smoking training can be gained by successfully completing both Stage 1 and Stage 2 NCSCT assessments.
- You and your manager should agree that you attend at least one Level 2 update meeting per year as CPD and arrange for mentor visits as required by your link specialist advisor.
- Actively promote a smokefree lifestyle.
- Failure to turn up on the training date without prior notice will incur a payment of £50 to Wiltshire Stop Smoking Service.

Manager's signature Tel no

Print name

Attendee's signature..... Tel no

Print name

Work base.....

If you are in agreement with the above, please sign and return to the following address:

The Administrator

Wiltshire Stop Smoking Service

Public Health

Wiltshire Council

Bythesea Road, County Hall

Trowbridge, Wiltshire BA14 8JN

Or email: wiltstopsmoking@nhs.net Tel: 0300 0034562.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

YOUNG PEOPLE'S SEXUAL HEALTH

Delay and positive choices
Length of course: half a day
Aim: To improve participants' ability to work with young people on delaying early sex by providing strategies and tools to help promote positive, healthy choices.
Learning outcomes: <ul style="list-style-type: none">▪ Gain awareness of the evidence supporting the teaching of delay to young people.▪ Explore the pressures young people experience around sex.▪ Identify the key role played by self-esteem in sexual relationships.▪ Acquire practical tools to help young people for build their self-esteem and make positive choices about their relationships and personal safety.
Trainer: Public Health Wiltshire Council delivers this training in partnership with Mandy Parry. Mandy is an experienced teacher and trainer providing training of staff who work with young people in and around Bristol and Wiltshire. She specialises in sexual health, safeguarding and team development.
Who should attend? This training is aimed at any staff who work with young people to include: GPs, practice nurses, pharmacists, youth workers, school nurses, probation officers, teachers and teaching assistants, midwives and health visitors.
Date and venue: (09.30-13.30 hrs) Friday, 14 November 2014 Wiltshire Scouts Centre, Potterne Wick, Potterne, Devizes. Wednesday, 11 February 2015 Copheap Room, Warminster Civic Centre.

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

Healthy relationships
Length of course: half a day
Aim: To improve participants' ability to support young people to develop healthy relationships and to end unhealthy relationships.
Learning outcomes: <ul style="list-style-type: none"> ▪ Define domestic violence and abuse, its forms and impacts. ▪ Raise awareness of the context, risk factors and signs and symptoms of teen abuse. ▪ Gain awareness of support services and interventions available to young people. ▪ Develop skills to help young people in understanding, spotting and ending abusive relationships. ▪ Learn how to work with young people concerned about their own abusive behaviour.
Trainer: Public Health Wiltshire Council delivers this training in partnership with Mandy Parry. Mandy is an experienced teacher and trainer providing training of staff who work with young people in and around Bristol and Wiltshire. She specialises in sexual health, safeguarding and team development.
Who should attend? This training is aimed at any staff who work with young people to include: GPs, practice nurses, pharmacists, youth workers, school nurses, probation officers, teachers and teaching assistants, midwives and health visitors.
Date and venue: (09.30 – 13.30 hrs.) Thursday, 2 October 2014 Malmesbury Primary Care Centre. tbc Thursday, 2 December 2014 White Horse Health Centre, Westbury. tbc

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

Sexual health Level 1
Length of Course: one day
Aim: To provide participants with a working knowledge of sexual health and young people, acting as a foundation for further learning about the complexity of these issues.
Learning outcomes: <ul style="list-style-type: none"> ▪ Define what is meant by sexual health. ▪ Explore attitudes and values surrounding sexual health. ▪ Learn the law regarding sex and young people, including the role of professionals who work with young people and the importance of safeguarding procedures. ▪ Raise awareness of forms of contraception, including the importance of long acting reversible (LARC). Correct condom use and condom demonstration skills ▪ Skills development of starting conversations on sexual health with young people. ▪ Safer sex and sexual pleasure.
Trainer: Public Health Wiltshire Council delivers this training in partnership with Mandy Parry. Mandy is an experienced teacher and trainer providing training of staff who work with young people in and around Bristol and Wiltshire. She specialises in sexual health, safeguarding and team development.
Who should attend? This training is aimed at employed and voluntary staff within statutory, non-statutory and voluntary organisations who currently work with young people aged 13 to 24.
Date and venue: Tuesday, 23 September 2014 Copheap Room, Warminster Civic Centre. Wednesday, 05 November 2014 Malmesbury Primary Care Centre. tbc Thursday, 22 January 2015 Seminar Room, Queen Elizabeth HC, Tidworth.

Apply: <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

<p>Sexual health update</p>
<p>Length of course: half a day</p>
<p>Aims: This half a day training session has been designed to provide a focused higher level sexual health update for professionals who work with young people, who have already attended the sexual health level one training day. This training programme focuses in greater detail on the current issues in sexual health, to provide delegates with the skills to support young people with their sexual health. Young people may present with a range of issues, from general advice and information on services, to relationship issues or disclosure of pregnancy. This training programme gives the staff who work with young people, practice nurses and GPs the skills and confidence to engage with young people on often complex and personal issues relating to relationships and sexual health.</p>
<p>Learning outcomes:</p> <ul style="list-style-type: none"> ▪ Revisit the law relating to young people and sexual health. ▪ Raise awareness of new developments in sexual health in regard to guidance, research and new national and local policies. ▪ Develop understanding of safeguarding issues affecting young people with relation to their sexual health, including internet safety, cyber bullying, online grooming, pornography and sexual exploitation. ▪ Identify and discuss sexual health issues arising from practical work with young people, sharing good practice and developing understanding of these issues.
<p>Trainer: Vicki Lofts is the Young People's Sexual Health Promotion Nurse and works in Public Health for Wiltshire Council. Vicki has experience in Sexual Health & Young People and in Safeguarding.</p>
<p>Who should attend? This training is aimed at employed and voluntary staff within statutory, non-statutory and voluntary organisations who currently work with young people aged 13 to 24. Delegates are recommended to attend Sexual Health Level 1 training prior to the update training and attend this update every three years.</p>
<p>Date & Venue: (09.30 to 13.30 hrs) Thursday, 16 October 2014 Resource Room via Amesbury Leisure Centre. Thursday, 26 March 2015 Meeting Room, Stanley Park, Chippenham. tbc</p>

Apply: <http://www.wiltshirepathways.org/trainingCats-NEW.asp>

<p>Working with Lesbian, Gay, Bisexual and Transgendered (LGBT) young people</p>
<p>Length of Course: half a day</p>
<p>Aim: To raise awareness of the sexual health issues experienced by lesbian, gay, bisexual and transgender young people (LGBT) and to enable participants to develop best practice in relation to their service delivery for these groups.</p>
<p>Learning outcomes:</p> <ul style="list-style-type: none"> ▪ Understand issues that affect LGBT young people, including homophobia, transphobia, heterosexism, and how these can influence choices about sexual behaviour. ▪ Raise awareness of the kind of support, practical tools and information LGBT young people may require in relation to sexual health. ▪ Acquire knowledge of policy and legislation pertaining to LGBT people. ▪ Practice skills to support working with LGBT young people.
<p>Trainer: Public Health Wiltshire Council delivers this training in partnership with Mandy Parry. Mandy is an experienced teacher and trainer providing training of staff who work with young people in and around Bristol and Wiltshire. She specialises in sexual health, safeguarding and team development.</p>
<p>Who should attend? This training is aimed at any staff who work with young people to include: GPs, practice nurses, pharmacists, youth workers, school nurses, probation officers, teachers and teaching assistants, midwives and health visitors.</p>
<p>Date & Venue: (09.30 – 13.30 hrs.) Tuesday, 14 October 2014 Warminster Civic Centre. Thursday, 26 February 2015 Stanley Park Ground, Chippenham. tbc</p>

Apply : <http://www.wiltshirepathways.org/trainingCats-NEW.asp>