

Young people who self-harm

Understanding self harm and supporting young people who self harm

This training day is part of a series of free CPD events for schools, delivered by The Charlie Waller Memorial Trust, that aim to help school staff better identify and address the emotional wellbeing and mental health needs of Wiltshire children and young people. More information can be found here:

<https://www.wiltshirehealthyschools.org/partnership-projects/cwmt-school-mental-health-network/>

Designed for:	Primary and secondary school staff including support staff, SENCOs, School Health Nurses, Parent Support Advisers, PSHE Coordinators and Teachers
Course Organiser:	Nick Bolton, PDE Adviser, Wiltshire Council
Training delivered by:	Ruth Garside, Child Psychotherapist with Barnardo's and Teresa Day from the Charlie Waller Memorial Trust
Date Time Venue	Tuesday 10 January 2017 (09:30 - 4.00) Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS
Price:	Free for all schools in the Wiltshire LA and surrounding areas
Closing Date:	Tuesday 3 January 2017

By the end of the session you will have:

- Increased knowledge about self-harm
- Increased confidence in recognising and responding to self-harm
- Familiarity with some useful strategies that support recovery from self-harm

To apply:

Please book online through Eventbrite: <http://bit.ly/2fVChhr>

For general enquiries about this series of courses: helen.drown@wiltshire.gov.uk