

## Challenges to Emotional Wellbeing KS1/2

Understanding and responding to some of the challenges to emotional wellbeing  
Session One: supporting the emotional wellbeing of children who bully or who have been bullied

This training day is part of a series of free CPD events for schools, delivered by The Charlie Waller Memorial Trust, that aim to help school staff better identify and address the emotional wellbeing and mental health needs of Wiltshire children and young people. More information can be found here:

<https://www.wiltshirehealthyschools.org/partnership-projects/cwmt-school-mental-health-network/>

**Designed for:** Primary school staff including support staff, SENCOs, School Health Nurses, Parent Support Advisers, PSHE Coordinators and Teachers

**Course Organiser:** Nick Bolton, PDE Adviser, Wiltshire Council

**Training delivered by:** Clare Laker on behalf of The Charlie Waller Memorial Trust

**Date Time Venue** Friday 31st March 2017 (09:30 – 12.15)  
St Johns Conference Centre, 2 Wingfield Road,  
Trowbridge, Wiltshire, BA14 9EA.

**Price:** Free for all schools in the Wiltshire LA and surrounding areas

**Closing Date:** Friday 24<sup>th</sup> March 2017

**By the end of the session you will have:**

- Considered the different causes and forms of bullying and how this can impact on pupil wellbeing
- Explored some practical strategies to reduce bullying
- Considered ways to support the wellbeing of children who have bullied or have been bullied

**To apply:**

Please book online through Eventbrite: <http://bit.ly/2gTm1OE>

For general enquiries about this series of courses: [helen.drown@wiltshire.gov.uk](mailto:helen.drown@wiltshire.gov.uk)

# Challenges to Emotional Wellbeing KS1/2

Understanding and responding to some of the challenges to emotional wellbeing  
Session Two: supporting a healthy approach to the use of the internet and social media

This training day is part of a series of free CPD events for schools, delivered by The Charlie Waller Memorial Trust, that aim to help school staff better identify and address the emotional wellbeing and mental health needs of Wiltshire children and young people. More information can be found here:

<https://www.wiltshirehealthyschools.org/partnership-projects/cwmt-school-mental-health-network/>

<b>Designed for:</b>	Primary school staff including support staff, SENCOs, School Health Nurses, Parent Support Advisers, PSHE Coordinators and Teachers
<b>Course Organiser:</b>	Nick Bolton, PDE Adviser, Wiltshire Council
<b>Training delivered by:</b>	Gemma Darby on behalf of The Charlie Waller Memorial Trust
<b>Date Time Venue</b>	<b>Friday 31st March 2017 (12.45 – 15.30)</b> <b>St Johns Conference Centre, 2 Wingfield Road,</b> <b>Trowbridge, Wiltshire, BA14 9EA.</b>
<b>Price:</b>	<b>Free for all schools in the Wiltshire LA and surrounding areas</b>
<b>Closing Date:</b>	Friday 24 <sup>th</sup> March 2017

**By the end of the session you will have:**

- An update on current trends in social media and internet use in children
- Considered the benefits and pitfalls of the internet in children's lives
- Explored ways to teach children about using the internet and social media - as tool to support wellbeing

**To apply:**

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