**Supporting Young People with Emotional Health and Wellbeing**

An interactive inset session for Secondary School teaching and non-teaching staff

The aims of this session are to:

* Gain an understanding of children's risk taking behaviour
* Increase knowledge about particular aspects of risk taking behaviour (including self harm and/or issues identified as relevant to your school)
* Consider responses to vulnerable young people, including within your school

Duration: 2 hours (for up to 35 people) suitable for after school/twilight session

Cost: £94 per session (excluding VAT)

Content includes:

* What is it like being a teenager?
* Identifying vulnerable young people
* Staff responses to vulnerable young people
* Accessing support in school and beyond
* Case Studies

**Following delivery of initial sessions at Sheldon School, this course is now available to all Wiltshire Schools from September 2012.**

*"Excellent Delivery and Organisation" "Good pace and variety of tasks. Good timing"*

*"Highlighting areas of self harm I hadn't considered" "Delivery and content very good"*

*“Reminder of school procedures and policies was useful"*

*"Another well focused/ well paced session" ”All of it was thought provoking and made me reflect"*

**Feedback from Wiltshire secondary school staff (2012)**

**If you would like this course or similar inset training in your school**

**please contact Nick Bolton or Sarah King:**

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